

Thompson Falls School District #2 shall provide equal educational opportunity and treatment for all students without regard to race, creed, color, national origin, sex, marital status, previous arrest or incarceration or non-program-related physical, sensory or mental handicaps as stated in board policy and MCA 49-2-307, 49-3-205.

# B L U E H a w k N e w s

## SKI PROGRAM

Ski season has arrived. Our fourth through eighth grade students have the opportunity for two trips to ski at LookOut Ski Resort. Each trip includes a lesson as well as a day to put that lesson into practice. Requirements for participating include: Students are eligible to participate if they have completed all assigned school work, and have no Fs in any subject area. Our first trip is scheduled for Friday, January 24th. Complete paperwork and payment must be returned by **Monday, January 13th**. Paperwork has been sent home with students and is available on our website at <https://tfes.thompsonfalls.net/ski-program>. Mrs. Amy Gilbert, fourth grade teacher, is the coordinator.

## PTO to MEET

Our PTO will hold their January meeting on **Tuesday, January 14th** at **5:00PM** in the Elementary. They will be planning future activities and are always eager for new members. The more folks they have the more activities they can provide for students and families.

## THANK YOU!!!

Winter brought a blanket of snow this week and we were very pleased to see students dressed appropriately! Parents, we appreciate you! We understand the energy and effort it takes! Per our handbook, students will participate in outdoor activities as long as the temperatures are 0 or above. Wind chill is factored in. If your student is in need of winter gear, please do not hesitate to call the office or reach out to Nurse Becky.

## 4th Grade to Attend Concert

Our fourth grade students have been invited to attend Sherlock Holmes and the Missing Maestal performed by the Missoula Youth Symphony on **Friday, January 31st**. They will travel to the Dennison Theater located on the University of Montana Campus. Mrs. Lisa Mickelson, our music teacher, is sending permission forms home with students today. Forms are also available on our website at <https://tfes.thompsonfalls.net/el-forms>

## BASKETBALL

We are looking for adult volunteers to help coach our kids on Saturday mornings and help organize games during halftime of high school games. If you are willing and able to help teach basic basketball skills and team concepts to players, please contact Mr. Dorscher immediately. Time commitment is only 1 hour each Saturday practice and one or two halftime performances. Schedule will be communicated once we have coaches for both boys and girls. We hope to begin January 18th.

## Important Happenings

- 1/9 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/10 FUN FRIDAY - Camo Day - wear your camo
- 1/10 Popcorn Friday - sponsored by CFValley Hospital
- 1/10 *Early out—2:05PM*
- 1/13 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/14 PTO Meeting - 5:00PM - Elementary
- 1/15 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/16 End of 2nd Quarter
- 1/16 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/17 **NO SCHOOL—PIR Day**
- 1/20 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/22 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/23 2nd Qtr Report Cards go home
- 1/23 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/24 1st Ski Trip—4th-8th Grade
- 1/24 *Early out—2:05PM*
- 1/27 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/29 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/30 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 1/31 *Early out—2:05PM*
- 1/31 4th Gr. Visit to Missoula Children’s Symphony
- 2/3 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 2/5 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 2/6 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 2/7 100th Day of School
- 2/10 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 2/12 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 2/13 REACH (after school program for Gr 3-8) 3:30-5:00PM
- 2/14 Classroom Valentine Parties
- 2/14 Popcorn Friday - sponsored by Jenny’s Travel Agency
- 2/17 Mid 3rd Quarter
- 2/21 **NO SCHOOL**

## Thompson Falls Elementary

Mr. Len Dorscher,  
Principal

School web site:  
<https://tfes.thompsonfalls.net>



ThompsonFallsSchools



**Teaching Values That Outshine Social Media**

Gifts come in many forms, such as gifts for birthdays as well as gifts during the holiday season. We believe that parents can give their kids many gifts year-round that are not necessarily related to calendars. These include giving kids the opportunity to acquire values and behaviors that will benefit them throughout their lives.

Kids are exposed to many forms of social media in our modern world clearly and these have a profound effect on our kids. Kids are also using social media apps at younger and younger ages. There are surveys that suggest that as many as 50% of children aged 10 to 12 years old, and 33% of children aged 7 to 9 years old, use social media apps. With such powerful external influences, parents often wonder.

- How can I reach my kids when they get so many messages that seem to say, “Who you are is not as important as how good you look or how many likes you have.”
- How can I get my children to avoid developing a sense of entitlement?
- How do I teach my kids the importance of hard work, honesty, and humility?

**Instead of telling your kids how to live, show them.**

Wise parents demonstrate honest respectful, kind, and responsible behavior to their kids. Simply stated, actions speak louder than words. The next time another driver cuts you off, or someone in your neighborhood needs help, treat the situation as an important opportunity to show your children how responsible, caring adults act.

**Talk about your values when they're eavesdropping.**

What we say in front of our kids is more important than what we say to them. When you do something responsible or caring, talk about it within earshot of you kids. For example, when your child is sitting nearby, you might share with your spouse, “The clerk at the store gave me ten dollars too much in change. I could have kept it, but I gave it back. I always feel better when I do the right thing!”

**Teach character and responsibility with empathy and consequences.**

At Love and Logic, we've found that the most effective parents allow children to make mistakes in safe situations. Kids develop character and positive values when they learn that poor decisions result in uncomfortable consequences. Parents who deliver consequences with anger raise kids who spend their lives feeling angry or fearful, and who reject the values of their parents. If those same parents replace anger with empathy, their children begin to see them as caring and recognize that their values are important.

For more than four decades, Love and Logic has helped parents with these life-changing tips. For more help in this age of social media pressure, listen to my new audio, [Healthy Kids and Families in a Technology-Filled World](#).

***Each week we will share Love & Logic tips here. We also have many Love & Logic resources available for loan.***

***Contact our school counselor, Ms. Taylour Freed, for more info.***