

USDA Wellness Committee
1/16/25 (Thursday) at 3:30 am
Via Zoom

AGENDA

1. FY25 Committee Membership Update

- Open positions: Food Service position, PE Teacher and Nurse (preferably secondary), parent and two students.

2. FY25 Baseline Assessment and Process (see November data collection attached)

- Review the Elementary and Secondary assessment documents created by Kelly, Paula and Amy C.
- A slightly different approach was taken.
- Come to the meeting prepared to discuss, make changes and finalize.
- The two documents will go out to our Principals and our Wellness Coordinators.
- The Wellness Coordinators will use the documents the same as last year to gather the data for their school in November.
- Principals' will be given the results of their assessment so they know what improvements need to be made January through May.
- Wellness Committee will review the baseline data collected in November during their January meeting.
- Wellness Coordinators will use the assessment tool to gather the data for their school again in May.
- Wellness Committee will review, in June, the data gathered in May to analyze the improvements made from the baseline assessment done in November.

For January, the Committee should identify anything that stands out from the November data collection that we should address in next year's survey or even in their work to meet this year's goals.

3. Reminder: Wellness Policy Education Project

- Wellness Policy goes out to staff in October via principals
- Decision Tree Flyer goes out to staff the week of Oct 14th along with the Oct email
- Decision Tree Flyer goes out to staff before Valentine's Day along with the Feb email

4. New Topics Based on Suggestions During the October Meeting:

- a. Wellness Policy (attached) Updates – Do we need any?
- b. Recess and Lunch Timing
- c. Other Topics

5. Next Meeting: April 10th – 3:30 pm via Zoom

6. FY25 Meetings:

- June 5th