



ORRHS Guidance Newsletter

Current Guidance Happenings

Important Term Dates

Grades close on Thursday, January 16th for Term 2/Semester 1.

Reports cards will be distributed on 1/30/25 during Bulldog Block.

Job Corps Info Session - January 14th



On January 14th, a representative from the Job Corps will be here during Bulldog Block for an information session. Job Corps is a free program offered to young adults ages 16-24. Job Corps is a residential trade program where students live for free in a Job Corps center. Students can earn a trade certification, their high school diploma, driver's license, and more. The program is completely free as long as students meet all eligibility requirements. Please sign up with your mentor.

THIS WEEK - SouthCoast Community Foundation - ZOOM Info Session January 14th



The SouthCoast Community Foundation will award more than 100 local scholarships totaling over \$800,000 in 2025, and the online application is now open! Students complete just one application — no FAFSA (Free Application for Student Aid) is required — and applicants are automatically matched with all eligible scholarship opportunities.

Deadline to apply is January 21st. Read more about scholarship opportunities and apply.

Please register for the upcoming scholarship info session, where questions will be answered about the application process:

- Tuesday, January 14th – Q&A Drop-In Session – 5:00 – 6:30 pm (click to register)

DON'T MISS THIS GREAT OPPORTUNITY!

January 21, 2025 DEADLINE

\$700,000+ in scholarships
100+ scholarships
Scholarships just for Southeastern MA

Start your app today (save in draft if you don't finish!)
Questions? Contact scholarships@southcoastcf.org

[SOUTHCOASTCF.ORG/SCHOLARSHIPS](https://southcoastcf.org/scholarships)

MTTI Open House - January 15th

TRAIN FOR A NEW CAREER IN THE NEW YEAR!

WINTER OPEN HOUSE!

WEDNESDAY JANUARY 15TH

Tour Our Hands-On Programs:
Automotive Service/Technician
Building & Property Trade/Production
Computer Technology/Network Transfer
HVAC/Refrigeration
Medical Assistant
Medical Billing/Coding/Office Administration
Manufacturing/Process Equipment Technician
Industrial and Commercial Electrician

You're Invited!
Ask questions, tour our campuses and classes, share your perspective!

508-336-6611
1241 Full River Ave.
Fall River, MA
MTTI.edu

Interested in learning more about MTTI?

Join them at their Open House on January 15th. Tour shops and classrooms, speak with instructors, learn about financial aid and more! For more information or questions about the Open House, call: 508-336-6611 or email info@mtti.edu

On the Spot Admissions at ORRHS - January 16th, 23rd, & 24th

For Seniors who are interested in applying to BCC, UMASS Dartmouth, and Southern New Hampshire University, please save the following dates for On the Spot Admissions opportunities.

- ***BCC - Thursday, January 16***
- ***UMass Dartmouth - Thursday, January 23***
- ***SNHU - Friday, January 24***

Senior students will have the opportunity to meet with college representatives individually, receive a same-day admission decision, and have the application fee waived. To take advantage of these opportunities, interested students must contact their guidance counselors to sign up.

In-Person FAFSA Support Night - January 22nd

Join us at our in person FAFSA night at ORRHS with Beth Connelly Silva from Seven Hills on Wednesday, January 22nd at 6 pm. Please RSVP [HERE](#) if you plan on attending.

Can't make it to our in person night? Students and families who need assistance completing the FAFSA are invited to free, virtual FAFSA Festivals that MEFA is hosting now through February. Log in anytime during the two-hour event to be placed in a breakout room with a financial aid expert who will answer questions and provide one-on-one assistance in completing the FAFSA. Register for an event now so that MEFA knows when to expect people. Additional resources are available at www.mass.gov/financialaid.

The Free Application for Federal Student Aid (FAFSA) is now available for students who will be in college during the 2025-26 academic year. Visit fafsa.gov to complete the online financial aid application used by the vast majority of U.S. colleges. A few days before completing the FAFSA, both the student and parent will need to set up a Federal Student Aid account username and password (this account is sometimes called a Federal Student Aid ID). Visit studentaid.gov/fsa-id/create-account to do so.

MassArt - On the Spot Virtual Admissions Event - January 30th

The logo for MassArt, featuring the word "MASSART" in a bold, black, sans-serif font. The text is set against a light purple rectangular background. To the right of the text, there are several overlapping orange and yellow curved lines that suggest a stylized globe or a dynamic, artistic shape.

MassArt Admissions is thrilled to invite students who may be interested in pursuing their creative passions to their upcoming Virtual On The Spot Admissions Event for first-time college applicants. This unique event offers students the opportunity to receive a day-of conditional admissions decision

for Fall 2025 after a one-on-one meeting with an Admissions Counselor.

Event Details:

- **When: Thursday, January 30th, 2:30–5:00 PM EST**
- **Where: Virtual (details provided upon registration)**

At this event, students will: Present their portfolio (15–20 pieces) for review, share a copy of their high school transcripts (unofficial copies are acceptable), receive personalized feedback and a conditional admissions decision on the spot, enjoy the benefit of an application fee waiver for attending! Important Note: Students must have their portfolio and transcript ready at the time of the appointment for an admissions decision to be made. Decisions are conditional, and students will still need to complete their application through the Common App, including submitting official documents, for a final decision. For those not admitted during the event, we'll provide constructive feedback and guidance to strengthen their application.

Register here: [On the Spot MassArt](#)


Attention Sophomores

Last week, counselors began meeting with groups of sophomores to discuss Career Exploration. Meetings are taking place in the guidance conference room during study halls and last approximately 50 minutes. Please bring a writing utensil and a chromebook as students will be completing a Personality/Career Interest Inventory. Students should continually check e-hallpass for meeting times.

Scholarships

You can find AVAILABLE SCHOLARSHIPS in the Guidance Office and also on the Guidance website. Visit the [guidance page](#) on the school website and click on Scholarship Information on the right side of the page. Scholarships are updated often, so check back regularly.

Career of the Week

CAREER OF THE WEEK		PHYSICIAN	
WHAT DO THEY DO?	HOW TO BECOME ONE	https://www.bls.gov/ooh/	
<ul style="list-style-type: none">• TAKE A PATIENT'S MEDICAL HISTORY AND PERFORM A PHYSICAL EXAM• DOCUMENT AND UPDATE CHARTS AND PATIENT INFORMATION TO SHOW FINDINGS AND TREATMENTS• ORDER TESTS AND CONSULTATIONS FOR OTHER PHYSICIANS OR HEALTHCARE STAFF TO PERFORM• REVIEW TEST RESULTS TO IDENTIFY ABNORMAL FINDINGS• RECOMMEND, DESIGN, AND IMPLEMENT A TREATMENT PLAN• ADDRESS CONCERNS OR ANSWER QUESTIONS THAT PATIENTS HAVE ABOUT THEIR HEALTH AND WELL-BEING• HELP PATIENTS TAKE CARE OF THEIR HEALTH BY DISCUSSING TOPICS SUCH AS PROPER NUTRITION AND HYGIENE	<p>PHYSICIANS AND SURGEONS TYPICALLY NEED A BACHELOR'S DEGREE AS WELL AS A DEGREE FROM A MEDICAL SCHOOL, WHICH TAKES AN ADDITIONAL 4 YEARS TO COMPLETE. DEPENDING ON THEIR SPECIALTY,</p> <p>THEY ALSO NEED 3 TO 9 YEARS IN INTERNSHIP AND RESIDENCY PROGRAMS. SUB-SPECIALIZATION INCLUDES ADDITIONAL TRAINING IN A FELLOWSHIP OF 1 TO 3 YEARS.</p>	<p>PROJECTED JOB GROWTH 4% BETWEEN 2023-2033</p> <p>MEDIAN SALARY: \$239,200</p>	

SEL Tip of the Week

As the semester ends, it's easy to feel overwhelmed by the pressure of grades and final assignments, but it's important to remember that your worth isn't defined by a report card. Focus on what you've learned and how you've grown, rather than striving for perfection. Remember to balance work with self-care—take breaks when needed, get enough sleep, and lean on your support systems if you're feeling stressed. You've worked hard—be proud of that!