



## SEL Supports + Environment

For the following questions, we are interested in learning more about how you think about your school. Please give us your honest opinions so that we can better understand your experience and work to make the school a better place.

### Your Classes

Please tell us about how you feel about your current teachers and classes.

1. How respectful are your teachers towards you?

- Not at all respectful       A little respectful       Somewhat respectful       Very respectful       Extremely respectful

2. If you were upset when you came into class, how concerned would your teachers be?

- Not at all concerned       A little concerned       Somewhat concerned       Very concerned       Extremely concerned

3. When your teachers ask, "How are you?", how often do you feel they really want to know your answer?

- Almost never       Once in a while       Sometimes       A lot of the time       Almost always

4. How excited would you be if you could have your same teachers in the next grade too?

- Not at all excited       A little excited       Somewhat excited       Very excited       Extremely excited

### Feelings About Being at School

In this section, we would like to understand how you feel about your school.

5. How well do people at your school understand the kind of person you are?

- Do not understand at all       Understand a little       Understand somewhat       Understand mostly       Completely understand

6. How much support do the adults at your school give you?

- No support at all       A little bit of support       Some support       A lot of support       A huge amount of support

7. How much respect do students at your school show you?

- No respect at all       A little bit of respect       Some respect       A lot of respect       A huge amount of respect

8. When you are at school, how much do you feel like you belong?

- Do not belong at all       Belong a little bit       Belong somewhat       Mostly belong       Completely belong

### Perceptions of Classes

In this section, we would like to know about your experience in your classes.



9. How excited are you about going to your classes?

Not at all excited     
  A little excited     
  Somewhat excited     
  Very excited     
  Extremely excited

10. How focused are you on the activities in your classes?

Not at all focused     
  A little focused     
  Somewhat focused     
  Very focused     
  Extremely focused

11. How interested are you in your classes?

Not at all interested     
  A little interested     
  Somewhat interested     
  Very interested     
  Extremely interested

12. In your classes, how excited are you to participate?

Not at all excited     
  A little excited     
  Somewhat excited     
  Very excited     
  Extremely excited

13. When you are not in school, how often do you talk about ideas from your classes?

Almost never     
  Once in a while     
  Sometimes     
  A lot of the time     
  Almost always

**Perceptions of School**

In this first section, please give us your opinions about this school in general so that we can better understand your experiences.

14. How positive or negative is the mood at your school?

Very negative     
  Somewhat negative     
  A little negative     
  Not negative or positive     
  A little positive     
  Somewhat positive     
  Very positive

15. How well do students follow the rules of your school?

Not well at all     
  A little well     
  Somewhat well     
  Very well     
  Extremely well

16. How clean is the building where you go to school?

Not clean at all     
  A little clean     
  Somewhat clean     
  Very clean     
  Extremely clean

17. How fair are the rules at this school?

Not fair at all     
  A little fair     
  Somewhat fair     
  Very fair     
  Extremely fair

18. How often do your teachers seem excited to be teaching your classes?

Almost never     
  Once in a while     
  Sometimes     
  A lot of the time     
  Almost always

**Feelings About School**

Please let us know what you think about school in general.



19. How often do teachers encourage you to learn about people from different races, ethnicities, or cultures?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

20. How often do you think about what someone of a different race, ethnicity, or culture experiences?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

21. How confident are you that students at your school can have honest conversations with each other about race?

- Not at all confident       Slightly confident       Somewhat confident       Quite confident       Extremely confident

22. At your school, how often are you encouraged to think more deeply about race-related topics?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

23. How comfortable are you sharing your thoughts about race-related topics with other students at your school?

- Not at all comfortable       Slightly comfortable       Somewhat comfortable       Quite comfortable       Extremely comfortable

24. How often do students at your school have important conversations about race, even when they might be uncomfortable?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

25. When there are major news events related to race, how often do adults at your school talk about them with students?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

26. How well does your school help students speak out against racism?

- Not at all well       Slightly well       Somewhat well       Quite well       Extremely well

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers!

### Help From Other People

In this section, tell us about how other people help you.

27. Do you have a teacher or other adult from school who you can count on to help you, no matter what?

- No       Yes



28. Do you have a family member or other adult outside of school who you can count on to help you, no matter what?

No Yes

29. Do you have a friend from school who you can count on to help you, no matter what?

No Yes

30. Do you have a teacher or other adult from school who you can be completely yourself around?

No Yes

31. Do you have a family member or other adult outside of school who you can be completely yourself around?

No Yes

32. Do you have a friend from school who you can be completely yourself around?

No Yes

33. What can teachers or other adults at school do to better support you?

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SAMPLE FORM