



## Southeast Dubois County School Corporation HSA Wellness Benefit Activity Form

Employee Name: \_\_\_\_\_

Employees who are eligible for an HSA may submit the activity form below to earn HSA contributions.

- Self-Reported Fitness Activities (ex: running, walking, bicycling, swimming, etc.)
  - Earn \$15/month, minimum of 10 sessions/month
  - Maximum of \$125/year
- Fitness Program Participation (ex: gym, fitness center, group exercise, personal training, etc.)
  - Earn \$25/month, minimum of 10 sessions/month
  - Maximum of \$250/year
- Fitness Activities (ex: marathon, half-marathon, 5K run/walk)
  - Earn \$15 per activity

Date	Type of Exercise (Description of Activity)	Distance/Amount of Time

Employee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please email the completed form to Stephanie Bolling at [stephanie.bolling@sedubois.k12.in.us](mailto:stephanie.bolling@sedubois.k12.in.us).  
(Please do not submit completed forms to Dunn & Associates.)