

Week 13th – 17th January: Choices (C.H.R.I.S.T. value of Responsibility)

“You may not control all the events that happen to you, but you can decide not to be reduced by them.” So said Maya Angelou. We each have to make decisions but how do we choose wisely? Our quotes this week explore this theme.

Wisdom from Spiritual Traditions

At Gibeon the Lord appeared to Solomon in a dream by night; and God said, ‘Ask what I should give you.’ [Solomon said] ‘Give your servant therefore an understanding mind to govern your people.’ (1 Kings 3:5,9)

Greater is he who acts from love than he who acts from fear. (Talmud, Sotah 31a)

“O God, I seek Your counsel through Your knowledge and I seek Your assistance through Your might and I ask You from Your immense favour, for truly You alone decree our fate while I do not, and You know while I do not, and You alone possess all knowledge of the Unseen.” (Salat al-Istikhaara from hadith from Jabir ibn ‘Abd-Allah al-Salami)

Life in all its fullness – John 10:1-10

Reflection & Prayer

Give us wisdom, O God,
to make the best choices in life:
without hurrying into rash decisions;
without stopping to consult with others we can trust;
without making choices just to try and please others.
Show us how to make choices that can truly feed our souls
so may we all come to know life in its fullness. Amen.

Choices: 13th– 17th January 2025	
Monday	When faced with a decision, choose the path that feeds your soul. -- Dorothy Mendoza Row
Tuesday	You may not control all the events that happen to you, but you can decide not to be reduced by them. -- Maya Angelou
Wednesday	You are only one decision from a totally different life. -- Wilfred A. Peterson
Thursday	There’s no wrong time to make the right decision. -- Dalton McGuinty
Friday	Every decision you make reflects your evaluation of who you are. -- Marianne Williamson