

January 2025

Paw Print

Together, We Grow at Coronado Elementary



A Note from the Principal

Dear Coronado Families,

Happy New Year! As we begin the second half of the school year, let's take a moment to reflect on the progress our students have made.

In December we wrapped up the year with our annual Big Little Day, the First and Second grade music concerts and Winter Spirit Dress Days. In the new year, we are focusing on helping students set new academic and personal goals.

Winter Assessments

Teachers will be administering mid-year assessments to gauge student progress for Kansas State Assessments in Grades 3-5. These assessments help guide instruction and identify areas for growth. We encourage all students to do their best and take their time during these assessments.

New Year's Resolutions for Students

This is a great time to encourage your child to set some personal resolutions. Whether it's reading for 20 minutes each day, improving a specific subject in school, or practicing kindness, setting achievable goals will help your child stay motivated and confident throughout the year.

A Few Reminders

- Please make sure your child is dressed appropriately for the colder weather. It's important for them to wear jackets, hats, and gloves, especially during recess.
- If you need to update your contact information or your child's medical records, please notify the office as soon as possible.

Closing Thoughts

We are so proud of the progress our students have made,. As always, please feel free to reach out to me with any questions or concerns. Let's make 2025 a year of success, kindness, and growth for our Coronado community!

Warm regards,

Tyler Burnett

Principal, Coronado Elementary

What's Happening at Coronado?

Important upcoming dates

January 7: Return to School

January 7: PTO Meeting

January 17: No School

January 20: No School - Martin Luther King Jr. Day

Notes from the Nurse

Did you make New Year's Resolutions this year? The New Year can be a time for our kids to start some healthy new habits, also. The American Academy of Pediatrics offers some age-appropriate resolutions for kids. Read through this list with your child and pick a few to work on!

- I will try to find a sport (like basketball or soccer) or an activity (like playing tag, jumping rope, dancing or riding my bike) that I like and do it at least three times a week!
- I will always wear a helmet when riding a bike, scooter or skateboard.
- I will wear my seat belt every time I get in a car. I'll sit in the back seat and use a booster seat until I am tall enough to use a lap/shoulder seat belt.
- I'll be friendly to kids who may have a hard time making friends by asking them to join activities such as sports or games.
- I will always tell an adult about any bullying I may see or hear about to help keep school safe for everyone.
- I will keep my personal information safe and not share my name, home address, school name or telephone number on the Internet. Also, I'll never send a picture of myself to someone I chat with on the computer without asking my parent if it is okay.
- I will try to talk with my parent or a trusted adult when I have a problem or feel stressed.
- I promise to follow our household rules for videogames and internet use.

Art Corner



The art room is back in session for the winter! Our theme for fourth and fifth grades is “Sombrero Snowman.” Students will learn about the history of the Sombrero as they use color, shapes and patterns. A blending techniques will be used to create a more 3-D effect.

Second and third grades will also do a snow theme. They will be creating a portrait titled “Catching Snowflakes.”

First grade will experiment with chalk and oil pastels to create their “Fat Cat.” They will learn to sponge paint as they create a background.

Fifth Grade Starbase

Throughout November and December, fifth grade took a series of field trips to Starbase. These field trips were centered around STEM activities to help students brush up on their science skills before taking their State Assessment at the end of the year. Starbase included fun activities such as an Egg Drop, Rocket Building and Launching and Robotics. Our students had a blast and learned a ton!





Science

- **Kindergartners** are exploring the sun and its importance in warming the Earth, helping them understand how it affects our daily lives.
- **First graders** have just wrapped up their biomimicry boxes and are beginning their study of the sun, shadows, and the moon.
- **Second graders** are learning about the Earth's landmasses and bodies of water, discovering how they interact with one another.
- **Third grade** is diving into cloud experiments, studying how different types of clouds can predict weather changes.
- **Fourth graders** are investigating volcanoes, including the various types of lava.
- **Fifth grade** is studying the water cycle and learning about its different stages. All FLC classes are having a great time exploring the sun and rivers as part of their hands-on science learning!



Kindergarten

On Friday, November 22, Coronado kindergarten students marched around the school as students from various grade levels cheered them on.

Kindergarten students learned about the Macy's Day Parade and the behind the scenes of creating a balloon and all the teamwork needed to help direct the balloon down the street. Kindergarten students then created their own balloons to march down the hallways.

The parade was a blast for the kindergarten students and the entire school!



First Grade Happenings

In November, first grade had the benefit of South Middle School students reading to them.

In school, we always ask, "Why am I learning this?"

Students practiced their letters, sounds, digraphs, blends, and high frequency words.

What a great way to start the day to show students the joy of reading to others. Reading for the pure enjoyment of it.

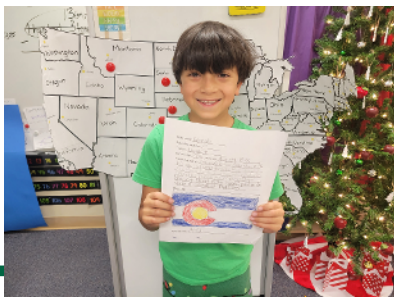


Second Grade

Second grade has been learning all about the different states in our country!

Mr.Dandu's class has been learning about state names and identifying them on a map.

Mrs.Fellers' and Mrs. Shay's classes have been researching facts and the history of states!



**Thank you
PTO for our
school
shirts!!**



Screen Time for Children

Throughout my interaction with students, I will often hear about the number of hours that they spend on their phones, tablets, or video games. Electronics can have numerous positive aspects for children, such as the development of technology skills, access to digital tools used for art, music, making videos, educational apps, and exposure to other cultures. Despite the various benefits, the easy access to electronics can lead to an overuse of screen time. The following are some negative effects of too much screen time:

- Reduced Sleep quality and duration
- Increased risk of becoming overweight due to sedentary behavior
- Reduced attention span and difficulty focusing
- Decreased academic performance
- Increased risk of developing anxiety and depression
- Social isolation with less face-to-face interactions
- Reduced physical activity and outdoor playtime
- Reduced ability to manage emotions and cope with stress
- Increased risk of exposure to inappropriate content or online dangers
- Reduced time spent on creative or imaginative play

Shirley Luce, School Counselor

17 Tips & Activities for Reducing Children's Screen Time

1. Set clear screen time limits and stick to them.
2. Designate screen-free zones in the house, such as bedrooms & the dining areas.
3. Establish a consistent screen-free time before bed to improve sleep.
4. Be a role model by limiting your own screen time.
5. Use apps or tools to monitor and control screen usage.
6. Set up parental controls on devices to limit access during certain times.
7. Educate children about the the importance of balancing screen time with other activities.
8. Create a family debate activity (defending the positive and negative effects of digital usage)
9. Offer alternatives to screen time (board games, cooking reading, drawing, art, sports, crafts)
10. Encourage social interactions with friends in person rather than online.
11. Offer rewards for meeting a goal of less screen time.
12. Use screen time as a reward for completing chores or homework.
13. Limit background TV and screen time while doing other activities.
14. Introduce screen-free days or hours as a family challenge.
15. Chart the hours/day that your child spends on electronics to create their awareness.
16. Give children a 5- or 10-minute warning before it's time to stop their screen time.
17. Engage in a non-judgmental, open discussion with your child to explain to them the negative impact of too much screen time.

(Excerpts taken from the website: www.veryspecialtales.com)

5 Minute Mindfulness

Mrs Lagroon - School Social Worker

Encouraging Positive Behavior

Mindful parents who want to raise cooperative & self-disciplined children need to focus on connection & Coaching as opposed to control & punishment - & this takes a lot of self-awareness. With practice you can encourage positive behavior purely by being calm & in the moment, taking a breath & responding to your child with loving guidance.

Setting Limits

Critics often confuse mindful parenting with permissive parenting, but although both rely heavily on respect & empathy in relationships with children, the mindful parent is also prepared to offer clear limits & structure. While having age-appropriate expectations, parents should stay heavily involved, so that a child is supported when facing difficulties. Setting limits is important, but may differ from family to family..

Consequences

Natural consequences of your child's actions can be an excellent teacher, but consequences should not be confused with punishment. An example may be when your child forgets their raincoat. If you dash in & bring the coat every time, the consequence will be lost. If you respond negatively (it serves you right), the child may have negative self-thoughts & feel as though he/she is a burden. If your response is that you can't come on this occasion due to a prior commitment, but you will run them a warm bath when they get home, the child will learn the consequence but see your response as still feeling cared about.

Responsibility

We don't want to teach our children that they should never make mistakes but we do want them to know that they should take responsibility for their actions & Emotions & make right what is wrong. The best way for them to understand this is through modeling as a parent. Next time your child does something that upsets you, take a moment to breathe & notice your reaction.

From Five-Minute Mindfulness Parenting by Claire Gillman

January Calendar

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

1-3 - Winter Break/No School

6 - Inservice/No School

7 - PTO 6:00 p.m.

10 - ROCK Rally 2:30 p.m.



17 - No School

20 - No School

21 - Site Council 11:30 a.m.

Contact Us

Tyler Burnett - Principal
 Stephanie Turowski - Lead Teacher
 Stephanie Baughman - Secretary
 Main Office Phone Number: 785-340-4522

#CoronadoGrowsGreatness
#305GrowsGreatness

Coronado Elementary

@Coronado305

School Website

District Website

Unified School District #305 does not discriminate on the basis of race, color, national origin, sex, age, or disability in admission or access to, or treatment or employment in, its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. Any person having inquiries concerning Unified School District #305 compliance with the regulations implementing Title VI, ADA, Title IX, or Section 504 is directed to contact the Unified School District #305 Executive Director of Human Resources, P.O. Box 797, Salina, Kansas 67402, 785-309-4726.