

# Fredericksburg Primary School K-1

## BREAKFAST MEAL PRICES:

Student Full Price: \$ 1.65  
 Student Reduced Price: \$ 0.30  
 All Adults \$3.50



## LUNCH MEAL PRICES:

Student Full Price: \$ 2.75  
 Student Reduced Price: \$ 0.40  
 All Adults \$ 4.50

## Breakfast and Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1 - Week Of: 1/6, 1/27, 2/17, 3/10, 4/7, 4/28, 5/19</b>				
MINI FRENCH TOAST	SCRAMBLED EGGS W/HAM	KOLACHE	ASSORTED YOGURT	BEAN & CHEESE BREAKFAST TACO
CHICKEN NUGGETS	HAMBURGER/CHEESEBURGER	CORN DOG	SOFT BEEF TACO	PEPPERONI OR
MASHED POTATOES W/GRAVY	OR CRISPY CHICKEN BURGER	BAKED BEANS	REFRIED BEANS	CHEESE PIZZA
DINNER ROLL	TATOR TOTS	BROCCOLI NORMANDY	SPANISH RICE	BUTTERED CORN
PEACHES	MANDARIN ORANGES	FRUIT CUP	FRESH FRUIT	ROSY APPLESAUCE
<b>WEEK 2 - Week Of: 1/13, 2/3, 2/24, 3/24, 4/14, 5/5</b>				
MINI MAPLE PANCAKES	SAUSAGE BISCUIT	EGG, SAUSAGE, POTATO & CHEESE BREAKFAST TACO	ASSORTED YOGURT CEREAL BAR	CINNAMON OATMEAL
STEAK FINGERS	HAMBURGER/CHEESEBURGER	PIZZA CRUNCHERS	NACHO GRANDE OR	CHICKEN SPAGHETTI
MASHED POTATOES W/GRAVY	OR CRISPY CHICKEN BURGER	BUTTERED CORN	CHEESE NACHOS	W/GARLIC BREADSTICK
SEASONED GREEN BEANS	POTATO SMILES	TOSSED SALAD	PINTO BEANS	GLAZED CARROTS
PEACHES	MANDARIN ORANGES	MANDARIN/PINEAPPLE	BLUSHING PEARS	FRUITY RAISINS
<b>WEEK 3 - Week Of: 1/20, 2/10, 3/3, 3/31, 4/21, 5/12</b>				
PANCAKE/SAUSAGE ON A STICK	CINNAMON ROLL W/SAUSAGE PATTY	STRAWBERRY CREAM CHEESE BAGEL	MINI CINNAMON WAFFLES	CHEESY SCRAMBLED EGGS W/HAM
CHICKEN DRUMSTICK	TURKEY & CHEESE SUB	PEPPERONI OR	CHICKEN FAJITA TACO	CRUNCHY FISH STICKS
BUTTERED NOODLES	TATOR TOTS	CHEESE PIZZA	PINTO BEANS	MACARONI & CHEESE
CORNBREAD LOAF	FRESH VEGGIE DIPPERS	BUTTERED CORN	SPANISH RICE	BUTTERED PEAS & CARROTS
STEAMED BROCCOLI		CRAISINS	BANANA	FRESH ORANGE SLICES

### BREAKFAST

CEREAL W/TOAST OR MUFFIN IS OFFERED DAILY OR STUDENTS MAY CHOOSE THE DAILY SELECTION. MILK, JUICE AND AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY. STUDENTS MUST TAKE AT LEAST 1 SERVING (1/2 CUP) OF FRUIT OR FRUIT JUICE AND 2 OTHER ITEMS. STUDENTS MAY TAKE 2 FRUITS OR 1 FRUIT AND 1 FRUIT JUICE AT NO EXTRA CHARGE.

### MAY 20 - MAY 22 MANAGER'S CHOICE

**MENU SUBJECT TO CHANGE WITHOUT  
NOTICE DUE TO AVAILABILITY**

### LUNCH

DAILY CHOICES INCLUDE ALL 5 COMPONENTS: FRUITS, VEGETABLES, PROTEIN, GRAINS (ALL GRAINS ARE WHOLE GRAIN) AND MILK (FAT FREE OR 1%). AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY. STUDENTS MUST TAKE AT LEAST 1/2 CUP OF A FRUIT OR VEGETABLE AND 2 OTHER COMPONENTS. STUDENTS MAY TAKE 2 OR 3 VEGETABLES AT NO EXTRA CHARGE.

**MENUS WILL BE POSTED ONLINE**

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