

January Supper



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
No School	Shelf Stable: Sunflower Seeds, Hummus, Cracker, Juice, Applesauce, Milk	Hot Dog w/ Oven Baked Fries Strawberry Yogurt Parfait w/ Cinnamon Granola & Baby Carrots	Chicken Bites w/ Mashed Potatoes Bean & Cheese Pizza Kit w/ Refried Beans & 100% Fruit Juice	BBQ Chicken w/ Baked Beans & Dinner Roll Wowbutter & Jelly Sandwich w/ Paradise Punch & Orange
13	14	15	16	17
Chicken Tamale w/ Pinto Beans Protein Pack: Yogurt, String Cheese, Granola, Baby Carrots & Pear	Bean & Cheese Burrito w/ Baby Carrots	Cheeseburger w/ Oven Baked Fries Strawberry Yogurt Parfait w/ Cinnamon Granola & Baby Carrots	Grilled Cheese Sandwich-Baby Carrots	Penne & Meat Sauce w/ Diced Carrots Cheese Pizza Kit w/ Marinara Sauce & Apple
20	21	22	23	24
No School	Shelf Stable: Sunflower Seeds, Hummus, Cracker, Juice, Applesauce, Milk	Chicken Caesar Salad with Dinner Roll, Croutons & Apple Seedbutter & Jelly Sandwich Kit w/ String Cheese, Baby Carrots & Orange	Chicken Bites w/ Mashed Potatoes Bean & Cheese Pizza Kit w/ Refried Beans & 100% Fruit Juice	BBQ Chicken w/ Baked Beans & Dinner Roll Wowbutter & Jelly Sandwich w/ Paradise Punch & Orange
27	28	29	30	31
Chicken Tamale w/ Pinto Beans Protein Pack: Yogurt, String Cheese, Granola, Baby Carrots & Pear	Chicken Teriyaki Pasta Salad w/ Cabbage & Carrot and Apple Strawberry Yogurt Parfait w/ Cinnamon Granola & Baby Carrots	Chicken Caprese Salad with Dinner Roll & Pear Strawberry Yogurt Parfait w/ Cinnamon Granola & Baby Carrots	Cold Pasta Salad with Chicken, Baby Carrots & Apple Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots & 100% Fruit Juice	Cheese Pizza Kit w/ Marinara Sauce & Apple Turkey & Cheese Sub Sandwich w/ Baby Carrots & Pear

Supper Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free Chocolate Milk or Fat Free White Milk 1/2 cup Fruit & 1/ cup Vegetable included with each meal. Vegetarian *All Grains Are Whole Grain Rich		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

