



# CRUSADER

## College Connection

DECEMBER 2024 • [WWW.STDOMINICHS.ORG/COLLEGE](http://WWW.STDOMINICHS.ORG/COLLEGE)

## Guidance Spotlight

### FAFSA FRENZY | January 15, 2025

St. Dominic High School will be hosting a FAFSA Frenzy in partnership with Missouri College & Career on January 15th, 2025.

FAFSA Frenzy Information: [FAFSA Frenzy](#).

Want to learn more about the FAFSA and how to apply for financial aid? Please click here to learn more: [FAFSA Informational videos and slideshow](#).

## SCHOLARSHIP Update

Students should never pay for a scholarship! Most services that request payment are scams. Stay away from these! There are plenty of free scholarships to apply for. Here is our live scholarship document located on our website [Scholarship List 2024-2025](#). This document is organized by monthly deadlines.

Also, check out these popular search engines to locate more scholarships specific to your student: [My Scholarship Central](#) | [Scholarships.com](#)

**Please be sure to report any earned scholarships [Here](#)**

Reporting them will ensure they are included in the Graduation Program.

## SCHOLARSHIP DEADLINES

- December 1** Distinguished Young Women Scholarships | Boston University Trustee Scholarship | American Rocketry Challenge | Chuck Hall Star of Tomorrow Scholarship | The Science Ambassador Scholarship | Barbara Lotze Scholarship for Future Teachers | Dell Scholar Foundation Scholarship | Aaron Wersing Employment Discrimination Scholarship Contest
- December 7** Stephen J. Brady Stop Hunger Scholarship
- December 11** The Coolidge Scholarship
- December 15** Rubincam Youth Writing Competition | Burger King Foundation
- December 16** Equitable Excellence Scholarship
- December 30** Dirk Derrick Car & Truck Accident Injury Scholarship
- December 31** Power of Resilience Scholarship | Future Travel Nurse Scholarship | Able Flight Scholarship | Abogados de Accidentes Ahora Scholarship | Automotive Women's Association Scholarship | Mindscape Big Picture Scholarship | SEMO President's Scholarship

### Scholarship List 2024-2025

Keep looking out for those scholarships! [WWW.STDOMINICHS.ORG/COLLEGE/A-PROGRAM](http://WWW.STDOMINICHS.ORG/COLLEGE/A-PROGRAM)

[2024-2025 Scholarship Information](#)

Report Earned Scholarships [HERE](#).



Eisenbath Atrium  
11:10- 12:00 PM

### December 4



Rankin Technical College  
St. Louis, MO

### December 11



Missouri Valley College  
Marshall, MO



# LOOKING Ahead

SEPTEMBER 2024

## Dec. 1

FAFSA Opens  
(BETA testing  
now available)

## Dec. 17

Reading Day

## Jan. 9

College Graduate Panel  
Juniors and Seniors during  
Empower Hour

## Dec. 14

ACT National  
Test Date  
(not being held  
at St. Dominic)

## Dec. 18-20

Final Exams

## Jan. 15

FAFSA Frenzy  
event at  
St. Dominic

## HELPFUL Links

**COLLEGE GUIDANCE**  
[www.stdominic.org/college](http://www.stdominic.org/college)

**SCOIR**  
[www.scoir.com](http://www.scoir.com)

**SCHOLARSHIPS**  
[www.fastweb.com](http://www.fastweb.com) | [myscholly.com](http://myscholly.com)

**FAFSA**  
[www.studentaid.ed.gov/fafsa](http://www.studentaid.ed.gov/fafsa)

**COMMON APP**  
[www.commonapp.org](http://www.commonapp.org)

**NCAA ELIGIBILITY**  
[web3.ncaa.org/ecwr3](http://web3.ncaa.org/ecwr3)

**ACT**  
[www.act.org](http://www.act.org)

**SAT**  
[www.sat.org](http://www.sat.org)

## Alumni Spotlight

### Emma (Staebell) Feldmann '15

William Jewell College | Business Administration and Pre-Medicine  
UMKC School of Dentistry | Doctor of Dental Surgery



Emma (Staebell) Feldmann is a 2015 graduate of St. Dominic High School who excelled as a student-athlete on the state champion soccer teams of 2012 and 2013. She was All-State, All-Region, and the St. Louis Post Dispatch Scholar Athlete recipient in 2015.

Following a stellar high school career she went on to play at William Jewell College in Liberty Missouri where she was also in Delta Zeta Sorority, Mortar Board Honor Society, and the Student Athlete Advisory Committee while pursuing a degree in Business Administration and Pre-Medicine. Being so involved in high school helped Emma with what was to come in college with her many organizations, challenges classes, and soccer team.

*"St. Dominic helped prepare me for my program of study and career by giving me the opportunity to choose from a variety of challenging courses to set me up for success before attending college. Being a student athlete at St. Dominic taught me discipline and time management, two big values needed in the field of dentistry. I am grateful for the teachers that were always committed to us students, and for coach Greg Koeller for being a great role model and mentor. I also met my high school sweetheart and now husband Logan Feldmann while in high school, which I will forever thank St. Dominic for."*

After graduating from William Jewell, Emma would go on to the UMKC School of Dentistry and earn a Doctor of Dental Surgery in 2024. She now practices in Blue Springs, MO just outside of Kansas City. *"My love for science and flexibility of the dental field made me want to pursue the career of becoming a dentist. Being a dentist is a tough job, because people do not like coming to see you, which can be disheartening. The best part of my job is seeing a patient who is scared and anxious, and completely changing their outlook of the dentist by the end of treatment by providing a welcoming and comfortable experience for them. I love saving smiles!"*

Dr. Feldmann has the following advice for our current St. Dominic students looking to reach their college and career goals: **"Stay busy, study hard, and surround yourself with a good group of friends and support system who have similar goals as you!"**

## Monthly Wellness

Amy Bauer | Wellness Counselor  
[abauer@stdominichs.org](mailto:abauer@stdominichs.org)

### Tips for a Happier Day!

- Do the next best thing you can do.
- Practice daily gratitude.
- Say a prayer.
- Go outside.  
Get some fresh air and vitamin D.
- Be physically active.
- Exercise self care. Eat a healthy dinner and Go to bed early.
- Unplug from your phone and other electronics.
- Practice Mindfulness. Emotions last 90 seconds if we let them come and go. Students who practice mindfulness for 6-8 weeks have noticed a 30% reduction in symptoms of anxiety.

### COLLEGE GUIDANCE OFFICE

BLAKE MARKWAY | [bmarkway@stdominichs.org](mailto:bmarkway@stdominichs.org)  
Guidance Director & 9th Grade College Guidance Coordinator

JEAN NERO | [jnero@stdominichs.org](mailto:jnero@stdominichs.org)  
10-12th Grade College Guidance Coordinator (A-K)

LISA KOEPKE | [lkoepke@stdominichs.org](mailto:lkoepke@stdominichs.org)  
10-12th Grade College Guidance Coordinator (L-Z)