

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 9am - Powerlifting 10:45am - Varsity	31 10:45am - Varsity 6:30pm - Varsity	1	2 9am - Powerlifting 10:45am - Varsity 6:30pm - Varsity	3 9am - Powerlifting 10:45am - Varsity	4
5	6 3:15pm - Varsity 5pm - Jr. High Wrestling 5pm - Varsity Wrestling 7:45pm - Open Lift w/	7 3:15pm - Powerlifting	8 3:15pm - Varsity 5pm - Varsity Wrestling 7:30pm - Varsity	9 3:15pm - Powerlifting 5pm - Jr. High Wrestling	10 3:15pm - Powerlifting 7:45pm - Open Lift w/	11
12	13 3:15pm - Varsity 5pm - Jr. High Wrestling 5pm - Varsity Wrestling 5:45pm - Varsity 7:45pm - Open Lift w/	14 3:15pm - Powerlifting	15 3:15pm - Varsity 5pm - Varsity Wrestling 6:45pm - Varsity	16 3:15pm - Powerlifting 5pm - Jr. High Wrestling	17 3:15pm - Powerlifting 7:45pm - Open Lift w/	18
19	20 3:15pm - Varsity 5pm - Jr. High Wrestling 5pm - Varsity Wrestling 7:30pm - Varsity 7:45pm - Open Lift w/	21 3:15pm - Powerlifting	22 3:15pm - Varsity 5pm - Varsity Wrestling 7:30pm - Varsity	23 3:15pm - Powerlifting 5pm - Jr. High Wrestling	24 3:15pm - Powerlifting 7:45pm - Open Lift w/	25
26	27 3:15pm - Varsity 5pm - Jr. High Wrestling 5pm - Varsity Wrestling 7:30pm - Varsity 7:45pm - Open Lift w/	28 3:15pm - Powerlifting	29 3:15pm - Varsity 5pm - Varsity Wrestling 7:30pm - Varsity	30 3:15pm - Powerlifting 5pm - Jr. High Wrestling	31 3:15pm - Powerlifting 7:45pm - Open Lift w/	1