

Fredericksburg Elementary School

BREAKFAST MEAL PRICES:

Student Full Price: \$ 1.65
 Student Reduced Price: \$ 0.30
 All Adults \$3.50



LUNCH MEAL PRICES:

Student Full Price: \$ 2.75
 Student Reduced Price: \$ 0.40
 All Adults \$ 4.50

Breakfast and Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 - Week Of: 1/6, 1/27, 2/17, 3/10, 4/7, 4/28, 5/19				
MINI FRENCH TOAST CHICKEN NUGGETS OR CHICKEN DRUMSTICK MASHED POTATOES W/GRAVY SEASONED GREEN BEANS	SCRAMBLED EGGS W/ HAM HAMBURGER/CHEESEBURGER OR CRISPY CHICKEN BURGER TATOR TOTS FRESH VEGGIE DIPPERS	KOLACHE TWISTED CHEESE BREADSTICK W/MARINARA OR MAC & CHEESY HAM BAKE OR CHICKEN CHEF SALAD BROCCOLI NORMANDY	YOGURT PARFAIT PORK STREET TACOS OR CHEESE QUESADILLA REFRIED BEANS SPANISH RICE	BEAN & CHEESE BREAKFAST TACO PEPPERONI/CHEESE PIZZA OR PIZZA CRUNCHERS OR PB & J SANDWICH BUTTERED CORN
WEEK 2 - Week Of: 1/13, 2/3, 2/24, 3/24, 4/14, 5/5				
MINI PANCAKES CRISPY CHICKEN TENDERS OR CHICKEN SPAGHETTI DINNER ROLL GLAZED CARROTS	SAUSAGE BISCUIT HAMBURGER/CHEESEBURGER OR CRISPY CHICKEN BURGER POTATO SMILES FRESH VEGGIE DIPPERS	EGG, SAUSAGE, POTATO & CHEESE BREAKFAST TACO PEPPERONI/CHEESE PIZZA OR BREADED CHEESE STICKS OR CHEF SALAD BUTTERED CORN	YOGURT PARFAIT NACHO GRANDE/ OR CHEESE NACHOS OR TAMALES HOMEMADE PINTO BEANS SPANISH RICE	CINNAMON OATMEAL CORN DOG OR GRILLED CHEESE SANDWICH BAKED BEANS MINI CARROTS
WEEK 3 - Week Of: 1/20, 2/10, 3/3, 3/31, 4/21, 5/12				
PANCAKE/SAUSAGE ON A STICK CRISPY POPCORN CHICKEN OR ZESTY ORANGE CHICKEN CONFETTI RICE STEAMED BROCCOLI	CINNAMON ROLL W/SAUSAGE PATTY TURKEY & CHEESE SUB OR PB & JELLY SANDWICH TATOR TOTS FRESH VEGGIE DIPPERS	STRAWBERRY CREAM CHEESE BAGEL  PIZZA HUT PIZZA OR CHICKEN ALFREDO OR CHICKEN CHEF SALAD	MINI WAFFLES BEEF & CHEESE BURRITO OR CHICKEN FAJITA SOFT TACO HOMEMADE PINTO BEANS SPANISH RICE	CHEESY SCRAMBLED EGGS W/HAM BREADED BEEF STRIPS OR CRUNCHY FISH STICKS MACARONI & CHEESE BUTTERED PEAS & CARROTS

BREAKFAST

CEREAL W/TOAST OR MUFFIN IS OFFERED DAILY OR STUDENTS MAY CHOOSE THE DAILY SELECTION.

MILK, JUICE AND AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY. STUDENTS MUST TAKE AT LEAST 1 SERVING (1/2 CUP) OF FRUIT OR FRUIT JUICE AND 2 OTHER ITEMS. STUDENTS MAY TAKE 2 FRUITS OR 1 FRUIT AND 1 FRUIT JUICE AT NO EXTRA CHARGE.

**MENU SUBJECT TO CHANGE
 WITHOUT NOTICE DUE TO AVAILABILITY**

LUNCH

DAILY CHOICES INCLUDE ALL 5 COMPONENTS: FRUITS, VEGETABLES, PROTEIN, GRAINS (ALL GRAINS ARE WHOLE GRAIN) AND MILK (FAT FREE OR 1%). AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY. STUDENTS MUST TAKE AT LEAST 1/2 CUP OF A FRUIT OR VEGETABLE AND 2 OTHER COMPONENTS. STUDENTS MAY TAKE 2 OR 3 VEGETABLES AT NO EXTRA CHARGE.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: **mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or **fax:** (833) 256-1665 or (202) 690-7442; or **email:** Program.Intake@usda.gov. This institution is an equal opportunity provider.