School Counselor News



CLASSROOM LESSONS

Second marking period lessons have begun in second grade on Respect. December they will learn about being an Entrepreneur. Third grade students will have a Problem Solving lesson in November and then will begin their Coping Skills Unit, focusing first on Mindfulness during the month of December.

Mrs. Bicher

UPCOMING EVENTS November 13 is World Kindness Day!

Here is a <u>link</u> to a calendar with ideas on how to spread kindness!

November 21 is Children's Grief Awareness Day.

More information will be sent home with an optional activity for students to participate in to remember a special person or pet who has died. <u>Link</u> for more information from The Caring Place.

CAREER AWARENESS WEEK

November 11-15 is Career Awareness Development Week!

Did you know your child begins
Career Awareness in Kindergarten?
Beginning in Kindergarten students
learn about community helpers and
artifacts of what they learn are kept
in a Career Portfolio in their
cumulative folder. Students
continue to add artifacts
throughout their years in
elementary, middle and high school.
Look for more information on
Careers during the week of
November 11-15!

INDIVIDUAL COUNSELING INFORMATION

School counselors work with students in classrooms, small groups and individually on a short term basis. School counselors do not do therapy, but work 1:1 with students to work on social and coping skills to help them succeed in school.

If you are looking for more information on therapy for your child feel free to contact me or look on my webpage at <u>Family Resources</u>.