



BISMARCK
PUBLIC SCHOOLS

FRIDAY FLIER

December 20th, 2024

Happy Holidays!

The Friday Flier is an informational tool used to provide the BPS community with information regarding local events, youth activities and opportunities. Unless implicitly stated, these events are **not** endorsed by the Bismarck Public Schools

Our next Friday Flier will be posted on January 10th, 2025!

BPS Info



To help our struggling BPS families and students, the BPS Foundation along with their community partners will be hosting Kids' Kicks, a fundraising effort for cold weather snow boots, snow pants and water-repellent gloves. Donations ranging from \$10 to \$70 can help the BPS Foundation ensure that a student in need stays stay warm this winter. Donations can be made online or mailed to the BPS Foundation. Thank you to our partners SCHEELS, Hot 97.5 and 103.3 Country that make this program possible!

bpsfoundation.com/donations/kidskicks/

Free & Reduced Benefits: Dual Credit Courses

The Free and Reduced Meal Application can provide benefits that extend well beyond food. For instance, the Bank of North Dakota will cover the cost of up to two college courses per school year for high school sophomores, juniors and seniors who participate in Free or Reduced Price Lunch. If you haven't already, be sure to apply. The application process has changed. Please visit [HERE](#) for more information and to apply.

CENTURY WINTER CHEER CAMP

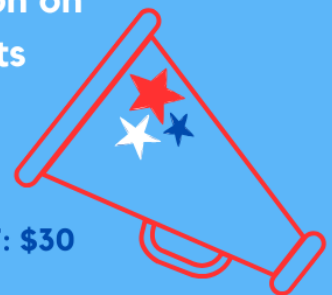
Campers will receive safe cheer instruction on jumps, chants, cheers, dance, and stunts

SATURDAY JANUARY 18TH

CHECK IN: 8:45-9AM

CAMP: 9-11:30

PARENT PERFORMANCE: 11:30



COST: \$30

SCAN HERE TO REGISTER BY JAN. 15!



participants will receive a light morning snack and a small gift to remember the fun

Bismarck High School AVID Adult Volleyball Tournament

January 25/26, 2024

Saturday: Women's 4's (A/B) Women's 6's (C) Men's 4's (A/B)

Sunday: Co-Ed Competitive 4's (A/B) Co-Ed Non-Competitive (C/D) 6's

Entry: \$100 per 4-person Team; \$150 per 6-person Team

Click here to register: <https://forms.gle/UcfyDt2nSgbhYrVM9>

Registration closes: January 17, 2025

Questions? Contact megan_sletten@bismarckschools.org



Local Events

Bismarck Youth Fastpitch Summer League Registration - Coming Soon!

2025 Summer Fastpitch Softball Season Registration is right around the corner!



BYFSA Summer League registration will open in early January 2025 and is open to all girls ages 5-18. The summer league offers 4 divisions: 6U, 8U, 10U and 11Up. We encourage participants of all ages and skill levels to come out and join us!

Early bird registration closes March 15 at which time fees will increase. Registration closes on April 15. Practices start at the end of May and games will start the first week of June.

For more information visit us online at www.bismarckfastpitch.com. For questions email bismarckyouthfastpitch@gmail.com.



University of Mary Women's Basketball Camps

Mini-Marauders Basketball Camp
Grades Pre-K to 5 (Boys and Girls)
Cost : \$50 +\$4 Fee

Visit UMaryWomensBBcamps.com to register!



North Dakota Heritage Center & State Museum Programs

The ND Heritage Center & State Museum offers free weekly programming for preschool and school age children. Children and their accompanying adult(s) will dive into a world of discovery during these interactive 30-minute programs.

Dec. 20-Jan. 7 - Holiday Toys Through Time ([more information here](#))

Dec. 28 Little Kids, Big World, 10 a.m. Candy Canes
Dec. 28 Junior Historians, 11 a.m. Candy Canes



Jan. 4 Little Kids, Big World, 10 a.m. Northern Lights

Jan. 4 Junior Historians, 11 a.m. Aurora Borealis

Jan. 8 Little Kids, Big World, 10 a.m. Northern Lights

Jan. 8 Junior Historians, 4 p.m. Aurora Borealis

Jan. 11 Little Kids, Big World, 10 a.m. Friendship

Jan. 11 Junior Historians, 4 p.m. Martin Luther King Jr.

North Dakota Historic Sites Programming

Dec. 21 Ornament Making & Tree Trimming, 1-3 p.m. Former Governors Mansion, Bismarck

Dec. 21 Holiday Music, 7-8 p.m. Former Governors Mansion, Bismarck

Jan. 10 Open House, 1-5 p.m. Former Governors Mansion, Bismarck

Jan. 11 Open House, 1-5 p.m. Former Governors Mansion, Bismarck

Jan. 11 Fibers & Flavors, 1-4 p.m. Former Governors Mansion, Bismarck

Learn more about upcoming State Historical Society of North Dakota programs at history.nd.gov/events.

For more information, contact Education and Engagement Manager Laura Forde, shsprogramms@nd.gov or 701.328.2792. The ND Heritage Center & State Museum is open Monday-Friday, 8 a.m. to 5 p.m., and Saturday-Sunday, 10 a.m. to 5 p.m.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA/Family Wellness Programming Upcoming Activities

Youth Sports - When children participate in youth sports, they do far more than develop athletic abilities. They learn the value of teamwork, sportsmanship and responsibility, on and off the court or field. Support your child in gaining self confidence by registering them for one of our great youth sports programs today!

Click [HERE](#) for more!

Boys & Girls Basketball - 2nd to 6th Grade

Itty Bitty Activities - Fun & informal athletic activities to give kids 3-5 basic skills & knowledge of various sports.

\$35 Members / \$55 Non-Members

Click [HERE](#) for more!

Soccer - Baseball - Volleyball - Football - Basketball

Youth Swim - Individuals who take swimming lessons learn much more than how to do the butterfly or backstroke. They gain valuable, life saving knowledge and skills, that will protect them

while they enjoy exciting water activities and recreation. Find the fun and confidence in the water you've been looking for and sign up for swimming lessons now!

Click [HERE](#) for more!

Group Lessons - Private/Dual Lessons - Adaptive Swim

Youth & Family - Your kids don't need more toys or friends, they need more time with you! Enjoy fun and exciting family activities, including swimming in the Splash Center, climbing the bouldering wall, bouncing on the inflatable, playing volleyball or shooting hoops. Many of our family activities are free with your membership!

Jr. & Master Chefs - Parents Night Out - Youth Pokemon Club - Family Splash Center - Strong Beginnings - Family Play Center - Family Fun Gym Time - Family Track Time - Youth Fitness - Jr. Wellness Center Orientation

Child Care & Camps - When your child receives early education from the "Best of the Best" preschool and childcare programs in the area, they will learn, grown and thrive in a safe, welcoming environment. Different childcare, camp and location options are offered throughout the year, from infant to school age, so your child can experience a variety of enriching educational activities, while having fun with their friends!

Click [HERE](#) for Child Care!

You Belong Here Missouri Valley Family YMCA www.bismarckymca.org

For Our Community Family Wellness www.familywellnessbisman.org



BISMARCK PARKS AND RECREATION DISTRICT

Est. 1927

More at www.bisparks.org!

Registration Opens for Most Winter Programs in December

Registration Open for Winter Programs

- Fencing
- Lifeguarding Classes – FREE if you join the BPRD team
- Karate
- Racquetball
- Volleyball – 3rd Coed and 4-5th Coed

Registration Dates

- Winter Session 1 of youth tennis lessons (10 & Under and Juniors) – register from Dec. 18 at 10am until Jan. 2 at 10pm



- Winter Session 1 of indoor swimming lessons – opens Tuesday, Jan. 7, at 10am
- Fencing – register by month
- Karate – register by month
- Racquetball – starts Jan. 9
- Tennis Winter Session 1 (10 & Under and Juniors) – register until 10pm on Jan. 2; starts Jan. 4-7
- Tennis Snowball Smash Tennis Gameday – Jan. 2
- Volleyball 3rd Coed – early bird deadline Jan. 3; starts Jan. 20
- Volleyball 4-5th Coed – early bird deadline Jan. 10; starts Jan. 2

Learn more at www.bisparks.org.

DROP-IN PROGRAMS

- [CRFC KidZone](#)
- [Hockey](#)
- [Meet It or Beat It Bowling](#)
- [Open Gym](#)
- [Preschool Skate Date](#)
- [Public Ice Skating](#)
- [Toddler Splash Days](#)
- [Weekday Morning Play Dates](#)
- [Wibit Water Toys](#)

More Bismarck Parks and Recreation District programs and events at www.bisparks.org!



2025 Gorilla Wrestling Season

The 2025 Gorilla Wrestling season is fast approaching! Wrestling is one of the fastest-growing sports for boys and the fastest for girls. If you're looking for a challenging opportunity for your child, give wrestling a shot—literally, you take shots in wrestling but not the kind in any other sport! Mark your calendars and don't forget to sign up starting December 1st. Practices begin the first week of January, and the Gorilla Wrestling Club is growing in numbers and space. Join us - grow with us! Follow us on Facebook at Bismarck Gorilla Wrestling. Register at www.gorillawrestlingclub.com

Bismarck Dollars for Scholars

Scholarships available! The application for a \$1000 scholarship through Bismarck Dollars for Scholars is open December 1st and is due February 28, 2025. More information and to apply: bismarck.dollarsforscholars.org. Bismarck Dollars for Scholars is part of a national organization called Scholarship America which is the nation's largest scholarship organization. The group has awarded over \$170,000 in scholarships to Bismarck graduates.

Love & Art Class - Free Art Classes for Kids & Adults

"Building community through Love & Art"

Free art class for kids and adults at the Dream Center every first Monday of the month 5pm-6:30pm in Trinity Hall. Kids age 9 and under must be checked in by an adult. Call 701-955-2150 for more information.



POKÉMON

SPONSORED BY:

BISMAN CARDS the Y MLC BISMARCK HEATING & AIR REFRIGERATION Jexquire

BIS-MAN YOUTH POKÉMON CLUB

6PM TUES. 1/7 to 4/1 @ THE Y

LEARN TO PLAY THE POKÉMON TCG!
FREE & OPEN TO KIDS IN GRADES 1-8 & 9-12
ENHANCE READING, MATH, SOCIAL & STRATEGY SKILLS!



Bis-Man Youth Pokémon Club 2025

Please click the link to complete this form.

📄 form.jotform.com

The Bis-Man Youth Pokémon Club (BMYP) will be holding its third season this Jan. 7 through Apr. 1 each Tuesday night from 6-8pm at the Bismarck Y. The program is FREE and open to all Bismarck and Mandan youth in grades 1-8 and is designed to improve their reading, math, and strategic thinking skills through the popular Pokémon trading card game while developing a fun social group around the game. There is also a companion group for advanced players in grades 9-12. Parents are encouraged to attend, learn to play this family-friendly game, help younger players, and assist with activities.

This Year Registration Is Required by 12/31: <https://form.jotform.com/232685736045058>

Each week's session will have a quick discussion about features of the game ahead of free play with a season-ending free standard tournament on Mar. 30. Participants are encouraged to assemble and bring their own 60-card decks from their own collections to play but can check out decks on a first-come, first-served basis, being responsible for any damage to or loss of cards. To

make it easier for new players, ready-to-play Pokémon decks can also be purchased at BisMan Cards on Main Street in Mandan or at other area retailers where trading card games are sold.

For more information on BMYP, or for questions about the club or game, email bismanpokemon@gmail.com, search out the "Bis-Man Youth Pokémon" Group Page on Facebook, or call Nick at 507-829-9553.

Indoor Soccer Academy

INDOOR ACADEMY - Block 2

The indoor academy program is led by our experienced, paid coaching staff who teach the FUNdamentals of soccer through fun and engaging practices. Players will develop through game-like activities and often work in a 1:1 ball to player ratio allowing them to get a high volume of touches during each session.



PRE K - 3RD GRADE

Location: Fore Seasons Center, 2525 N 19th St, Bismarck ND 58503

Dates: Saturdays January 11th - February 8th (5 weeks)

Cost: \$65

Times: PreK 9:15AM - 10:00AM, Kindergarten 10:15AM - 11:00AM, 1st Grade 11:15AM - 12:00PM, 2nd Grade 12:15PM - 1:00PM, 3rd Grade 1:15PM - 2:00PM

4TH & 5TH GRADE

Location: Sanford Power, 3451 N 14th St Suite C, Bismarck ND 58503

Dates: Tuesdays (Boys) & Thursdays (Girls) January 14th - February 13th

Cost: \$65

Times: 4th & 5th Grade Boys Tuesday 5:00PM - 5:50PM, 4th & 5th Grade Girls Thursday 5:00PM - 5:50PM

For more details about Academy and registration please visit our website

<https://leagues.bluesombrero.com/Default.aspx?tabid=1709683>

INDOOR FREE PLAY - Block 2

We all know that as the weather starts to get colder, opportunities to play the game we love get smaller! Dakota United SC will also be offering Free Play at the Sanford Power facility to middle school and high school students as part of our efforts to support the growth of soccer in our community. Free play prioritizes enjoyment and allows players to nurture their skill and creativity through internal problem solving. This program will cost \$0 for participants; however, players must register through our website for insurance purposes.

Location: Sanford Power, 3451 N 14th St Suite C, Bismarck ND 58503

Dates: January 10th - February 13th

Cost: \$0

Times: Middle School Boys Tuesdays 6:00PM - 7:00PM, Middle School Girls Thursdays 6:00PM - 7:00PM, High School Boys Fridays 4:00PM - 5:00PM, High School Girls Fridays 5:00PM - 6:00PM

For more details about Free Play and registration please visit our website
<https://leagues.bluesombrero.com/Default.aspx?tabid=1714664>



Central Dakota Children's Choir Presents "Treble Makers" Music Class For 1st Graders

Central Dakota Children's Choir is excited to announce a music class exclusively for 1st Graders! Each "Treble Makers" class will include singing intertwined with movement activities, dancing, games and musical theory, all in a fun-based atmosphere. Class taught by CDCC Artistic Director, Teri Fay, on Tuesdays from 4:00 - 4:45pm, January 7 – May 13. Performance at the end of the session. Get them started singing early—you'll be glad you did! Registration and more information available at aboutcdcc.org and through the CDCC office at 701-258-6516.

Central Dakota Children's Choir Presents "Singing For 2nd Graders" Music Class

Central Dakota Children's Choir is now accepting registrations for "Singing for 2nd Graders." This music class for 2nd graders will focus on the fundamentals of music using the child's singing voice. Each class will include not only singing, but also games, dancing, speaking and creating. Classes will be taught by CDCC Artistic Director, Teri Fay, on Tuesdays, January 7 – May 13 from 5:00 to 5:45 pm with a performance at the end of the session. Registration is available on the CDCC website - www.aboutcdcc.org. For more information, call the CDCC Office at 701-258-6516.



Magic Soccer FC Programs

Magic Soccer FC Magic Soccer offers a wide variety of soccer options for all ages and abilities. Check out some of the programs below. For more details visit Magic's website. Many programs have enrollment caps so register EARLY!

Mini Magic - Perfect for children aged 4 to 6 who are eager to explore and learn soccer skills!

Open Skills Training – Designed to improve players' footwork, self-confidence on the field, and provide lifelong skills foundation in the game. All players can participate regardless of skill level. Player's 2nd – 7th grade.

Youth Indoor league – Two sessions offered in 2025 – see website for dates. Make your own team or join as a free agent. Recreational soccer program for youth players between the ages of 8 and 14. Games on Sunday afternoon and evenings starting in January at the Fore Season Golf Dome.

High School Indoor league - Non-travel soccer program for players ages 15 - 19. Focus of the league is to provide high school players with additional playing opportunities outside of their school season where they can have fun and improve their skills and confidence on the field.

REGISTER: <https://www.magicsoccerskills.com/signup>

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Lacrosse Day at the Dome

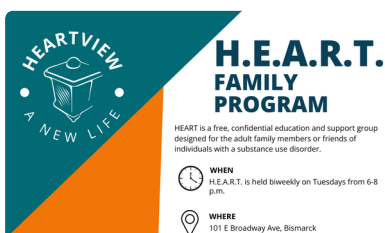
The Bismarck Mandan Lacrosse Association is hosting a Lacrosse Day clinic. The clinic will take place on Sunday, January 12 from 1:30-3:00pm at the Fore Seasons Dome. This clinic is a 90-minute lacrosse experience for boys and girls, grades K-12, who have never played lacrosse before, as well as any returning players. It is designed to provide a fun, positive, and successful experience with the sport of lacrosse. The goal is for participants to have the best experience possible while learning lacrosse skills and developing the ability, confidence, and desire to play more. This clinic will be conducted by BMLA's current USA Lacrosse certified coaches and players, and all equipment will be provided. This event is also an opportunity for any returning players interested in some off-season practice. Register for the event here:



<http://www.bismanlacrosse.org/events/4419177-january-lax-at-the-dome> Please see our website below for additional information. We will also be hosting additional "Lacrosse Days" this winter on the following dates: February 2 and March 2.

League registration will be opening this winter. Practices begin in March and the regular season runs from mid-April to mid-June. Protective equipment for boys and girls is available to rent for a refundable deposit for new players. Participants play small-sided games, while those interested in a more competitive experience can travel across North and South Dakota for 4-5 weekend competitions. For more information visit our website at www.bismanlacrosse.org or find us on Facebook or Instagram.

Local Services



H.E.A.R.T. Family Program

H.E.A.R.T. is a program designed for the adult family members or friends of individuals with a substance use disorder. The program is free, confidential and registration is not required. Topics include boundaries, local resources, grief, and how to approach an

individual about getting help. Upcoming dates are Dec. 17, Jan. 7, Jan. 21, and Feb. 4. More information can be found at www.heartview.org.

Free Speech Therapy for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications, online, at www.scottishritespeech.org. All services are free to children ages 2 through 7 with a qualifying application.

For more information, please call 701-258-9132 or e-mail at speechtherapy@bismarckscottishrite.org.



TummyTime!™ Method Baby PLAY Class

Join us for a fun-filled TummyTime!™ Method Baby PLAY Class, where we'll guide you through engaging activities for your child!

Tummy time should be FUN!

We're learning how to calm, engage and play with baby.

Join Anne Bry SLP, COM and Bailey Boraas OTR/L to learn how to PLAY with your baby. This class is for all parents - 1st time or experienced - and their pre-crawling infants, 4 weeks and older.

These classes will help you and your child by decreasing the stress of tummy time, build community and friendships, and social engagement.

Tummy time is the time a baby spends lying on his or her tummy. Parents and baby are interacting together during this floor time activity. Other tummy time positions: lying on parent's chest, over arm or lap, propped on an infant approved pillow and babywearing.

The TummyTime!™ Method is an evidence informed therapeutic program designed to support health, posture, movement, and connection for all babies; it can also treat oral motor dysfunction, postural asymmetries, digestive difficulties, and autonomic dysregulation.

11 AM - Noon on Wednesdays

Noon - 1 PM on Saturdays (advance registration required)

1138 North 3rd Street, Bismarck, 58501

<https://www.theenrichmentgardennd.com/events>

Be a Safe Sitter - Babysitting Basics Class

Be a Safe Sitter – Babysitting Basics Class

Saturday, February 8, 2025

Time: 8:15AM-4:00Pm

**Location: Bismarck Public Schools Career Academy
1221 College Dr. Bismarck, ND**

**Cost: \$30 - Make check payable to NDSU Burleigh County
Extension**

(Includes materials and snack) – Please bring a sack lunch.



This class will provide youth ages 11-14 who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants.

- Learn basic of child care, development and play
- Learn how to communicate with children for positive behaviors
- Keep self and children safe
- Learn basic First Aid/CPR
- Learn how to develop a babysitting business

Guest Speakers: Bismarck Police Dept., Bismarck Fire Dept., Bismarck Metro Ambulance, Burleigh and Morton County Extension

Pre-registration is required before January 18th. Space is limited to 30.

Register online HERE>> <https://tinyurl.com/2025SafeSitter>

If you have questions, contact Shelly Kuntz at 701-221-6865.



Consider Fostering!

While some children in North Dakota are waiting for a foster home, others await their forever family. Consider opening your heart and home today! Learn more by calling 833.378.4663!



Bring NASP to your School!

The National Archery in the Schools Program is a proven program that offers numerous benefits for students of all ages and abilities. We believe that every student - not just the biggest and fastest - should have the opportunity to know what it feels like to wear a school uniform. NASP benefits include improved academic performance, enhanced self-esteem and confidence and the opportunity for kids of all abilities to be part of the school community. Bringing NASP to your school has never been easier with unprecedented grant funding now available. Contact our state NASP coordinator to get started!

Jeff Long

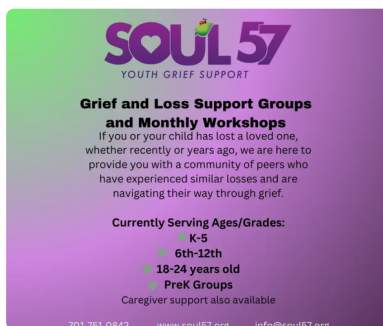
Engines 4 Education at Small Engine Repair

We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!



Youth Grief Support Group

If you or your child has lost a loved one, whether recently or years ago, we are here to provide you with a community of peers who have experienced similar losses and are navigating their way through grief.



Foster a Child

Did you know foster parents can be single or married, parents or grandparents, young or old? They can have children of their own or no children at all. They can have dreams of adopting or just a desire to help kids who need it.

In other words, foster parents look just like you.

All you need to become a foster parent is an extra bedroom, a commitment to a child's safety, and the willingness to invest in their future.

You'll have lots of support from our team of professionals, including specialized training that will help you successfully care for each child, valuable online resources, and a dedicated social worker to answer your questions along the way.



Foster Hope.
Be a Foster Parent.



Job Opportunities



BISMARCK PUBLIC SCHOOLS

Bismarck Public Schools is Hiring!

Are you looking for a rewarding career? Full-time and part-time opportunities available! Some positions will qualify for benefits and retirement.

- Secretaries/Administrative Assistants
- Instructional Aides
- Bus Drivers/Monitors
- Substitute Teachers/Staff
- Child Nutrition Assistants
- & Much More!

Visit <https://bismarck.tedk12.com/hire/index.aspx> to see all career opportunities!



BISMARCK PARKS AND RECREATION DISTRICT

Est. 1927

Work a fun part-time job with us at Bismarck Parks and Recreation!

Students interested in part-time work opportunities should consider applying for the position of BLAST Leader at Bismarck Parks and Recreation.

Bismarck's Life After School Time (BLAST) program is an after-school recreation-based program that takes place at several BPS elementary school sites. Participants enjoy games and activities with their peers in a safe and supervised environment.

There is some flexibility with scheduling but workers are needed at 3pm. Pay ranges from \$13.25 - \$15.50/hr. Interested parties will find more information about the position here:

<https://www.bisparks.org/jobs/>. There are multiple openings for this role.

Click [HERE](#) for more information.

- BLAST afterschool program leaders – 3-6pm Monday-Friday
 - Basketball scorekeepers
 - Facility attendants
 - Front desk staff

- Lifeguards – Dec. 27-29: Lifeguard Class (FREE if you join our team!)
 - Officials – basketball & volleyball
 - Swim instructors
 - Tennis instructors
 - Volleyball coaches
- Warming house attendants– outdoor ice rinks, sledding hill
 - Zamboni driver

Join the Team at Bismarck Parks and Recreation District!

Apply at www.bisparks.org/jobs



MISSOURI SLOPE
TAILORED CARE. INSPIRED LIVING.

WE'RE HIRING!

Rewarding Job Opportunities

- **Missouri Slope is hiring!** Enrich lives with us in a healthcare setting - multiple positions with multiple openings.
- **Mealtime Assistant (CNA):** Starting at \$22.50 per hour! Part time & PRN hours - Breakfast: 7am-9am, Lunch: 11am-1pm, or Supper:

5pm-7pm Qualifications: Current CNA certification (CNA training classes available periodically).

- **Grill Line Cook:** \$18.40-\$21.15 per hour Part time - 4pm-7pm Monday-Friday, 10:30am-7pm weekends.
- **Dietary Aide - Bistro:** \$17.25-\$18.95 per hour 8am-12:15pm, 3-4 days a week.
- **Assisted Living (Dining and Housekeeping):** \$17.30-\$19.00 per hour Flexible day hours.

***All positions must be 16 years of age or older**

Visit <https://missourislope.com/careers/> for more info!

BPS District Calendar

- **Monday, December 23 - Wednesday, January 1** - Christmas/New Year's Break, No School
- **Monday, January 20** - MLK Day, No School
- **Tuesday, January 21** - Staff Development Day, No School
- **Monday, February 17** - Presidents' Day, No School
- **Friday, March 14** - Storm Make-Up Day, No School
- **Monday, March 17** - Parent-Teacher Conference Day, No School
- **Friday, April 4** - Staff Development, No School

- **Friday, April 18** - Good Friday, No School
- **Monday, April 21** - Storm Make-Up Day, No School
- **Friday, May 23** - Last Day of School
- **Friday, May 23** - ALC, SCHS Graduation
- **Sunday, May 25** - BHS, CHS, LHS Graduation

[Click here to submit your entry for the Friday Flier!](#)



Bismarck Public Schools