



2025 Islander Middle School Track & Field Schedule

Updated: 01/13/2025

DAY	DATE	OPPONENT	LOCATION	START	SCHOOL DISMISSAL
Monday	March 31	<i>First Practice</i>	Islander MS	3:00 pm	2:50 pm
Thursday	April 24	<i>Twin Falls MS</i>	Twin Falls MS	3:30 pm	2:00 pm
Wednesday	April 30	<i>Chief Kanim MS</i>	Islander MS	3:30 pm	1:20 pm (early release)
Thursday	May 8	<i>Tolt MS</i>	Tolt MS	3:30 pm	2:00 pm
Wednesday	May 14	<i>Snoqualmie MS</i>	Islander MS	3:30 pm	1:20 pm (early release)
Wednesday	May 21	<i>League Finals (All Schools)</i>	Tolt MS	3:30 pm	1:20 pm (early release)

IMPORTANT INFORMATION

- *Sports eligibility packet (including physical examination form) must be complete before attending practice.*
- *Athletes must participate in a minimum of 8 practices to be eligible to compete in Track & Field meets.*
- *Masks are optional for athletes, coaches and spectators, in accordance with Washington DOH guidelines.*
- *Athletes will be dismissed according to schedule above for AWAY Track & Field meets.*
- *Athletes change into uniforms at lunch for away meets. Buses depart 10 minutes after school dismissal.*
- *Athletes in Track & Field meets compete against their own grade and gender classification.
Races may sometimes be combined for expediency, but results are reported separately.*

CHIEF KANIM MS 32627 SE Redmond-Fall City Road Fall City 98024 (425) 831-8225	SNOQUALMIE MS (@ Mount Si High School) 8651 Meadowbrook Way SE Snoqualmie 98065 (425) 831-8000	TOLT MS 3740 Tolt Avenue Carnation 98014 (425) 844-4600	TWIN FALLS MS 46910 SE Middle Fork Road North Bend 98045 (425) 831-4150
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