Nutrition Services Bellevue School District

High School Lunch Menu January 2025

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

Monday

Tuesday

This is an equal opportunity provider. Menus are subject to change.

Burger with Baked Fries: Spicy Chicken, Cheeseburger, Hamburger & Breaded Kickin' Burger (v)

Pizza: Cheese (v) & Meat Lovers (contains pork)
Grab n Go: Deli Turkey Ham & Cheese Sub, Cheese Trio Sub (v), Sunbutter & Jelly SW + String Cheese (v)
Boxed Salad: Chicken Caesar, Mozzarella Caesar (v)

Hand-Wrapped Burrito: Green Chili Bean & Cheese (v) with Baked Fries (v) indicates Vegetarian Entrée option which may contain egg and/or cheese

02

30

Wednesday

Thursday 01

Friday

03

10

17

Winter Break No School

Winter Break No School

Winter Break No School

06 Classic Breaded Chicken **Burger with Baked Fries**

07 Mandarin Orange Chicken with Sticky **Brown Rice & Steamed** Broccoli

08 Garlic Cheese Toast (v) with Marinara Dipping Sauce

09 **Scratch-made!** Protein Packed Chili (v) with WG Tortilla Chips & Fixin's

Chipotle Braised Pulled Pork Torta with Baked Fries

A. Crispy Chicken Tenders B. Kickin' Nuggets (v) with Baked Fries, Wheat **Roll & Honey Mustard**

Dr. Martin Luther King

Jr. Day

No School

& Bellevue Sauce

Italian Beef Meatballs with Penne Pasta & Garlic Bread

14

28

Chicken Corndog with **Baked Fries**

15

16 Turkey Dog topped with Scratch-made Chili, Cheese & Baked Tater Tots

Scratch-made! A. Butter Chicken B. Butter Chickpeas (v) over Rice

20

21 Battered Alaskan Pollock Wedge with Baked Fries, Wheat Roll & Tartar Sauce

Deluxe Grilled Chicken **Burger with Baked Fries** Crispy Falafel (v) with Hummus (v), Flatbread & Tzatziki Sauce

LEAN & GREEN

24 Gluten Free Teriyaki Chicken with Sticky **Brown Rice & Steamed** Green Beans

27 A. Chicken Alfredo B. Vegetarian Alfredo (v) with Penne Pasta & Garlic Bread

Chicken & Vegetable **Dumpling Soup**

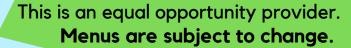
Lunar New Year! 29 Mozzarella & Beef Pepperoni Stuffed Mini Calzones with Garlic

Bread

BBQ Pulled Pork Sandwich with Baked Beans & Coleslaw

Breaded Chicken Leg & Waffle with Warm Apple Compote

Salad Bars will offer local blueberries from Northwest Berry Co-Op in Everson, WA throughout the month!





High School Breakfast Menu January 2025

Breakfast Locations: Bellevue High, Interlake, Newport High, Sammamish

Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

Monday

Fresh Baked French Toast (v)

Tuesday

Sunrise Calzone with Turkey Sausage, Egg & Cheese

Wednesday

Strawberry & Cheese Stuffed Mini Bagels (v)

Thursday

Cheesy Italian Bagel (v)

Friday

Sunrise Calzone with Turkey Sausage, Egg & Cheese

Offered Daily: Assorted Cereal (v); Banana Bread (v); English Muffin Sandwich with Turkey Sausage, Egg & Cheese; English Muffin Sandwich with Egg & Cheese (v), Fruit-topped Yogurt Parfait & Graham Crackers; and Cinnamon Roll (v)

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your Application for Free or Reduced Priced Meals today!

Available at www.bsd405.org/freeandreduced
Applications must be renewed annually.

How to Pay for Meals:

Nutrition Services uses **PayPams** for online payments. Go to: https://paypams.com for more information.

There is a \$2.95 fee per family for credit card payments.

NEW! PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.

We're Hiring Kitchen Assistants!

- Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at https://bsd405.tedk12.com/hire