

Hancock County High School Lunch & Breakfast Menu

Effective January-May

HOMESTYLE LUNCH LINE (LEFT SIDE)- Week 1					
Monday	Boneless Wings 10g, BBQ 17g or Grilled Cheese 30g Dinner Roll 27g French Fries 15.84g Steamed Carrots 6g Fruit 10g/ Juice 15g Milk 20g	Tuesday	Chili 12g Grilled Cheese 30g Pickle Spear 1g Fresh Carrots 18g Fruit 10g / Juice 15g Milk 20g	Wednesday	Pulled Pork 8g Nachos 29g French Fries 15.84g Baked Beans 30g Fruit 10g/ Juice 15g Milk 20g
				Thursday	Chicken 2.3g, pasta 14g Alfredo 2.2g Green Beans 4g WG Breadstick 26g Fresh Carrots 18g Fruit 10g / Juice 15g Milk 20g
				Friday	Pizza Slice Pepperoni 43g/Cheese 27g Fresh Side Salad 2g Steamed Corn 12g Fruit 10g/ Juice 15g Milk 20g
					Jan 6-10, Jan 20-24, Feb 3-7, 17-21 March 3-7, March 17-21 April 7-11, April 21-25 May 5-9, May 19-23

HOMESTYLE LUNCH LINE (LEFT SIDE)- Week 2					
Monday	WG Chicken Strips 16.5g Or Grilled Cheese 30g French Fries 15.84g Steamed Carrots 6g Roll 24g Fruit 10g/ Juice 15g Milk 20g	Tuesday	Tacos shell 21g or chips 29g Beef 3.79 chicken 12g Salsa Cup 5g Refried Beans 15.84 Fruit 10g/ Juice 15g Milk 20g	Wednesday	Cheeseburger 1g/cheese 1g on WG Bun 27g French Fries 15.84g Baked Beans 30g Fruit 10g/ Juice 15g Milk 20g
				Thursday	Chicken 0g (seasoning 12g) Cheese 1g Rice 35g Vegetable Medly 5g Fruit 10g/ Juice 15g Milk 20g
				Friday	Pizza Slice Pepperoni 43g/Cheese 27g Fresh Side Salad 2g Steamed Corn 12g Fruit 10g/ Juice 15g Milk 20g
					Jan 13-17, Jan 27-31 Feb 10-14, Feb 24-28 March 10-14, March 24-28 April 14-18, April 28-May 2 May 12-16

THE HORNET CAFÉ (RIGHT SIDE)- WEEKLY OFFERINGS					
Mondays	Cheeseburger 1g/cheese 1g on WG Bun 27g French Fries 15.84g Baked Beans 30g Fresh Carrots 18g Fruit 10g/ Juice 15g Milk 20g	Tuesdays	Bosco Stick (WG) 25g Cheese 4.5g Steamed Broccoli 1.67g Marinara 10g Veggie Cup 6g Fruit 10g / Juice 15g Milk 20g	Wednesdays	Spicy Chicken 15g Patty on Bun 27g or Grilled Cheese 30g Veggie Cup 6g French fries 15.84g Fruit 10g/ Juice 15g Milk 20g
				Thursdays	WG Chicken Patty 15g on WG Bun 27g Mac & Cheese 28g Green Beans 4g Fruit 10g Juice 15g Milk 20g
				Fridays	Quesadilla (WG) or Corn Dog 30g Fresh Side Salad 2g Steamed Corn 12g Corn on the Cob 32g Fresh Carrots 18g Fruit 10g/ Juice 15g Milk 20g
					Serving Dates: Offered Weekly. Subject to Availability. Vegetable and fruit based on Hornet Café offering of the day.

QUICK SERVE @ THE HORNET CAFÉ - DAILY OFFERINGS					
Option 1	Hornet House Salad 2g Choice Vegetable 6g Fruit 10g Juice 15g Milk 20g	Option 2	Buffalo 0g Chicken Salad 11g Choice Vegetable 6g Fruit 10g Juice 15g Milk 20g	Option 3	Chicken Salad 15g on Bread 44g Choice Vegetable 6g Fruit 10g Juice 15g Milk 20g
				Option 4	Peanut Butter & Jelly (WG) 64g Choice Vegetable 6g Fruit 10g Juice 15g Milk 20g
				Option 5	Yogurt Parfait 31g blueberries 21g, granola 19g Choice Vegetable 6g Fruit 10g Juice 15g Milk 20g
					Serving Dates: Offered Daily. Subject to Availability. Vegetable and fruit based on Hornet Café offering of the day.

WG refers to whole grain or whole grain rich products

ALL MENUS SUBJECT TO AVAILABILITY.

BREAKFAST - WEEKLY OFFERINGS					
Monday	WG Cinnamon Rolls 38g Fruit 10g Juice Choice 15g Milk Choice 20g	Tuesday	WG Pancake 26g Sausage Griddle 1g, egg 1g Fruit 10g Juice Choice 15g Milk Choice 20g	Wednesday	Biscuit 27g & Gravy 48g Fruit 10g Juice Choice 15g Milk Choice 20g
				Thursday	Yogurt 31g blueberries 21g, granola 19g Fruit 10g Juice Choice 15g Milk Choice 20g
				Friday	WG Glazed Donut 30g Fruit 10g Juice Choice 15g Milk Choice 20g

Breakfast Items Offered Daily: Cereal Variety, WG Cereal Bars, WG Pop-Tarts & Muffins, WG Chocolate Mini Donuts, and Sausage/Egg Biscuits, Sausage/Egg/Cheese Biscuits, and Chicken Biscuits.

This institution is an equal opportunity provider.

Pop Tart 70g
Muffins 33g
Cereal 24g
Cereal Bar 30g
Mini donut pack 46g

Sausage/Biscuit 28g
Sausage,egg,biscuit 29g
Sausage,egg,cheese,biscuit 30g
Chicken biscuit 33g



HCHS Hornets

Meal Prices	
Lunch	
Daily CEP Lunch Meal	FREE
Additional Lunch Meal	\$2.35
Adults/Visitors	\$3.75

Meal Prices	
Breakfast	
Daily CEP Breakfast	FREE
Additional Breakfast	\$1.40
Adults/Visitors	\$2.25

You may put money in your child's meal account by going to your **Parent Portal** account where you completed Online Registration and using a debit/credit card. Of course, you can also send a check or cash with your child at any time.

For a COMPLETE LUNCH:
Take a Vegetable or Fruit and at least 2 more from the Main Entree, Bread, Juice or Milk Components.

For a COMPLETE BREAKFAST:
Take a Vegetable or Fruit and at least 2 more from the Main Entree, Juice or Milk Components.



Do you go to Co-Op or College during lunch?
Ask us about our To-Go Menu Options!

*** Corn on the Cob Provided by Obenchain Farms through a KY Local Farm to School Grant:**



All students receive free daily breakfast and lunch thanks to the Community Eligibility Provision program. Extra meals and a la carte items may also be purchased during breakfast and lunch service.