



How Sick is too Sick?

This information sheet is designed to be used as a general guidance for parents. If parents have medical questions, they are encouraged to consult with a healthcare provider.

| Symptom | Send to School | Keep at Home |
|-------------------------|---|--|
| Fever | During the past 24 hours, the student's temperature has been below 100.4 degrees and no fever-reducing medication has been taken. | During the past 24 hours, the student's temperature has been more than 100.4 degrees. |
| Diarrhea | During the past 24 hours, no more than one watery stool has occurred. | During the past 24 hours, more than one watery stool has occurred. |
| Vomiting | During the past 24 hours, no vomiting has occurred. | During the past 24 hours, vomiting has occurred. |
| Eye Irritation | Eyes may be itchy, but are not red, crusty, or draining. | Eyes are pink, draining, crusty, itching, painful, sensitive to light, or student has vision changes. |
| Cough/Runny Nose | Slight cough or runny nose, but no fever, and the student is able to cover cough, blow nose, and wash hands. | Symptoms are severe enough that the student is unable to learn. The student has a fever, or is unable to cover cough, blow nose, or wash hands. |
| Rash | Rash is not draining or spreading. The student does not have a fever, and symptoms of itching are not severe enough to impede learning. | Rash is bothersome and distracting. The student has a fever or severe itching, or rash is spreading or draining. |
| Asthma | Symptoms are well controlled, and the student knows when to contact a school adult for assistance or the student has an asthma action plan on file at the school and is following the plan. | Symptoms are not well controlled. The student is not able to recognize when he/she needs assistance, and no asthma action plan is on file at the school. |