

ORGANIZATIONS THAT SUPPORT MIDDLE AND HIGH SCHOOL STARTING
NO EARLIER THAN **8:30 AM**

- **American Academy of Pediatrics**
- Centers for Disease Control and Prevention
- **American Medical Association**
- American Academy of Sleep Medicine
- **National Sleep Foundation**
- New York State Parent-Teacher Association
(NYSPTA)

LEGISLATION RE SCHOOL START TIMES

ENACTED INTO LAW

○ CALIFORNIA

- High school must start no earlier than 8:30 am
- Middle school must start no earlier than 8:00

○ FLORIDA

- High school must start no earlier than 8:30 am
- Middle school must start no earlier than 8:00

PENDING LEGISLATION

NY—Requires all public schools to start no earlier than 8:30 am

- | | |
|-----------------|---------------|
| ○ Connecticut | New Jersey |
| ○ Hawaii | Nevada |
| ○ Illinois | Oregon |
| ○ Louisiana | Pennsylvania |
| ○ Maine | Texas |
| ○ Massachusetts | West Virginia |