

# SPARK

Special Education Parents  
Accessing Resources & Knowledge



## MENTAL HEALTH AND EMOTIONAL REGULATION USING A PLAY-BASED APPROACH

MONDAY, FEBRUARY 24, 2025

VIRTUAL MEETING

7:00PM – 8:30 PM

Megan Cunningham MSW, LCSW, Director of Mental Health Services at In2great Pediatric Therapy will join us to take a deeper dive on the topic of mental health and emotional regulation. Taking a closer look at supporting children and meeting them where they are at and how utilizing a play-based approach can be beneficial.

Please feel free to submit questions prior to the event to [alysakimpowell@gmail.com](mailto:alysakimpowell@gmail.com).

SPARK serves families of children with disabilities in Community Consolidated School District 15 and beyond. SPARK hosts monthly meetings providing parents information to help them in their current and future steps of the journey of parenting children with disabilities.

- Relevant programs and resources related to special education
- Opportunities to network, receive support and help
- Connections for parents with outside sources
- Meetings feature speakers from within the district and outside speakers

SCAN FOR  
MEETING LINK:



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