



AVID Monthly

JURUPA HILLS
HIGH SCHOOL

September 13, 2024



We're so happy you are here!

Welcome to our *new* AVID newsletter! We are thrilled to share with you the latest information regarding our program here at Jurupa Hills High School.

Firstly, we are excited to be able to share that a select number of AVID sophomores and juniors will go on the annual college trip to the following schools: Cal Baptist, La Sierra, Chapman, CSU Long Beach, UC Irvine, UC San Diego, University of San Diego, San Diego State, CSU San Marcos, and UC Riverside. These students have demonstrated exceptional grades and college-readiness. Congratulations to our AVID Trip Invitees!

We would also like to remind all staff and students that every Wednesday is "College Day". Please wear your favorite college attire!

Looking ahead, we will be hosting our "College Kick-Off" event in October. More information coming soon.

Finally, we want to remind everyone that AVID strives for ALL students to be college and career ready. Did you know that college does not just mean a four year university? Trade schools, community colleges, and apprenticeship programs all count as higher education opportunities.

If you ever need assistance with college readiness strategies, the AVID team is here to help!

Enjoy this month's newsletter!

In this newsletter you can expect:

WICOR Strategy
of the Month

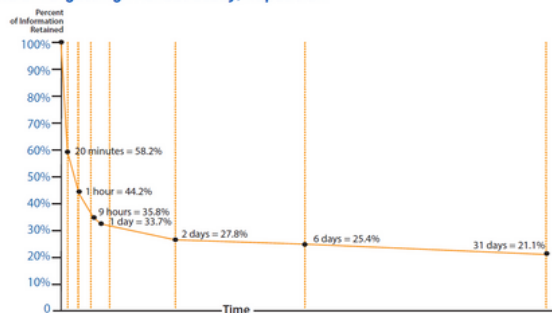
College Kick-Off

AVID Teacher
Tips

Peer-to-Peer
Tutoring

Jurupa Hills AVID x

Rate of Forgetting Without Study/Repetition



WICOR Strategy of the Month

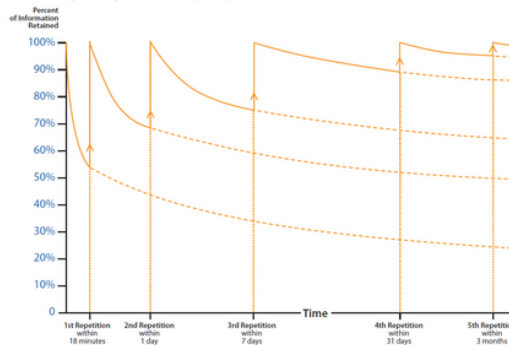
W - Writing

I - Inquiry
C - Collaboration
O - Organization
R - Reading

This writing strategy is known as **FOCUSED NOTE TAKING (FNT)**

This month's focus is on "Writing". Students who write consider the audience & purpose, engage in various writing processes to address specific situations, support their thinking, and demonstrate understanding.

Rate of Forgetting With Study/Repetition



Writing does not have to be a long essay or tedious paragraph. In fact, when you take notes, that can count as writing. Did you know, you should be writing on your notes even AFTER you take them?

It is important to review your notes multiple times after writing them. This helps to keep the "Rate of Forgetting" (see photos) from dropping.

So pull out those notes, add some additional questions, reorganize them, highlight important ideas, and clarify concepts that you may have missed the first time around.

Aligns with ATLs:

Research, Communication, Thinking



AVID Teacher Tips



Mrs. Knight

The best way to get ahead is to know where you're going.

It is still early in the school year! Check Q every day to make sure you are not missing assignments. It is much easier to get on top of your work now.

Mrs. Santiago

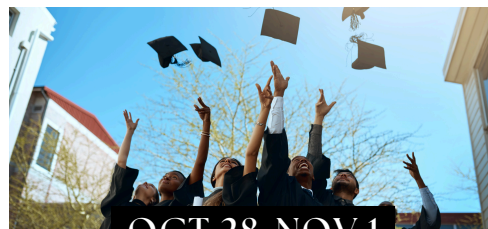
It's really important to ask questions and learn how to ask questions in the right way to guide your thinking toward answers.

Start with what you know and then keep going from there. Once you've reached a point that you can't explain more, think about what you want to know about the topic.

Nobody knows EVERYTHING, so that means everyone has questions at some point.



Questions don't always mean that you don't know, sometimes it means you want to know MORE.



OCT 28-NOV 1

College Kick-Off

College Applications are opening, and Seniors are beginning the journey for the next steps of their educational journeys. AVID wants to help them as they explore their options! We will be hosting a variety of activities throughout the week to provide information and fun for all students to see what paths they may choose to take in their future. Activities will include:

- Lunchtime activities
- College mascot trivia
- College promotional videos
- And more!

Featured College

CSUSB



California State University of San Bernardino
4 Year University

Mascot: Coyote

Location: San Bernardino, CA

Tuition: \$7486/year

Top 5 Majors: Business, Psychology, Social Science, Nursing, Criminal Justice

Entrance Requirements: A-G Requirements with a 'C' or better, 2.5 GPA

AVID Staff Alumni: Mrs. Dabney, Mrs. Knight



CSUSB has a wide array of majors and minors and is one of the easier CSU schools to get accepted into. However, the most popular major, Nursing, is severely impacted and you will face stiff competition to be accepted into that particular program. Other majors do not have as much competition.

The campus itself is nestled in the foothills of the San Bernardino Mountains, offering stunning views and a serene atmosphere conducive to both study and relaxation. The university is known for its diverse student body and inclusive environment, welcoming students from all walks of life. It also offers extensive support services, including academic advising, career counseling, and mental health resources, ensuring that students have the support they need to succeed both academically and personally.

In addition to its academic programs, CSUSB provides a vibrant campus life with numerous clubs, organizations, and sports teams. Students can engage in a variety of extracurricular activities, from joining the student government to participating in cultural clubs or athletic events. The Coyote Athletics teams compete in the NCAA Division II, and there's always a game or event to attend, fostering a strong sense of community and school spirit.

WANT TO
SUGGEST A
FEATURED
COLLEGE?
SCAN THIS
QR CODE:



Peer-to-Peer Tutoring

School can be tough- we get it!
AVID has partnered with CSF, IB Club, Link Crew, and NHS to bring a new tutoring program to JHills.

If you need help with any of your classes, you are welcome to meet us in Ambrosia Cafe every Wednesday from 2:15 to 3:30.

Current AVID students, there will be opportunities for you to make up tutorials if you were absent on an original tutorial day. You must sign in at the correct table in order to receive credit.

