

Monona Grove Pool

January 20-26, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*Lap Swim	6-8am 10am-1pm 6-8pm	6:30-8am** (2 lanes 6:30-7:30am) 4-8pm	6-8am 10am-1pm 6-8pm (lanes 5-7)	6:30-8am** (2 lanes 6:30-7:30am) 10am-1pm 7-8pm	6-8am** (2 lanes 6-7:30am) 10am-1pm	7-11am	8am-12pm
HS Swim Team	4-6pm	MG @ OREGON	4-6pm	4-6pm	6-7:30am 4-6pm		
OWT (4 lanes)		6-7pm		6-7pm			
BBMC							2:15-3:30pm
HS PE Class			2-3:30pm		2-3:30pm		
MGDC		4-6pm (lane 1)	6-8pm (lane 8)				
Swim Lessons							12:15- 2:15pm
BAC (4 lanes)	6-8pm		6-8pm	6-8pm			
Masters		5:30-6:30am 6:30-7:30am**		5:30-6:30am 6:30-7:30am**			
Open Swim (2 lanes)	10am-1pm	4-6pm	10am-1pm	10am-1pm	10am-1pm	9-11am	8am-12pm

*Expect to share your lane

**Men's locker room closed Mon/Fri 7:30-8am, Tu/Th 7:15-7:45am and Sat 9:45-10:10am

Rates and Passes

Daily Rates: R \$3/NR: \$4

	<u>3-Month</u>	<u>Year</u>
Resident (R)	\$45	\$150
Resident Senior (55+)	\$35	\$95
Resident Family	\$85	\$200
Non-Resident (NR)	\$70	\$235
Non-Resident Senior (55+)	\$55	\$145
Non-Resident Family	\$130	\$300
15- Visit Punch Card:	R:\$37.00/NR:\$55.00	

Deep Water Test

In order to use the lap lanes and swim in the deep end every child under 18 is required to perform the deep water competency test.

Jump in deep end, tread or float for 1 minute, execute a 360 degree turn and orient self to shallow end, swim 25 yards of front crawl or elementary backstroke (without resting/stopping for any of the testing)

Names of all children who pass will be recorded

Swimming Lesson Policy

All swim lessons held at the MG Pool must be instructed by a MG Pool staff member or an approved instructor.

Lap Swim

Is for swimming back and forth. Children under 18 must pass deep water test to use lap lanes.
2 swimmers-swim side by side
3 swimmers- circle swimming.

Open Swim

Is for family/toy friendly.

*children who do not pass/do not take deep water test and cannot touch in shallow end at rope must be in USCG approved flotation device and be within arm's reach of parents/guardian.

Monona Grove Pool Rules

1. Children **under 8** must be within arm's reach of an adult 18 years or older at all times.
2. Children **under 12** must be accompanied by an adult 18 years or older in the facility at all times.
3. USCG approved flotation devices are permitted only if an adult 18 or older is within arm's reach.
4. Diving is only allowed in 7 ft. water, no diving in the shallow end or along the sides of the pool.
5. The following are not allowed in pool/on deck
 - a. Horseplay/jumping/playing on the ramp^
 - b. Diaper changing*
 - c. Profane language
 - d. Food, drink, gum and tobacco products*
 - e. Animals*
 - f. Glass containers*
 - g. Patrons under the influence of alcohol or other drugs^
 - h. Use of swim team diving blocks^
 - i. Horseplay, running, shoving or dunking^
 - j. Breath holding/hyperventilation

^Behavior that endangers the safety and wellbeing of yourself and/or other patrons will not be allowed.

Hygiene

1. All patrons must shower before entering the pool and after using the restroom.*
2. Patrons having contagious or infectious health conditions and/or open wounds will not be allowed in the pool per the discretion of the lifeguard.*
3. Long hair must have swim cap or tied back.
4. All patrons must wear appropriate swim attire. No cut-off shorts, clothing with rivets, buttons and/or zippers allowed.
5. Patrons who are not toilet-trained are required to wear swim diapers/rubber pants (over cloth diapers) and a swim suit.*
6. Absolutely no swimming without a lifeguard on duty.
7. All patrons must follow the directives of and be respectful of the lifeguard or instructor in charge. Failure to do so will result in the patron being asked to leave.

**Indicates Department of Agriculture, Trade, and Consumer Protection Administrative Code rule.*