



Welcome Back!

2017-2018 School Year

School Nutrition Menus:

There's an App for That!

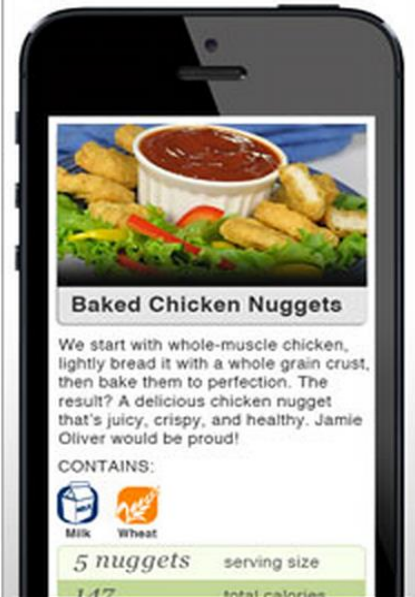
- Nutrition Information
- Menu Description
- Carb Counts
- Allergen Information

How to Download Nutrislice App:
Search for “School Lunch by Nutrislice”
on Google Play or the App Store

Or visit
nps.nutrislice.com



**Menus to go,
coming right up**



Available on the
App Store

ANDROID APP ON
Google play

2017-2018 Meal Prices

Elementary Student

- Breakfast \$0.90
- Lunch \$1.80

Secondary Student

- Breakfast \$0.90
- Lunch \$1.95

Meal Prices

- Students who qualify for free & reduced meals receive meals at no cost
- Adult pricing is a la carte and prices are located at the registers
- School Nutrition does not receive any financial reimbursement for adult meals.
- *Remember* – School Nutrition is self-funded: We do not receive any school board or city money. All expenses (food, supplies, equipment, salaries, etc) are paid with money generated from cafeteria sales in each school.

Community Eligibility Provision (CEP)

All kids eat free with no application required.

- BCEC
- **Booker T. Washington**
- Campostella
- Chesterfield Academy
- Coleman Place
- **Fairlawn**
- Granby Elementary
- Ingleside Elementary
- Jacox
- Lake Taylor Middle
- **Larrymore**
- Lindenwood
- Little Creek Elementary
- Little Creek Primary
- **Madison**
- Monroe
- **Northside**
- Norview Elementary
- **Norview Middle School**
- Oceanair Elementary
- PB Young
- Poplar Hills Elementary
- Richard Bowling Elementary
- Ruffner Middle
- **Sherwood Forest**
- St. Helena
- Suburban Park Elementary
- Tanners Creek Elementary
- Tidewater Park
- Willard Model Elementary

(Schools in bold are newly added CEP for 2017-18)



Breakfast in the Classroom (BIC)

- Now available to all schools!
- Strong principal and teacher support are keys to success
- All students may eat breakfast at no cost!
- If interested in this opportunity please contact your School Nutrition manager



Field Trips

- ▶ Field trip form titled 'Field Trip Lunch Order Form' must be received 10 days prior to field trip
- ▶ Field Trip forms obtained from School Nutrition Manager
- ▶ All students requesting a bag lunch must be documented and submitted to School Nutrition Manager

MyPaymentsPlus

- Parents can pre-pay online... and you can too!
- Account balance and record of sales
- Link on NPS & School Nutrition website
- Teachers: use leading zeros in front of employee number for username



MyPaymentsPlus: There's an app for that!

Payments in the
PALM of your **Hand**

Via the Smartphone App or MyPaymentsPlus.com

- Check account balances
- Monitor cafeteria purchase history
- Deposit funds and more

 **MyPaymentsPlus**SM
K-12 eManagement Solution



Offer vs. Serve

There are 5 Meal Components



Grain



Dairy



Fruit



Vegetable



Meat

Breakfast

At least 3 food items must be chosen
to make a meal.

Must include a fruit or vegetable.

Lunch

At least 3 food components must be
chosen for a meal.

Must include a fruit or vegetable.

New Menu Items for 2017-2018

- Fresh Fruit Salad added to cycle menu
- Greek Yogurt for parfaits and smoothies
- Bistro Box added to secondary schools
- Spring mix is added to all entrée salads
- New clean-label oven roasted chicken– *selected by our summer camp students!*
- Crab salad added to High School salad bars
- My Way Café is back by popular demand at all high schools!



School Nutrition will conduct taste testing events throughout the year, giving our students and faculty the opportunity to help create our menu!

If your class would like to participate in a taste test this year please contact your School Nutrition Manager.

Portions

- ▶ School meals are one of the last places in the U.S. where you can purchase a meal with the recommended serving sizes – No super sizing here
- ▶ All side dishes are ½ cup servings
- ▶ You may purchase an additional serving, however, we cannot serve “just a little bit more”



Positive Role Model

- Students look up to you.
- Please help us promote school meals in a positive manner – the meals we serve can be the most nutritious meals, and sometimes the only meals your students get.
- Always encourage your students to try new, healthy foods.



FREE LUNCH!!

We appreciate all that you do!

Join us for a free lunch on
Tuesday, September 26th, 2016.

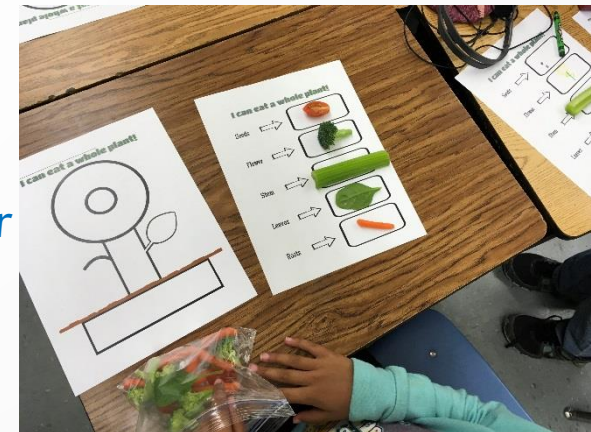
Lunch includes 1 entrée, 2 sides, and a choice of
milk or iced tea.

Nutrition Education in the Classroom

- Nutrition education helps students understand the importance of healthy eating and physical activity. It can inspire them to make healthier choices and change the way they view food for the rest of their life.
- Our School Dietitian is available to teach nutrition education upon request.
- Visit the department website for nutrition activities and curriculum options. **All activities and lesson plans can be adapted to meet SOL requirements.**



Nutrition Education Coordinator
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Nutrition Education in the Classroom

- **NEW**– reserve the Blender Bike for your class!
- Includes short nutrition education lesson/activity
- Hands-on practice to learn:
 - Measuring and math
 - Food safety
 - Team work
 - Physical fitness
 - Healthy eating



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School Nutrition Website

- All information found in this presentation can be found on our website:
www.npsk12.com/nutrition
- Additional website information includes:
 - Free/Reduced Application
 - Special Diet Information
 - Menus
 - Contacts