



# Welcome to Oceana High School

Open House 2024

# Block Schedule

- Allows more depth
- Alternating classes
- Similar to college
  - Prepares students for a college-level pace

MON	TUES	WED	THUR	FRI
1°/2°	1°/2°	1°/2°	1°/2°	1°/2°
FLEX	FLEX	3°/4°	FLEX	ADV.
3°/4°	3°/4°	5°/6°	3°/4°	3°/4°
5°/6°	5°/6°		5°/6°	5°/6°

# Oceana's Rigorous Curriculum

- 4 years of Humanities
  - College prep & AP
- Senior Exhibition
  - Year-long research
  - Mentor support



# Courses Offered at Oceana

- All foundational math & science
  - + Statistics, Physics, Envi Sci, Physiology, and Health
- 4 years of Spanish
- Visual/Theater Arts + Sculpture
  - + New all-inclusive Band class!
- Multitude of electives
  - Computer Science
  - Culinary Arts
  - Creative Writing

## AP Classes:

- AP Literature
- AP U.S. History
- AP Language
- AP U.S Government
- AP Calculus
- AP Chemistry
- AP Spanish
- AP Psychology



## Colleges/Universities 2024 Graduates Attend

UCLA  
UC Santa Barbara  
UC Santa Cruz  
UC Davis  
UC Berkeley  
University of San Francisco  
Brown University  
Cornell University  
Dominican University  
Oregon State University  
University of Oregon  
University of Illinois  
Urbana-Champaign  
Whitman College  
New York University  
UNSW Sydney

CSU Monterey Bay  
CSU Sacramento  
CSU of San Marcos  
CSU Long Beach  
CSU Fullerton  
Cal Poly SLO  
Cal Poly Pomona  
Humboldt State University  
San Francisco State  
San Diego State  
San Jose State  
Sonoma State University  
St. Mary's College  
Academy of Arts SF  
Chabot Community College  
College of San Mateo

Skyline College  
City College of San Francisco

# 9/10 House

- Transition to high school
- Builds community
- Reduces anxiety
- Prevents sophomore slump
- “Friends for all four years”

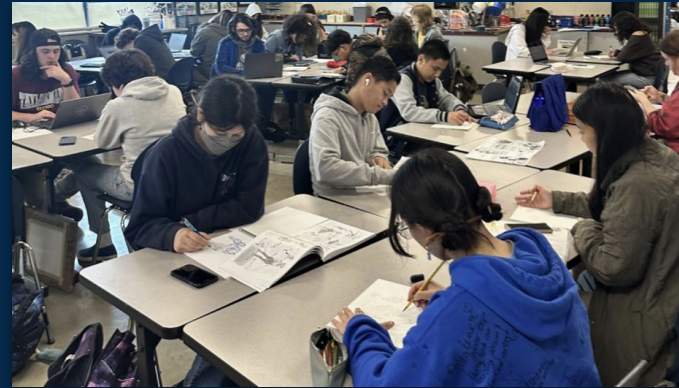
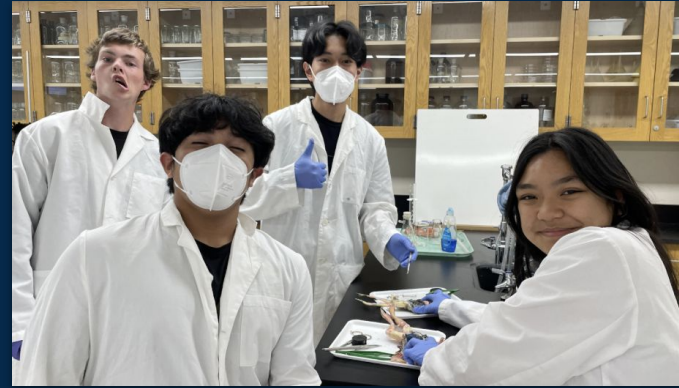


# Extracurricular Activities

- Student-Led Clubs
  - Creative Writing, Ocean Conservation, Volleyball, etc.
- Athletics Teams
  - Wrestling, basketball, tennis, etc.
- Yearbook
- Garden
- Be the Change
- Sex Ed Squad
- Mock Trial









# Athletics

## Fall:

- Cross Country
- Girls Tennis

## Winter:

- Wrestling
- Basketball
- Soccer



## Spring:

- Swimming
- Track & Field
- Boys Tennis

## Year-round:

- Cheer

# Community Service

- 100 hours to graduate
  - 25 per year
- Non-profit organizations
- Through clubs
  - Ocean Conservation
  - Sex-Ed Squad
  - Be the Change
- Useful for college apps & scholarships





# Interim

- Washington D.C.
- Art in the Bay Area
- Photographing SF
- Adventure at the Zoo
- Escape Room: Puzzlemania
- Screenwriting/Moviemaking
- Hoops and Strength Training
- College Exploration
- *And more!*



# Student Life

- Citizens in a democratic society
- Supported by ASB (student government)
- Consistent, spaced-out events
  - Rallies
  - Dances
  - Fairs
  - Fests
- Constant engagement; voices heard

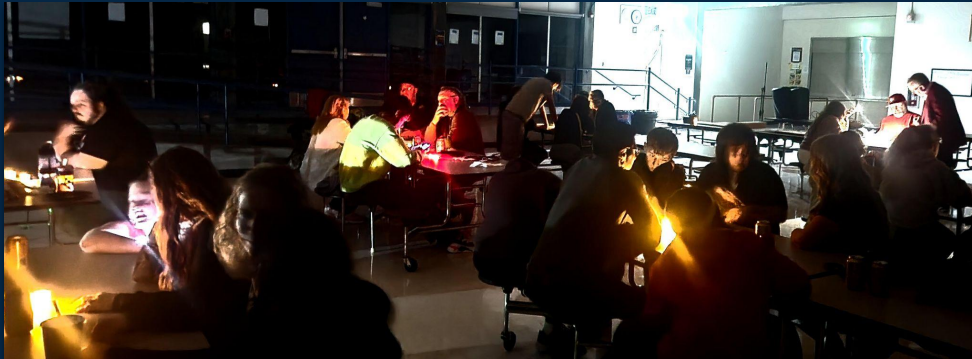
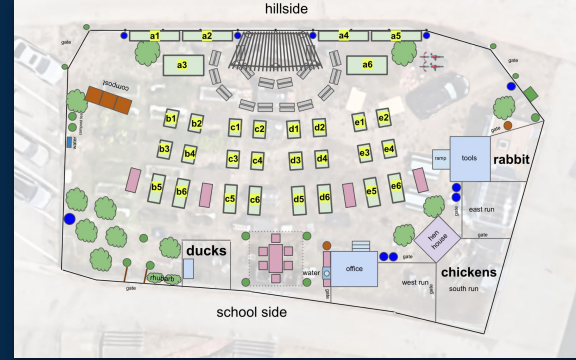








# The Parent Perspective



# Groups – the dot on the top right corner of your folder

**Pink** – Group A

**Yellow** – Group B

**Blue** – Group C

**Green** – Group D

**Orange** – Group E