



## MATAWAN-ABERDEEN CONNECTIONS

### CLIFFWOOD NEWSLETTER

January 12, 2025

#### Important Links

[District School Calendar](#), [School Hours](#), [Cliffwood Morning Music Requests](#)

Cliffwood Family Connections [8/25](#), [9/2](#), [9/8](#), [9/15](#), [9/22](#), [9/29](#), [10/6](#), [10/13](#), [10/20](#), [10/27](#), [11/3](#), [11/10](#), [11/17](#), [11/24](#), [12/1](#), [12/8](#), [12/15](#), [12/30](#), [1/5](#)

#### Message from Mrs. Cherence

Dear Cliffwood School Community,

We had a fantastic full week back to school! On Friday, we ended the week with a lively and fun assembly led by the Harlem Wizards. Our students had a blast dancing, working out, and being entertained by the incredibly talented Harlem Wizards! A big thank you to all the families who have registered so far for our fundraiser. If you haven't registered yet, don't forget to do so! The funds we raise are going toward our goal of improving our beautiful playground here at Cliffwood School.

##### **Our Playground Improvement Plan:**

We're excited to announce that we plan to replace the mulch with a sponge-bottom playground surface. This will make it easier for all students to move around and enjoy the playground. It will also eliminate the need to replace mulch regularly and reduce water puddles that prevent play. This fundraiser is the first step toward making this dream a reality!

##### **Save the Date for the Harlem Wizards Game:**

Originally, we mentioned the Harlem Wizards game would take place on Saturday, February 8th. However, we have exciting news: the game will now take place on a Thursday night in March, giving us more time to fundraise. We'll announce the new date soon!

##### **WizFit Challenge:**

In the meantime, be sure to register for the **WizFit Challenge** and share with your family and friends! Here's the link to register: [WizFit Challenge Register](#). Don't forget to watch the WizFit [Video](#) for all the details and information you need.

##### **Upcoming Dates to Remember:**

- **Early Dismissal:** Friday, 1/17 – All students will be dismissed at 1:20 PM.
- **School Closed:** Monday, 1/20 in observance of Martin Luther King Day.

Looking forward to seeing everyone tomorrow! Let's continue working together to make our school community even stronger!

Mrs. Cherence, Principal

## Message from Mrs. Caldwell, School Nurse

Important Reminder from Mrs. Caldwell, School Nurse: Cold Weather & Health Precautions

As we enter the winter season, please be aware that cold weather often brings an increase in colds and stomach bugs. One of the most important ways to prevent the spread of illness is good hand hygiene. Please remind your child to wash their hands thoroughly after using the restroom, after coughing or sneezing, and before eating. Proper handwashing should last at least 20 seconds with warm water and soap. Hand sanitizer alone is not effective against norovirus.

Medication Reminder: If your child requires medication during the school day, please ensure that you complete the necessary form and submit it with the medication. A parent or guardian must bring the medication to school, it cannot be brought in by the child. Full details and required forms can be found here:

- [District Early Childhood Parent Handbook](#)
- [Nurses Forum – Medication Forms](#)

Thank you for your attention to these important health precautions! Let's work together to keep our school community healthy and safe.

Mrs. Caldwell, School Nurse





## Cliffwood PAWS Winners!



## January Menu

Link to the [Menu](#)

| MONDAY   | TUESDAY                          | WEDNESDAY  | THURSDAY                           | FRIDAY                    |
|--|----------------------------------|--|------------------------------------|---------------------------|
|  |                                  | 1  | 2                                  | 3                         |
|  |                                  | <br>Holiday Break |                                    |                           |
| 6  | 7                                | 8  | 9                                  | 10                        |
| • Mini Banana Loaf   | • Bacon, Egg and Cheese on a Bun | • Assorted BeneFIT Bar   | • Sausage, Egg & Cheese on a Bagel | • Mini Cinnis             |
| 13   | 14                               | 15   | 16                                 | 17                        |
| • Mini Cornbread Loaf  | • Bacon, Egg and Cheese on a Bun | • French Toast Bites   | • Sausage, Egg & Cheese on a Bagel | • Whole Grain Donut Bites |
| 20   | 21                               | 22   | 23                                 | 24                        |
| <br>MLK Day |                                  |  |                                    |                           |
|  | • Bacon, Egg and Cheese on a Bun | • French Toast Sticks  | • Sausage, Egg & Cheese on a Bagel | • Mini Maple Chip Waffles |
| 27   | 28                               | 29   | 30                                 | 31                        |
| • Mini Cinnamon Crumb Loaf   | • Bacon, Egg and Cheese on a Bun | • Apple Frudel   | • Sausage, Egg & Cheese on a Bagel | • Confetti Pancakes       |

\*Menu is Subject to Change



MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.



**QUESTIONS OR COMMENTS?**  
 Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow

*healthy kids!*

Swap Outs-Elementary Breakfast: Assorted Cereal Bar with Graham Crackers , Assorted Pop Tarts with Graham Crackers , Bagel with Cream Cheese



| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
|   |   | <b>1</b>  | <b>2</b>  | <b>3</b>   |
|   |   | <br>Holiday Break  | <ul style="list-style-type: none"> <li>• Fluffy French Toast Slices</li> <li>• Breakfast Sausages</li> <li>• Breakfast Potatoes</li> </ul>  | <ul style="list-style-type: none"> <li>• Mini Mozzarella Cheese Calzones</li> <li>• Sautéed Green Beans</li> </ul>   |
| <b>6</b>  | <b>7</b>  | <b>8</b>  | <b>9</b>  | <b>10</b>  |
| <ul style="list-style-type: none"> <li>• Crispy Chicken Sandwich</li> <li>• Mashed Sweet Potatoes</li> </ul>  <ul style="list-style-type: none"> <li>• Baked Sweet Potato</li> </ul> | <ul style="list-style-type: none"> <li>• Grilled Cheese Sandwich</li> <li>• Basil Tomato Soup</li> <li>• Fresh Veggie Dippers</li> </ul>                            |  <ul style="list-style-type: none"> <li>• Cheese Manicotti Marinara</li> <li>• Roasted Parmesan Broccoli</li> </ul>  |  <ul style="list-style-type: none"> <li>• Fluffy Buttermilk Pancakes</li> <li>• Breakfast Sausage</li> <li>• Crunchy Hash Browns</li> </ul>   |  <ul style="list-style-type: none"> <li>• NY Style Bella's Pizza</li> <li>• Freshly Prepared Maschio's House Salad</li> </ul> |
| <b>13</b>   | <b>14</b>   | <b>15</b>   | <b>16</b>   | <b>17</b>  |
| <ul style="list-style-type: none"> <li>• Creamy Mac and Cheese</li> <li>• Cornbread Poppers</li> <li>• Panko Crusted Green Beans</li> </ul>   | <ul style="list-style-type: none"> <li>• Chicken Pita</li> <li>• Freshly Prepared Cucumber and Tomato Salad</li> </ul>  |   <ul style="list-style-type: none"> <li>• Sausage, Egg &amp; Cheese on a Bagel</li> <li>• Crunchy Hash Browns</li> </ul> |  <ul style="list-style-type: none"> <li>• Spaghetti and Meatballs</li> <li>• Garlic Bread</li> <li>• Freshly Prepared Caesar Salad</li> </ul> | <ul style="list-style-type: none"> <li>• HALF DAY-NO SWAP OUTS AVAILABLE</li> <li>• Bella's Cheese Pizza</li> <li>• Chicken Nuggets</li> <li>• Muffin Bag Meal</li> </ul>  |
| <b>20</b>   | <b>21</b>   | <b>22</b>   | <b>23</b>   | <b>24</b>  |
| <br>MLK Day  | <ul style="list-style-type: none"> <li>• Loaded Tot-Chos</li> <li>• Soft Pretzel Stick</li> <li>• Freshly Baked Apple Crisp</li> </ul>                              |  <ul style="list-style-type: none"> <li>• Golden Crisp Waffles</li> <li>• Breakfast Sausages</li> <li>• Emoji Fries</li> </ul>   | <ul style="list-style-type: none"> <li>• Juicy Hamburger on a Bun OR</li> <li>• Juicy Cheeseburger on a Bun</li> <li>• Steamed Corn</li> </ul>  | <ul style="list-style-type: none"> <li>• Twisted Cheesy Breadsticks with Marinara Sauce</li> <li>• Freshly Prepared Garden Salad</li> </ul>  |
| <b>27</b>   | <b>28</b>   | <b>29</b>   | <b>30</b>   | <b>31</b>  |
| <ul style="list-style-type: none"> <li>• Bacon, Chicken &amp; Cheese Quesadilla</li> <li>• Fresh Pepper Dippers</li> </ul>  | <ul style="list-style-type: none"> <li>• Italian Sampler with Breaded Ravioli, Mozzarella Sticks and Marinara Sauce</li> <li>• Roasted Parmesan Broccoli</li> </ul> |  <ul style="list-style-type: none"> <li>• Orange Popcorn Chicken</li> <li>• Vegetable Fried Rice</li> </ul>  | <ul style="list-style-type: none"> <li>• Mozzarella Sticks</li> <li>• Dinner Roll</li> <li>• Italian Green Beans</li> </ul>   |  <ul style="list-style-type: none"> <li>• Stuffed Crust Pizza</li> <li>• Freshly Prepared Garden Salad</li> </ul>             |

\*Menu is Subject to Change



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*healthy kids!*

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## Cliffwood PTO NEWS

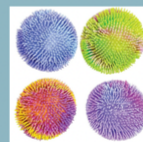
### School Store 1/15 & 1/16

The PTO is looking for volunteers to help the students shop. Please sign up [here](#) if you are available to help. Thank you.



## January School Store

Wednesday, January 15th &  
Thursday, January 16th



Join Us this Month  
for Our January PTO Meeting



**Who?:**

Parents/grandparents, teachers,  
administrators, support staff

**When?:**

Wednesday, January 15, 2025  
5:30-6:30pm  
(before star student ceremony)



**Where?:**

Cliffwood Elementary School Cafeteria

Find ways to get involved with Cliffwood Elementary School! There are many opportunities to volunteer and we are always welcome to hear your concerns, questions, ideas, and feedback.

We are looking for volunteers to help with our events in the New Year!

You do not need to be a member to attend meetings!

**Email questions to [cliffwoodpto422@gmail.com](mailto:cliffwoodpto422@gmail.com)**

# LET'S GET WIZFIT



**REGISTER NOW**



**JAN. 10 - JAN. 31**



Register your child(ren) NOW so they can win FREE Harlem Wizard prizes:  
<https://cliffwood-elementary-1.harlemwizardsinabox.com/>

We are excited to announce that the students of **Cliffwood Elementary** are teaming up with the **World Famous Harlem Wizards** to help us raise funds for the **Cliffwood PTO** with their new **WizFit Challenge** fundraiser and kids experience. During a two-week period starting on **01-10-2025** our students will watch and participate in an exclusive series of six interactive video episodes led by **Harlem Wizard stars Swoop and Broadway**. They will get fit, learn tricks, have fun, earn prizes, and be coached on character by the **Wizards**.

We will then conclude this event on **01-24-2025** with a **Graduation Celebration** where every student will participate and win free prizes.

## What are we raising money for?

We are raising money to upgrade the school playground.



Our school goal is to raise **\$10,000**. Students can request donations from friends and family to support them participating in the **WizFit Challenge**. We're excited to see our school come together for this fundraising program.



Be sure to **REGISTER** your child(ren) using the link above or the QR CODE so they can win cool Wizard prizes like these! In order to complete the **WizFit Challenge** every student must **COMPLETE** video challenges and **SHARE** student page with at least 3 people. All children who are registered will win a prize, regardless of funds raised! And everyone can participate in the **WizFit** program!





# Spring Tricky Tray

Hosted by the Cliffwood PTO

*Saturday, April 5, 2025*  
*Cliffwood Elementary School*

**Doors Open 4 PM**

**Calling starts promptly at 5:30 PM**

Admission: Cash, Check (made out to Cliffwood PTO)  
or Venmo (@cliffwoodelementarypto)

\$20 pre-sale

\$25 at door

Admission includes 1 sheet of lower level raffle tickets,  
coffee/tea, and dessert

\*Please provide name and contact # with payment\*



venmo

Must be at least 18 years old

email [cliffwoodpto422@gmail.com](mailto:cliffwoodpto422@gmail.com) with any questions

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## Dates to Keep in Mind

1/2- School is Back in Session

1/15- Cliffwood PTO Meeting 5:30 PM in the Cafeteria

1/15 & 1/16- School Store during lunch

1/17-Early Dismissal for all Students- Students will be dismissed at  
1:20 PM

1/20- School Closed-Martin Luther King Day

1/23- Board Meeting all are encouraged to attend arrival at 6:45 PM Cliffwood Cafeteria



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CONNECTING OUR COMMUNITIES



# Matawan-Aberdeen Regional

School District

