

Middle School Hot Lunch Menu

JANUARY 2025

“Refine your diet, Don’t be quiet!”- Luna A. 5th Grade @ Holy Trinity

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>13</p> <p>Hamburger w. Green Beans & Wheat Hamburger Buns OR Chicken Alfredo, Penne & Broccoli & Dinner Roll</p> <p>Dragon Punch Vegetable Juice Strawberry Banana Applesauce Fresh Fruit</p>	<p>14</p> <p>Mozzarella Pinwheel V OR French Bread Cheese Pizza V</p> <p>Tater Tots Ruby Rusher Vegetable Juice Mott’s Fruit Punch Fresh Fruit</p>	<p>15</p> <p>Spicy Grilled Cheese OR Two Cheese, Chicken Quesadilla</p> <p>Salsa Cherry Star Vegetable Juice Mott’s Apple Juice Fresh Fruit Tostitos Top N’ Go</p>	<p>16</p> <p>Meatloaf & Gravy w. Mashed Potatoes & Dinner Rolls OR Chicken Nuggets & Corn</p> <p>Bagged Baby Carrots Chocolate Hummus Fresh Fruit Cherry Craisins Cinnamon Bug Bites</p>	<p>17</p> <p>Cheese Pizza OR Ciabatta Cheese Melt V</p> <p>Spinach & Romaine Salad w. Chickpeas Fresh Fruit Mott’s Apple White Grape Juice</p>
<p>20</p> 	<p>21</p> <p>Cheese Stuffed Breadsticks V OR Mozzarella Sticks V</p> <p>Marinara Sauce Ruby Rusher Vegetable Juice Rosati “Hero” Ice Fresh Fruit</p>	<p>22</p> <p>Popcorn Chicken & Pretzel Goldfish OR Taco Triangles</p> <p>Potato Smiles Sliced Apples Mott’s Apple White Grape Juice</p> 	<p>23</p> <p>Cheese Pizza Calzone V  OR Philly Steak & Cheese Pinwheel</p> <p>Bagged Baby Carrots Red Pepper Hummus Fresh Fruit Cherry Craisins</p>	<p>24</p> <p>Hamburger OR Round Cheese Pizza</p> <p>Celery Sticks Chocolate Hummus Fresh Fruit Mott’s Apple Juice</p>
<p>27</p> <p>French Bread Pizza V OR Mini Corn Dogs</p> <p>Tater Tots Ruby Rusher Vegetable Juice Strawberry & Mango Sidekick Fresh Fruit</p>	<p>28</p> <p>Chicken & BBQ Sauce S’Wich  OR Cheeseburger Calzone</p> <p>Bagged Baby Carrots Sunset Sip Vegetable Juice Red Pepper Hummus Strawberry Gel Cup Fresh Fruit</p>	<p>29</p> <p>BBQ Popcorn Chicken w. Mashed Sweet Potato OR Chicken Alfredo, Penne & Broccoli</p>  <p>Dragon Punch Vegetable Juice Strawberry Craisins Mott’s Fruit Punch Juice Chocolate Chip Cookie</p>	<p>30</p> <p>PizzaBoli V OR Mini Pepperoni Calzone</p> <p>Spinach & Romaine Salad w. Chickpeas Fresh Fruit Bagged Apple Slices Cinnamon Scooby Snacks</p>	<p>31</p> <p>Spicy Beef & Cheese Taco Stick OR Mozzarella Pinwheel V</p> <p>Salsa Cherry Star Vegetable Juice Mott’s Apple Juice Fresh Fruit Tostitos Scoops</p>

V= Vegetarian Options

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children’s school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services
Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

