

LENT TERM MENU

MONDAY

LUNCH

Broccoli Soup with Artisan Breads
 Chipotle Beef Chilli & Cumin spice
 Bean Chilli with fresh Garlic, Onion and Mushroom (V) (F)
 Breaded Chicken
 Tortilla, Guacamole, Salsa, Sour Cream, Grated Cheese, Cajun Rice,
 Steamed Broccoli, Buttered Sweetcorn
 Baked Potato, Baked Beans, Pesto and Roast Tomato Pasta
 Fruit Flapjack, Fresh Fruit, Fruit Salad, Assorted Jellies,

TUESDAY

LUNCH

Carrot and Coriander Soup with Artisan Breads
 Tandoori Chicken Leg, Basmati Rice, Mint Yogurt, Veg Samosa
 Mince Beef and Vegetable Pie
 Shepherdess Pie (V) (F)
 Roasted Cauliflower, Steamed Greens, Mash Potatoes
 Baked Potato, Baked Beans, Penne Pasta Bolognese
 Fruits of the Forest Meringue Nests, Fresh Fruit, Fruit Salad, Assorted Jellies,

WEDNESDAY

LUNCH

Roasted Tomato and Basil Soup with Artisan Breads
 Lamb Bolognese with Spaghetti, Garlic Bread, Rocket and Parmesan
 Roast Vegetable and Cheese Panini
 Roast Turkey with Cranberry Sauce & GF Gravy
 Lyonnaise Potatoes, Spiced Apple Cabbage, Baton Carrots, Yorkshire Pudding
 Baked Potato, Baked Beans, Cheesy Pasta
 Carrot Cake with Orange Icing, Fresh Fruit, Fruit Salad, Assorted Jellies

THURSDAY

LUNCH

Leek and Potato Soup with Artisan Breads
 Turkey and Pepper Fajita, Bean Rice, Salsa, Sour Cream, Guacamole
 Roast Loin of Pork with Apple Sauce
 Vegan Sausage Casserole
 Garlic Roast Potatoes, Roasted Roots, Green Beans
 Baked Potato, Baked Beans, Ham and Mushroom Pasta
 Lemon Drizzle Cake, Fresh Fruit, Fruit Salad Assorted Jellies

FRIDAY

LUNCH

Red Lentil, Chick Pea & Chilli Soup with Artisan Breads
 Breaded Haddock/Lemon Sole Goujons served with Lemon & Tartare Sauce
 Battered Jumbo
 Fish Market!
 Penne Pasta with tomato Sauce, Garlic Bread & Mixed Salad
 Golden Fries, Garden Peas, Baked Beans
 Baked Potato, Baked Beans
 Cookie Selection, Fresh Fruit Fruit Salad, Assorted Jellies

SATURDAY

LUNCH

Spiced Carrot and Ginger Soup with Artisan Breads
 Garlic and Soy Chicken Thighs
 Salmon and Vegetable Paella
 Crispy Tofu
 Buffalo cauliflower, Kale, Prawn Crackers, Ni Hao Noodles
 Baked Potato, Baked Beans, Spaghetti Tomato Sauce Vegan Meatball Sauce, Chop Chop Salad
 Chocolate Fudge Cake, Fresh Fruit, Fruit Salad, Assorted Jellies

SUNDAY

