

LENT TERM MENU

MONDAY

LUNCH

Green pea Soup with Artisan Breads

Keralan Chicken Curry with Chickpea and Kale Chana, Naan Bread

Bigos Hunters Stew served with Half Baguette

Bean Chilli with fresh Garlic, Onion and Mushroom ,Tortilla, Guacamole, Salsa, Sour Cream, Arroz Verde Rice,

Steamed Broccoli, Buttered Sweetcorn, New Potatoes

Baked Potato, Baked Beans, Pesto and Roast Tomato Pasta

Beetroot Chocolate Brownie, Fresh Fruit, Fruit Salad, Assorted Jellies,

TUESDAY

LUNCH

Mexican Bean Soup with Artisan Breads

Beef Barbacoa, with Bean Rice, Salsa, Guacamole, Sour Cream, Tortilla Chips

Chicken and Leek Pie
Shepherdess Pie (V) (F)

Roasted Cauliflower, Steamed Greens, Buttered New Potatoes

Baked Potato, Baked Beans, Penne Pasta Bolognese

Lemon and Courgette Cake, Fresh Fruit, Fruit Salad, Assorted Jellies,

WEDNESDAY

LUNCH

Roasted Tomato and Red Pepper Soup with Artisan Breads

Grilled Sausages

Roast Vegetable Wrap
Roast Harissa Chicken Leg

Mash Potatoes, Parsley Carrots, Cauliflower Cheese

Baked Potato, Baked Beans, Cheesy Pasta

Banana Marble Sponge with Chocolate Sauce, Fresh Fruit, Fruit Salad, Assorted Jellies

THURSDAY

LUNCH

Leek and Potato Soup with Artisan Breads

Breaded Chicken, Tomato Sauce and Parmesan, Garlic Bread

Roast Gammon with Parsley Sauce Sauce

Vegan Sausage Casserole

Garlic Roast Potatoes, Roasted Roots, Green Beans

Baked Potato, Baked Beans, Ham and Mushroom Pasta

Toffee Apple Crumble with Pouring Cream, Fresh Fruit, Fruit Salad Assorted Jellies

FRIDAY

LUNCH

Red Lentil and Vegetable Soup with Artisan Breads

Breaded Haddock/Lemon Sole Goujons served with Lemon & Tartare Sauce

Battered Jumbo
Fish Market!

Vegetarian Meatball Sub Roll & Mixed Salad

Golden Fries, Garden Peas, Baked Beans

Baked Potato, Baked Beans

Lemon Tart, Fresh Fruit Fruit Salad, Assorted Jellies

SATURDAY

LUNCH

Mushroom and Ginger Soup with Artisan Breads

New Yorker Hot Dog with, Fried Onions, Herby Potatoes

Spanish Chicken Paella

Sweet Potato Bean Burger, with Herby Potatoes

Roasted Corn, Green Salad

Baked Potato, Baked Beans, Spaghetti Tomato Sauce Vegan Meatball Sauce, Chop Chop Salad

Yum Yum with Raspberry Coulis, Fresh Fruit, Fruit Salad, Assorted Jellies

SUNDAY

