



Comprehensive Sexuality Education Memo to the Saratoga Union School District Community

In January of 2016, the state of California passed the California Healthy Youth Act (CHYA), which mandates comprehensive sexual education at least once in grades 7 or 8. While SUSD has been teaching human growth and development in grades 5 and 7 for many years, the middle school curriculum is no longer compliant with the new law.

The law mandates that all California school districts provide students with comprehensive sexual health education at least once in middle school (Grade 7 or 8) and high school. To learn more about the law and the content required review these [Frequently Asked Questions](#).

In November 2016, SUSD formed a Comprehensive Sexuality Education (CSE) Working Group, comprised of district teachers, nurse, administrators, board members, and community members, in partnership with the Director of the Bay Area Communities for Health Education. The role of the CSE Working Group includes reviewing and discussing curricula and supplemental programs/materials, as well as bringing forth recommendations for the school board to approve.

Here is the proposed timeline for this work:

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| Nov 2016 - June 2017: | CSE Working Group meetings: learning about the CHYA law, development of process, consideration of community and student needs, evaluation of curriculum materials |
| May 2017: | Status quo: 7th grade Human Growth and Development curriculum (current curriculum in place for many years addressing some health standards which do not yet incorporate the new health standards) |
| Spring 2017: | Parent Education Workshops (April 18 and May 2 - information below) |
| Fall 2017 - Spring 2018 | CSE Working Group continues meeting/researching new |

standards and curriculum Teacher/Parent preview of potential CSE programs 5th and 8th grade pilot programs for in-depth examination

Winter 2018: Recommendation of CSE curriculum to SUSD Board of Trustees for adoption

Spring 2018 Professional Development planned for implementation of CSE curriculum in 5th and 8th grade (shifted from 7th to 8th grade in SUSD)

This spring, the CSE Working Group will hold two parent workshops which will help parents:

April 18th:

- Understand the new state requirements as defined in the CA Healthy Youth Act
- Briefly review scientific data that show how CSE improves overall health outcomes as well as academic outcomes for students
- Become acquainted with the objectives of the CSE Working Group and the process that the Group is using to develop a Scope and Sequence for CSE for the Saratoga Union School District.

May 2nd:

- Learn about the social, emotional, and physical development of children, and how to create an ongoing, age-appropriate dialogue with kids at any age and stage.
- Establish themselves as their child's main resource for information
- Gain tools for initiating conversations with their child and answering their tricky questions.

Please join us on **Tuesday, April 18th** at 6:30 - 8 pm and/or **Tuesday May 2nd** at 6:30 - 8 pm. Both presentations will be at the Redwood Middle School Library. Mandarin translation will be available at both presentations.

Questions or comments: educationalservices@saratogausd.org