

# BREAKFAST MENU

## Saugquoit Valley Elementary School

Breakfast is Free | Menu is subject to change | For more information, contact [hdussault@oneida-boces.org](mailto:hdussault@oneida-boces.org)

### JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apple Frudel	Yogurt Parfait	Happy New Year! No School	No School	No School
6	7	8	9	10
Mini Cinni	Whole Grain Pancakes	National Bagel Day! Whole Grain Bagel with Cream Cheese	Breakfast Pizza	Assorted Whole Grain Muffins & Yogurt
13	14	15	16	17
No School - Martin Luther King Jr. Day - No School	Apple Frudel	Good Morning Wrap	New! Cinnamon Bun	Pancake Sausage Stick
20	21	22	23	24
Zee Zee Bar	Homemade Banana Chocolate Chip Muffin or Muffin Bar & Yogurt	No School - Lunar New Year	National Oatmeal Month! Yogurt Parfait	Whole Grain Bagel with Cream Cheese
27	28	29	30	31



#### Available Daily

- Yogurt
- Assorted Whole Grain Cereals
- Fresh Fruit
- Chilled Fruit Juice
- Ice-Cold New York State Milk

OHM BOCES Food Service is an Equal Opportunity Employer.



# LUNCH MENU

## Sauquoit Valley Elementary School

Lunch is Free | Menu is subject to change | For more information, contact [hdussault@oneida-booces.org](mailto:hdussault@oneida-booces.org)

### JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homestyle 6 Plain or BBQ Chicken Tenders Goldfish Crackers Tuna Salad Sandwich Broccoli	Nachos 7 with Queso Deli Turkey Sandwich ★Corn	Happy New Year! No School 1	Dip N' sip Grilled 9 Cheese Sandwich & Tomato Soup Mixed Deli Sandwich ★Maple Glazed Carrots	Pizza Party! Cheesy Cheese or Buffalo Chicken Pizza Fresh Green Salad 10
Boneless 13 Chicken Bites Plain or Teriyaki Buttered Noodles Tuna Salad Sandwich Broccoli	Beef Chili & Tortilla Chips 14 Deli Turkey Sandwich ★Corn	Italian Dunkers 15 with Dipping Sauce Deli Ham Sandwich ★Green Beans ★Sunshine Bar	Brunch for Lunch! French Toast Sticks Breakfast Sausage Mixed Deli Sandwich Golden Hashbrown 16	National Pizza Week! Cheesy Cheese or Hawaiian Pizza Fresh Green Salad 17
No School 20 Martin Luther King Jr.	Crispy Chicken or 21 Chicken Parm Sandwich Deli Turkey Sandwich Broccoli	Max Pizza Sticks 22 Deli Ham Sandwich ★Green Beans	Backyard BBQ 23 Hamburger or Cheeseburger Mixed Deli Sandwich Roasted Ranch Potatoes	Pizza Party! Cheesy Cheese or Garlic Pizza Fresh Green Salad 24
Homestyle 27 Chicken Tenders Goldfish Crackers Tuna Salad Sandwich Broccoli	Tot-Chos 28 with Queso Deli Turkey Sandwich ★Corn	No School 29 Lunar New Year -	Mozzarella Sticks 30 with Dipping Sauce Mixed Deli Sandwich ★Roasted Cauliflower ★Miss Milia's Cookie	Pizza Party! Cheesy Cheese or Pepperoni Pizza Fresh Green Salad 31



Available Daily  
Fresh Entree Salads

Party Plates

- Peanut Butter & Jelly Sandwich
- Fresh Sandwiches and Wraps
- Assorted Fresh Fruit
- Vegetable Cruncher Cups
- Variety of Fresh Fruit & Juice
- Ice Cold New York State Milk

#### Local Items this Month

- Milk, Yogurt, Meatballs, Corn,
- Potatoes, Cauliflower, Green
- Beans, Grape Slushie,
- Miss Milia's Cookie

★ Local items are indicated with a star on the menu

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