



Colonial Heights Newsletter



DREAM AND BELIEVE, LEARN AND ACHIEVE

8135 Balboa Avenue, Stockton, CA 95209 • Phone (209) 953-8783 • Fax (209) 953-8440

Important Dates

| | |
|------------------|---|
| Mon., Jan 6 | Non Student Day, No School |
| Tues. Jan 7 | School Resumes, 2:30pm Release Time |
| Wed. Jan. 15 | 7th & 8th Report Cards, view in Aeries |
| Wed. Jan 15 | K-6 Report Cards, view in Aeries |
| Mon. Jan 27 | 100th Day of School |
| Mon. Jan 20 | Martin Luther King, No School |
| Feb. 3-7 | Conference Week, Early Release 1:30pm |
| Fri. Feb. 14 | 8th Grade Day at LHS |
| Mon. Feb 10 & 17 | No School, Lincoln/President's Day Observed |

Principal's Message



Hello and welcome to 2025. I trust everyone had an enjoyable and relaxing break over the holidays and are ready for an exciting new year.

"We spend January 1 walking through our lives, room by room, drawing up a list of work to be done, cracks to be patched. Maybe this year, to balance the list, we ought to walk through the rooms of our lives...not looking for flaws, but for potential." —Ellen Goodman

Character Education Trait of the Month

January Character Education Words are:

Grit and Resilience

Grit and Resilience is the perseverance in doing something despite difficulty in achieving success. It is *demonstrated* by not giving up, setting personal goals, pushing until the end, with positivity and a determination to succeed.

I ran across this statement the other day and it really struck a chord with me. We spend so much time in our lives looking for what is wrong or broken that we miss so much. I understand that is a necessity as we must work to right wrongs when we encounter them. But it seems, sometimes, that is all we can see and I categorically refuse to believe that. There is incredible good in this world. I see it in our children's faces everyday. That spark that fires in their eyes when they "get it", that unashamed joy of running and playing with their friends make it all worthwhile. Do they have bad times on occasion, yes, we all do. But we will continue to focus on the positive because, "Great Things Happen Here!"

Sincerely,

*Lance Morrow, Principal, Colonial Heights
Angela Morales, Assistant Principal, Colonial Heights
"Great Things Happen Here"*

Character Education Word(s) for the month of December: Gratitude

TK: De'vaiyah, Zyanya

Kinder: Anastasia, Maximus, Khalia

Kinder: Danilo, Esmerelda, Kamayah

1st: Elora, Saphora

1st: Galilea, Arlette

2nd: Avery, Avamarie

2nd: Ezekiel, Anniyah

3rd: Jesse

3rd: Sophia, Benjamin

3rd: Josiah, Averie

4th: Anamaria, Delayza

4th: Paige, Mia, Frank

5th: Sydney, Angel

5th: Alexis Z., Eli V.

6th: Andres E., Anabelle

6th: Aden, Maya

7 / 8: Matthew, Kailanah

Counselor's Corner

Happy New Year! We wanted to start by extending a big "Thank You" to everyone who donated blankets and



LOOK HERE!

EVERY FRIDAY IS SCHOOL SPIRIT DAY
WEAR SCHOOL SPIRIT ATTIRE OR BLUE AND GRAY
SHOW YOUR COUGAR PRIDE!



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socks toward our December Character Education Compassion Project. All items were donated to the Gospel Center Rescue Mission in Stockton. They were so appreciative and wanted to let you all know how important your donations were to serving the families of San Joaquin County this Winter. Thank you!

We are looking forward to a brand new year with all of you. *Mrs. Gillig and Mrs. Reed want you to know our door is always open and we encourage you to reach out with any needs your student has and/or concerns that may arise. We are available to provide school based counseling services and/or assist you with community referrals that may best suit your families needs. Feel free to reach out any time, we are here to help!*

All the Best, Mrs. Gillig & Mrs. Reed
Mrs. Gillig - agillig@lusd.net
Mrs. Reed - creed@lusd.net

Phone - 209-953-8783 (school office)
953-8792 (counselor's office)



Instagram: @gilligs_counseling_connection

Cheryl's Closet 2024-2025

Cheryl's closet is a place where our students and families can access gently used or new items like clothing (for example jackets, sweatshirts, t-shirts, new undergarments, etc.), toiletries (for example soap, toothpaste, deodorant, etc.) and school supplies like backpacks, pencils, folders and notebooks to name a few.

There is no cost for the items in Cheryl's Closet. If your family would like some items, please contact your student's teacher or our school counselor Mrs. Gillig. Students can also visit Cheryl's closet during the school day to obtain needed items.

Would YOU like to donate? Cheryl's Closet is currently in need of the following donations:

- *Leggings/ sweat pants with elastic waist (boys-girls/all sizes)
- *New underwear/socks (boys-girls/all sizes)
- *Sweatshirts - boys-girls/all sizes
- *School Supplies - folders, binders, notebooks

Thank you in advance for your generosity! Donations may be delivered to our front office.

Thank you for supporting Cheryl's Closet!



Drop Off / Pick Up



Students must **NOT be dropped off before 7:40 AM**, when the gates open. This is for their safety. **There is no supervision prior to that time.**

Please pick up your student promptly when school is released.
Early Release on Monday's at 1:30PM
Tuesday thru Friday, students are released at 2:30PM

SAFETY CORNER WITH OFFICER RAIKES

Please utilize both parking lots when dropping off and picking up students before and after school to minimize traffic in the kiss and go lane.

Some Safety Tips from Officer Raikes

- Drive slowly and cautiously while in the school zone
- Pick up your child in a timely manner after school
- Show your child how to dial 911 and from where
- Provide your child's school with current emergency information
- Make sure your child knows his or her full name, address, and phone number
- Make sure your child knows to stay away from strangers and to yell for help if approached
- Do not drop off and pick up students at the building next to the CH parking lot (East), for business use only
- Parents, please drop off at the curb

Thank you,
Officer Raikes

PTSA EVENTS FOR 2025

- PTSA Dance February 14th at 5:30PM
- PTSA Book Fair March 3-7
- Read Across America March 2-6
- PTSA Movie Night April TBA

Don't forget, Lincoln offers a Fee-Based, Full Day Preschool.

Our program operates on the Lincoln Annex campus (2020 West Swain Road), Monday through Friday from 7:30am to 5pm.

The cost is a flat rate of \$30 per day, billed monthly, following Lincoln Unified's school calendar for the year.

To enroll in our fee-based, full day preschool program, your child must be toilet trained, 3 or 4 years old (priority to children who are 4 years old or will turn 4 by Sept 1st), live within Lincoln Unified school district boundaries or have a family member employed with Lincoln Unified.

Step 1: Add your preschooler to our current waitlist
<https://docs.google.com/forms/d/e/1FAIpQLSevmdxNGIH>



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Colonial Heights Elementary School
Order Your 24-25
YEARBOOK!

Pricer per Yearbook:
\$22 + tax

\$25 after January 31st

shoobphoto.com
209-567-0748

[mhAJgxMQqx8B-pr4xRr6eXZNHslQZDOC-ynSnvA/viewform](https://mhaJgxMQqx8B-pr4xRr6eXZNHslQZDOC-ynSnvA/viewform).

Step 2: ECE Staff will call families to schedule an enrollment appointment from our waitlist in priority order. Enrollment appointments will take place at the Early Childhood Education Office (2016 Paloma Ave). Once you have an appointment, ECE Staff will provide you with an enrollment packet to complete and bring, along with all other required documents, to your enrollment appointment.

If you have any questions about this process, please call Judy Smith (209 953-8731) or email jsmith@lUSD.net.

ABSENCES

Attention Parents: Please call the Colonial Heights office at 209-953-8783 or send a message on parent square to clear your student(s) absences. Excused absences must be cleared within 48 hours after the student returns to school. Thank you!

ATTENTION 6th GRADE PARENTS

Proof of the TDAP BOOSTER MUST BE SUBMITTED to your school office by March 21, 2025

NO SHOT/NO SCHOOL ADMITTANCE
For incoming 7th graders

Need School Supplies?

Is your student in need of school supplies? Need a new backpack? Please contact Mrs. Gillig agillig@lUSD.net or your child's teacher.. We can help! We have school supplies and backpacks available on campus through Cheryl's Closet.

Math and Science Night **LEGO Personal Learning Kit Projects**

For those families that took home a "Personal Learning Kit" from our Math/Science Night we will be sharing some fun activities your family can do with the Kit in each month's newsletter. Here are 5 for January..

- [Brick-tionary](#) Think Pictionary but with bricks!
- [Build a Shape](#) Explore different ways to make shapes.
- [Building Bridges](#) Can you build a bridge with LEGO bricks?
- [Chair for Mr. Bear](#) Can you design a solution for a specific purpose?
- [Characters](#) How can we describe characters in a story?

Updated Cell Phone Policy for 2024-25 School Year

We would like to follow up on recently announced changes to our cell phone policy for the 2024-25 school year. As stated in a letter sent home to parents and guardians, students will not be able to use their cell phones during instructional time. Students will be required to place their phones in an identified space in their classrooms, and their phones will need to be turned off.

We want to reiterate that students will place their own cell phones in an assigned area inside their classroom at the start of each class period or school day, and personally retrieve them when their class period or school day is over. At our high school campuses, students will have access to their phones during passing periods and at lunch.

In the case of an emergency at school, it is common to want to reach your student or have them contact you with updates. However, we want to prevent the spread of false or incomplete information during a crisis situation, and first responders and law enforcement recommend that we do whatever we can to keep this from happening. With this in mind,

Lincoln Unified School District is offering a series of workshops to help parents and guardians understand the resources available for our families. The information provided at these workshops is intended to help improve students' academic success and emotional well-being.

Parents and guardians may attend any of the following workshops:

- In-Person:**
 - January 7 at 10 AM: Parenting Skills
 - January 14 at 10 AM: Mental Health Awareness
 - January 21 at 10 AM: Healthy Habits
 - January 28 at 10 AM: Newcomer Resources
 - February 6 at 3:30 PM: Community Family Resources
 - February 13 at 3:30 PM: College Preparation
 - February 20 at 3:30 PM: Financial Literacy
 - February 27 at 3:30 PM: Youth and Electronic Addiction

Virtual:



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we will relay emergency information to parents and guardians as quickly as possible through ParentSquare. Each school in our district also has an administrative office phone that students may use to contact their families.

- January 9 at 3:30 PM: Parenting Skills
- January 16 at 3:30 PM: Mental Health Awareness
- January 23 at 3:30 PM: Healthy Habits
- January 30 at 3:30 PM: Newcomer Resources
- February 4 at 10 AM: Community Family Resources
- February 11 at 10 AM: College Preparation
- February 18 at 10 AM: Financial Literacy
- February 25 at 10 AM: Youth and Electronic Addiction

All in-person workshops will be held in Room 402 of our Swain Annex building at 2020 West Swain Road in Stockton.

To RSVP, you may contact Adelita Margo-Rivera at 209-953-9552

**CH COUGARS:
PAYMENT ACCEPTED HERE**



We have a new online payment system! Just create an account, add your child and pay book and chromebook fines from home.

PAY LIBRARY FINES!

Scan the QR code or go to this website: <https://lincolnusd.graystep.com/>
Questions? Call Mrs. Blount @ 209-953-8785, lblount@lusd.net



LINCOLN UNIFIED ADULT SCHOOL

2024-25 REGISTRATION

ENGLISH LANGUAGE FOR ADULTS

Open Enrollment from August – May
Free in-person classes offering practice skills in Reading, Writing, Listening and Speaking in a welcoming learning community.

English Language class options:

- | | |
|--|--|
| 1 Monday & Wednesday Beginning Level 8:30-11:30am | 2 Tuesday & Thursday Intermediate/ Advanced Level 8:30-11:30am |
| Intermediate/ Advanced Level 12:00-3:00pm | Beginning Level 3:00-6:00pm |

Enrollment steps required

- 2024-25 Registration form
- 2 hour Casas Assessment
- Review class placement based on test results
- Complete 1 hour Orientation
- Confirm assigned schedule and start date

Reserve your Spot
Space is Limited



Scan QR Code or
Contact office

(209)953-9710 gmartinez@lusd.net

2020 W. Swain Rd.
Stockton, CA 95207 lusd.net



Be A
School Wellness
Champion

We need your help to make our school healthier!

Children spend most of their day at school. So, it's important that they have healthy foods and drinks while they are there. Good nutrition also helps kids learn better at school. Our school wellness policy tells how our school is making the healthy choice, the easy choice for kids. Parents can help update the school wellness policy and to put it into action.

4 ways you can help:

- 1 Join the school wellness committee.** Our next meeting is on December 19th, 2024 4:00pm Via Zoom. The wellness committee meets twice a year and works on projects to help make our school healthier. You do not need any special training to be on the committee, just an interest in keeping our school healthy!
 - 2 Read the school wellness policy** Available on our District website. https://www.schoolnutritionandfitness.com/schools/lusd_0705122152323618/wellness/Wellness_Policy.pdf
 - 3 Support classroom and school events** to have healthy foods and get kids physically active. Keep the wellness policy in mind when planning what foods and beverages to have at events and celebrations.
 - 4 Stay Informed.** Check your school sites news letters and the child nutrition web page for updates and information.
- For questions or more information, contact: Child Nutrition [953-8655]

Meeting Zoom Link:
<https://lusd-net.zoom.us/j/933805571052?pwd=MVl1CkRvFSeRgSahq1TgeBHbd5V7gH.1>

Thursday December 19th, 2024
4:00pm

Major topics in the policy are:

- Nutrition education and promotion
- Physical activity
- Other wellness activities (such as school gardens and walk/bike to school)
- Nutrition standards for all foods and drinks sold to kids at school
- Foods and drinks that may be given to students (such as at classroom celebrations or foods given as rewards for behavior)
- Food and beverage marketing

We are looking forward to working with you to ensure our school continues to be a healthy place that supports growth and learning.

**Better Health =
Better Learners**



Child care made easy.

APPLY
for child care in SJ County!



Because kids.

*Eligibility requirements for Child Care Payment Assistance have been updated! Apply today, even if you've applied in the past!



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LINCOLN HIGH SCHOOL OPEN HOUSE

THURSDAY, FEBRUARY 20, 2025
6:00 PM TO 8:00 PM IN THE LHS GYM

Food Trucks beginning at 5 pm

Current LUSD 8th graders, parents/guardians and all potential new high school families are invited to attend the LHS Open House. You will have the opportunity to learn about our different programs and meet staff from every department. We will be showcasing many of the student-run clubs and organizations that LHS has to offer. It will be a fun and informative night.

PRESENTATIONS PRACTICE GYM

4 Year Plan / College & Career

In this presentation, LHS counselors will discuss how to complete a four-year plan to meet graduation, college entrance and NCAA / NAIA requirements. They will also discuss what services and resources are available in the College and Career center.

Presentations at: 6:00 - 6:20 and 7:00 - 7:20

Athletics / Student Activities

In this presentation, you will learn all about Lincoln athletics. This includes the sports offerings and the steps on how to get athletic clearance to participate in sports. This presentation will also have information about student activities, events and clubs / student organizations

Presentations at: 6:30 - 6:50 and 7:30 - 7:50

lincolnhigh.org

