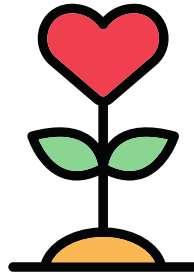
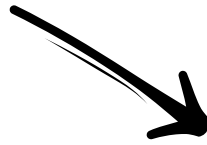


COUNSELOR'S CORNER



January Confidence



I hope this message finds you well and filled with the peace of Christ. As we journey together through this season, I want to take a moment to reflect on the importance of confidence—confidence that is rooted in our faith in Jesus Christ. Working with students on a daily basis, I am saddened to hear all of the negative self talk and constant comparison to others. In the month of January I want to bring attention to self esteem in hopes that with your support at home we can help change some of these negative thoughts and focus on all of the wonderful gifts God has given us.

In a world that often measures worth by outward success and comparison, it can be challenging for our children to develop a strong sense of self-assurance. However, as believers, we have a different source of confidence: God's unwavering love for us. True confidence comes not from what we can achieve on our own, but from knowing that we are chosen, loved, and empowered by God.

The Bible speaks often about confidence, but it is not the type of confidence that relies on human strength or status. It is the confidence that comes from knowing that God is always with us, guiding us, and equipping us for whatever challenges lie ahead. As the Apostle Paul writes in Philippians 4:13, "I can do all things through Christ who strengthens me."

This is the kind of confidence we want to nurture in our children—confidence that is not based on perfection, but on the perfect love of God. We can teach them that their identity is not found in the approval of others or in worldly achievements, but in the fact that they are beloved children of God.

Upcoming Events

- 01/06/25: First day back from break
- 01/10/25: Report cards issued
- 01/14 & 01/16/25: Evening Conferences
- 01/21-01/24/25: Spirit week



Parenting Resources: CONFIDENCE AT HOME

ENSTILL A HEART OF GRATITUDE	REMINDE THEM TO SEE GOD'S HAND IN EVERY PART OF THEIR LIVES AND TO THANK HIM FOR THE ABILITIES AND OPPORTUNITIES THEY HAVE.
AFFIRM GOD GIVEN GIFTS	HELP YOUR CHILD UNDERSTAND THAT THEIR STRENGTHS AND TALENTS ARE GIFTS FROM GOD, MEANT TO BE USED FOR HIS GLORY.
GROWTH MINDSET WITH FAITH	When your child faces a challenge, remind them that God's strength is made perfect in our weakness (2 Corinthians 12:9). Rather than focusing on failure, help them to view setbacks as opportunities for growth, trusting that God is shaping them..
LEAD BY EXAMPLE	CHILDREN LEARN BY OBSERVING. WHEN THEY SEE YOU TRUSTING GOD IN YOUR OWN LIFE, WHETHER IN TIMES OF JOY OR DIFFICULTY, IT DEMONSTRATES THE POWER OF FAITH-FILLED CONFIDENCE.
EMPHASIZE GOD'S PROMISES	ENCOURAGE YOUR CHILDREN TO MEMORIZE SCRIPTURE THAT REINFORCES THEIR CONFIDENCE IN CHRIST. VERSES LIKE ISAIAH 41:10, "DO NOT FEAR, FOR I AM WITH YOU; DO NOT BE DISMAYED, FOR I AM YOUR GOD. I WILL STRENGTHEN YOU AND HELP YOU; I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND," ARE POWERFUL REMINDERS THAT THEY ARE NEVER ALONE.

Confidence Scripture



Hebrews 10:35-36: "Do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised"

2 Timothy 1:7: "For God has not given us a spirit of fear and timidity but of power, love, and self-discipline"

Proverbs 3:26: "For the Lord will be your confidence and will keep your foot from being caught"

Philippians 4:13: "I can do all this through him who gives me strength"

