

Middle School Counselor

Guiding Students Through Critical Years of Growth and Discovery

Supporting Adolescent Development

Developmental Stage

Middle school students are characterized by their need to explore various interests, develop their unique identity, and connect classroom learning to real-world applications. This is a time of significant growth in independence and peer relationships.

Counselor's Role

We provide comprehensive support through this crucial transition period, helping students connect learning to practical life applications while developing the skills needed for academic and personal success.

Academic Planning

- Course selection and planning
- Time management strategies
- High school transition preparation
- Learning styles and study strategies

Social-Emotional Growth

- Identity development support
- Self-advocacy skills
- Peer relationship guidance
- Digital citizenship education

Student Support Services

- Individual student support
- Small group counseling
- Parent consultation services
- Crisis intervention support

Career Exploration

- Interest and skills assessment
- Future education pathways
- Career awareness activities
- Goal-setting workshops

Collaborative Support Approach

We work closely with teachers, parents, and community members to create a supportive environment that connects learning to real-world applications while promoting academic achievement and personal growth during these crucial years.

Contact your school's counseling office for more information about available services and support programs.