

HEALTH OFFICE

Dear Parents and Guardians:

This letter is a reminder about health issues for our children.

1. If your child is sick please keep him/her home. Don't send him/her back to school for the nurse to diagnose or treat. You know your child best.
2. If your child has fever, keep them home until fever free for 24 hrs **without fever reducing medication.**
3. If your child has vomited the night before, please keep him /her home the next day or until free of vomiting 24hrs.
4. If you child has been diagnosed with strep throat or conjunctivitis, he/she needs to be treated 24hrs on antibiotics before returning to school.
5. If your child has a throat culture please wait for results before sending your child back to school.
6. If your child tests positive for strep it's recommended that you replace toothbrushes after they have been on antibiotics 24-48 hrs to avoid re-infection.
7. Reminding children to cover their mouths when they cough, sneeze into a tissue or elbow and to wash their hands frequently will help cut down on germs.

Hopefully with all of us working together we can cut down on the illness in our schools.

For more health office information please read our POB Health Office Handbook found on the school webpage.

Thank you for your cooperation.