

## **FAMILY & CONSUMER SCIENCE**

All Family/Consumer Science courses meet the Fine and Practical Arts graduation requirement. Courses cover life skills and family relations, foods and nutrition, child development and careers.

**EARLY CHILDHOOD EDUCATION 101 (ECE 101) – 099080**  
**GUIDANCE STRATEGIES FOR YOUNG CHILDREN (ECE 103) – 099090**  
**(2 Period- Block)**



**11, 12**                      **1.0 credit** (0.5 credit for ECE 101 and 0.5 credit for ECE 103)

This introduction to Early Childhood Education course is designed to provide the skills needed to secure employment as a teaching assistant in a childcare center, preschool, or elementary school. It focuses on ages birth to eight. It explores theories, applications, goals, and techniques as well as factors that influence behavioral expectations of children. Students enrolled in the program receive training in the classroom setting and in a licensed childcare facility. Learning throughout the semester is focused on the eight key areas of professional knowledge: Child growth and development; Health, nutrition, and safety; Developmentally appropriate practices; Guidance; Family and community relationships; Diversity; Professionalism; Administration and supervision. Students may earn 0.5 credit for ECE 101 and 0.5 credit for Guidance Strategies for Young Children (ECE 103).

**\*\*Students will need to register for both of these classes for the semester for CTE reporting purposes.**

### **CULINARY NUTRITION – 7608**

**11, 12**    **.5 credit**

The purpose of this course is to develop lifelong, healthy individuals with an understanding of healthy nutritious preparation techniques utilizing various resources and skills. Emphasis is placed on implementing healthy nutritional choices, preparing nutrient-dense seasonal foods, sports nutrition, exploring careers related to culinary nutrition, and practicing wise consumer decisions.

### **LIFE MANAGEMENT - 099190**

**11, 12**    **.5 credit**

Students will develop decision-making skills to become educated consumers with an understanding and academic knowledge of consumer resources and financial organizations. The course focuses on personal and family resources, job and career, personal and family finances, and wellness. (Relevant topics include: independent living, healthy lifestyles, career research and job portfolios, personal financial literacy, investments, credit, insurance, leasing vs. purchasing of autos).

Students in the following classes are given the opportunity to observe and work in the Early Learning Center:

- Early Childhood Education 101 (ECE 101)
- Guidance Strategies for Young Children (ECE103)
- Infant and Toddler Theory and Practice (ECE 111)
- Introduction to Early Childhood Lab Techniques (ECE 102)

Additional credit is given for students working in the Early Learning Center during ECE Practicum.

Additional Benefits: Career and Technical Student Organization (CTSO) participation through FCCLA

<b>FCS - Education and Training Pathway</b>	
<b>Entry-Level</b>	Culinary Nutrition Life Management
<b>Intermediate</b>	Early Childhood Education 101 Guidance Strategies for Young Children Infant and Toddler Theory and Practice Introduction to Early Childhood Lab Techniques
<b>Additional Benefits</b>	CTSO Participation: FCCLA Work-based learning in the Early Learning Center



## FCS-Education and Training



### **ENTRY-LEVEL:**

Culinary Nutrition  
 Life Management



### **INTERMEDIATE:**

Early Childhood Education 101 S1 &  
 Guidance Strategies for Young Children S2



### **ADVANCED:**

Work Based Learning: FCS

#### **P-TEACH courses available at FutureForward at Bollman:**

P-TEACH Internship

\*UEDU 1930 Intro to Socially Just Teaching I

\*UEDU Intro to 1931 Socially Just Teaching II

\*LCRT 2000 Rebels, Villains and Superheroes



### **ADDITIONAL BENEFITS:**

CTSO Participation: FCCLA

Work-based Learning in Bright Horizons Preschool

On-the-job Work-based Learning Credit Available

College credit opportunities, leadership development or certifications from:

