










ISBELL'S WELLNESS CENTER ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			01	02	03	04
05	06	07	08 	09	10  Board Games	11
12	13	14  Legos	15 Nature Collages	16	17 Outdoor Games	18
19	20 	21  Bracelet Making	22  Drum Circle	23  Bracelet Making	24	25
26	27	28  Legos	29  Positivity Garden	30	31 Outdoor Games	



JANUARY 2025