

ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

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Jan 1, 2025 thru Jan 31, 2025

4 Day Anna HS breakfast

003 - Anna High School

Generated on: 1/6/2025 9:33:21 AM

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/01/2025								
4 Day Anna HS breakfast HOLIDAY	Total SERVING	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline			550-650				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/02/2025								
4 Day Anna HS breakfast HOLIDAY	Total SERVING	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline			550-650				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/06/2025								
4 Day Anna HS breakfast	Total	340						
Morning Saus Roll: Process 2	2 each	150	320	*N/A*	30.0	18.0	6.00	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	195	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	95	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	95	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			477	*39 *32.4%	77.44 65.0%	13.38 25.3%	4.15 7.8%	0.00 0.0%
Nutrient Guideline			550-650				<10.00	

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4 Day Anna HS breakfast

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/07/2025								
4 Day Anna HS breakfast	Total	380						
Scrambled Eggs/Saus/Biscuit	Servings	200	287	2	24.2	16.49	3.77	4.00
CEREAL,VARIETY	1 each	40	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS, GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fruit cocktail: 13.14	1/2 CUP	270	83	13	19.7	0.0	0.00	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	100	11	11.0	2.5	1.50	0.00
MILK,Chocolate FF: Process 1	1 each	300	120	18	20.0	0.0	0.00	0.00
PICANTE	2 OZ	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			550	51	86.10	13.67	3.49	2.11
% of Calories				36.9%	62.6%	22.4%	5.7%	3.4%
Nutrient Guideline			550-650				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/08/2025								
4 Day Anna HS breakfast	Total	540						
Yogurt Parfait:Choc Strawberry	1 each	200	284	52	61.0	4.88	2.97	0.00
Chicken Biscuit: Sec	1 EACH	150	324	7	36.88	13.59	4.02	*0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS, GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Jelly, PC, Asst flavors	1 each	100	27	5	6.61	0.0	0.00	0.00
Weighted Daily Average			473	57	85.50	9.24	3.31	*0.00
% of Calories				47.8%	72.2%	17.6%	6.3%	*0.0%
Nutrient Guideline			550-650				<10.00	

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4 Day Anna HS breakfast

003 - Anna High School

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/09/2025								
4 Day Anna HS breakfast	Total	450						
Cinn roll w/saus patty	1 each	250	19	*3	3.28	0.43	0.10	*0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	50	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			343	*44	64.39	4.69	1.38	*0.00
% of Calories				*51.0%	75.2%	12.3%	3.6%	*0.0%
Nutrient Guideline			550-650				<10.00	

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/13/2025								
4 Day Anna HS breakfast	Total	400						
French Toast Sticks: Sec 12.13	4 Each	200	208	11	25.63	8.78	2.10	0.11
Bacon, slice, preckd, Tyson	2 each	200	90	*N/A*	0.0	7.0	2.50	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	50	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Peaches, diced: Process 1	1/2 CUP	138	65	16	17.49	0.04	0.00	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Syrup	1 each	200	40	3	11.0	0.0	0.00	0.00
Weighted Daily Average			516	*51	81.98	12.75	3.76	0.05
% of Calories				*39.7%	63.5%	22.2%	6.6%	0.1%
Nutrient Guideline			550-650				<10.00	

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4 Day Anna HS breakfast

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/14/2025								
4 Day Anna HS breakfast	Total	390						
Breakfast Burrito: Process 2	1 each	200	230	*N/A*	27.0	9.0	1.93	0.00
CEREAL,VARIETY	1 each	40	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	50	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Mandarin Orange Slices	1/2 cup	264	83	17	18.63	0.0	0.00	0.00
Fresh Fruit	1 EACH	200	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	195	110	12	13.0	2.5	1.50	0.00
Milk - Strawberry FF	1 each	0	0	*N/A*	0.0	0.0	0.00	0.00
PICANTE	2 OZ	156	4	0	0.94	0.02	0.00	0.00
Weighted Daily Average			561	*59	97.50	10.01	2.70	0.00
% of Calories				*42.3%	69.6%	16.1%	4.3%	0.0%
Nutrient Guideline			550-650				<10.00	

Wed - 01/15/2025								
4 Day Anna HS breakfast	Total	390						
Breakfast Bowl	1 each	200	371	*2	24.07	21.46	7.79	*0.03
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
CRACKERS,GRAHAM	Pkg	150	120	6	22.0	3.0	0.00	0.00
Pears, blushing 1/2 cup	1/2 CUP	276	95	*13	24.57	0.0	0.00	0.00
Fresh Fruit	1 EACH	400	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	275	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			640	*61	103.81	15.60	5.52	*0.02
% of Calories				*38.2%	64.8%	21.9%	7.8%	*0.0%
Nutrient Guideline			550-650				<10.00	

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4 Day Anna HS breakfast

003 - Anna High School

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/16/2025								
4 Day Anna HS breakfast	Total	490						
Breakfast Sandwich: Bacon bisc	1 EACH	200	272	7	24.54	13.7	3.87	0.00
Muffin, Mix: Blueberry	Muffins	120	11	*0	2.71	0.14	0.01	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	40	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	30	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	270	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			405	*40	65.35	9.52	2.74	0.00
% of Calories				*39.1%	64.5%	21.1%	6.1%	0.0%
Nutrient Guideline			550-650				<10.00	

Mon - 01/20/2025								
4 Day Anna HS breakfast	Total	0						
HOLIDAY	SERVING	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0.00	0.00	0.00	0.00
% of Calories				0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650				<10.00	

Tue - 01/21/2025								
4 Day Anna HS breakfast	Total	340						
Cinn roll w/saus patty	1 each	0	0	*0	0.0	0.0	0.00	*0.00
CEREAL,VARIETY	1 each	40	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	50	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	156	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	150	120	6	22.0	3.0	0.00	0.00
Mandarin Orange Slices	1/2 cup	200	83	17	18.63	0.0	0.00	0.00
Fresh Fruit	1 EACH	200	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	270	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	195	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	95	110	12	13.0	2.5	1.50	0.00

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4 Day Anna HS breakfast

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			488	*62	89.12	7.90	3.08	*0.00
% of Calories				*51.1%	73.1%	14.6%	5.7%	*0.0%
Nutrient Guideline			550-650				<10.00	

Wed - 01/22/2025								
4 Day Anna HS breakfast	Total	330						
Scrambled Eggs & Biscuit	3/8 Cup	150	290	2	23.79	15.56	4.37	4.00
Bacon, slice, preckd, Tyson	2 each	150	90	*N/A*	0.0	7.0	2.50	0.00
CEREAL,VARIETY	1 each	40	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Gravy, Peppered: 13.14	1/4 CUP	128	32	2	7.2	0.0	0.00	0.00
Weighted Daily Average			629	*58	97.10	16.20	4.89	1.82
% of Calories				*36.9%	61.7%	23.2%	7.0%	2.6%
Nutrient Guideline			550-650				<10.00	

Thu - 01/23/2025								
4 Day Anna HS breakfast	Total	400						
Morning Saus Roll: Process 2	2 each	200	320	*N/A*	30.0	18.0	6.00	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	50	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Mustard: individual PC	1 each	150	0	0	0.0	0.0	0.00	0.00

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4 Day Anna HS breakfast

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			534	*47	85.39	14.01	4.49	0.00
% of Calories				*35.3%	64.0%	23.6%	7.6%	0.0%
Nutrient Guideline			550-650				<10.00	

Fri - 01/24/2025								
4 Day Anna HS breakfast	Total	0						
Breakfast Sandwich: Saus&Bisc	1 EACH	0	0	0	0.0	0.0	0.00	0.00
CEREAL,VARIETY	1 each	0	0	0	0.0	0.0	0.00	0.00
Muffins, Variety, IW	1 each	0	0	0	0.0	0.0	0.00	0.00
Pop Tart: Variety	1 each	0	0	0	0.0	0.0	0.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	0	0	0	0.0	0.0	0.00	0.00
CRACKERS,GRAHAM	Pkg	0	0	0	0.0	0.0	0.00	0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Juice, Variety 100%	1 Each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00
MILK,Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Jelly, PC, Asst flavors	1 each	0	0	0	0.0	0.0	0.00	0.00
Gravy, Peppered: 13.14	1/4 CUP	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0.00	0.00	0.00	0.00
% of Calories				0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650				<10.00	

Mon - 01/27/2025								
4 Day Anna HS breakfast	Total	450						
Pancakes, Minis, Maple	Servings	250	238	13	42.73	6.0	1.00	0.00
Bacon, slice, preckd, Tyson	2 each	300	90	*N/A*	0.0	7.0	2.50	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	50	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00

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ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

Jan 1, 2025 thru Jan 31, 2025

4 Day Anna HS breakfast

003 - Anna High School

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			525	*49	86.31	12.45	3.55	0.00
% of Calories				*37.5%	65.8%	21.4%	6.1%	0.0%
Nutrient Guideline			550-650				<10.00	

Tue - 01/28/2025								
4 Day Anna HS breakfast	Total	390						
Breakfast Burrito: Process 2	1 each	200	230	*N/A*	27.0	9.0	1.93	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	40	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	200	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
PICANTE	2 OZ	156	4	0	0.94	0.02	0.00	0.00
Weighted Daily Average			488	*46	82.83	9.66	2.49	0.00
% of Calories				*37.9%	67.8%	17.8%	4.6%	0.0%
Nutrient Guideline			550-650				<10.00	

Wed - 01/29/2025								
4 Day Anna HS breakfast	Total	550						
Yogurt Parfait:Choc Strawberry	1 each	200	284	52	61.0	4.88	2.97	0.00
Sausage Roll	2 each	150	7	*N/A*	0.67	0.4	0.13	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	50	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	295	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Mustard: individual PC	1 each	100	0	0	0.0	0.0	0.00	0.00

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ANNA ISD

Planned Menu Spreadsheet

Portion Values - Detailed

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Jan 1, 2025 thru Jan 31, 2025

4 Day Anna HS breakfast

003 - Anna High School

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			377	*53	73.55	5.52	2.20	0.00
% of Calories				*56.4%	78.1%	13.2%	5.3%	0.0%
Nutrient Guideline			550-650				<10.00	

Thu - 01/30/2025								
4 Day Anna HS breakfast	Total	400						
French Toast Sticks: Sec 12.13	4 Each	200	208	11	25.63	8.78	2.10	0.11
Bacon, slice, preckd, Tyson	2 each	280	90	*N/A*	0.0	7.0	2.50	0.00
CEREAL,VARIETY	1 each	50	103	7	22.35	1.38	0.26	0.00
Muffins, Variety, IW	1 each	50	143	11	23.74	3.96	1.09	0.00
Pop Tart: Variety	1 each	50	180	15	37.67	2.67	1.00	0.00
Donut, IW Powdered Sugar 6pk	1 each	50	300	28	40.0	10.0	5.00	0.00
CRACKERS,GRAHAM	Pkg	225	120	6	22.0	3.0	0.00	0.00
Fresh Fruit	1 EACH	250	79	14	20.41	0.26	0.05	0.00
Juice, Variety 100%	1 Each	275	62	13	15.0	0.0	0.00	0.00
Milk: Chocolate Milk/Fat F	1 each	295	110	18	19.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	110	12	13.0	2.5	1.50	0.00
Weighted Daily Average			538	*52	82.45	14.30	4.29	0.05
% of Calories				*38.7%	61.3%	23.9%	7.2%	0.1%
Nutrient Guideline			550-650				<10.00	

Weighted Average			503	*51	83.92	11.26	3.47	*0.27
				*91.7%	66.7%	20.1%	6.2%	*0.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	503		550 - 650	91%		47		Correction Required - Calories are Low
Sugars (g)	51				Missing			
Carbohydrate (g)	83.92	40.77%						
Total Fat (g)	11.26	66.74%						
Saturated Fat (g)	3.47	20.15%	<10.00%					
Trans Fat ¹ (g)	0.27	6.21%			Missing			
		0.48%						

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