

Friendswood Jr. High Swim/Water Polo Team 2025

Try-outs for the Swim/Water Polo Team will be held January 21, 22, and 23 between 4:30-6:00 pm at the High School Natatorium. **All swimmers must have a physical on file with the Friendswood ISD training staff before they can try out.** Anyone who signs up for tryouts will be assigned one 30-minute time slot on one of those days. This will be the only time you have to show up. Tryouts will include a warm-up, followed by a 100-yard swim of each of three strokes (50-yard butterfly), and a 200-yard freestyle. The 100-yard swims will be judged on technique, not time. Swimmers must prove they can legally swim all four strokes without disqualifying. The 200-yard freestyle will be for a time. The combination of these two will determine who makes the team. The team will be 10-19 boys and 10-19 girls. The team will be announced via the swim website on Friday, January 24th.

<https://myfisd.instructure.com/courses/1917/wiki>

Swim is a club sport and membership cost is \$95.00. You will also be required to purchase the team swimsuit which is yours to keep at the end of the season. Membership will include a swim cap, team t-shirt, and the booster club will purchase donuts after every Friday practice.

Try-out Conflicts: Please list any days or times you cannot attend tryouts 1/21, 1/22 or 1/23. (e.g. Tuesday: Boy Scouts, or We would prefer a 5:00 or 5:30 time slot) I will do my best to honor your request.

Swimmers Name: _____ Grade Level: _____

Print Circle: Boy or Girl

Parent's Name: _____ Email: _____

**Please print a current copy of your grades from
Skyward,**

and return this form to Coach Givens, or your P.E. or Athletics Coach by
1/14.

If you have not heard your try-out time by 1/17, please email Coach Givens
pjgivens@fisd12.net

↓↓↓Please Complete Info On The Back↓↓↓

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Please List Your Schedule.
I only need the teacher's name.

1st Period: _____

2nd Period: _____

3rd Period: _____

4th Period: _____

5th: Period: _____

6th Period: _____

7th Period: _____

Please print a
current copy of your
grades from
Skyward.