

Woodland Lunch

JANUARY

2025 K-8 & 9-12

Monday	Tuesday	Wednesday	Thursday	Friday	
		1 OFF	2 OFF	3 OFF	
6**Meatless Monday** Bean & cheese burrito Corn salsa Green Beans Applesauce Papaya Mango Assorted Milk	7 Chicken quesadillas Rice Pilaf Refried beans Mandarin-oranges/Grapes Assorted Milk	8 Goulash Breadstick Roasted veggies Asparagus Peaches / Pears Assorted Milk	9 Black bean Burger Yams California Blend Pineapple Cuties oranges Assorted Milk	10 Popcorn chicken Scallop Potatoes Baked beans Cantaloupe Applesauce Assorted Milk	Alternate: Monday PB&J Tue-Fri: Chicken wrap
13 **Meatless Monday** Mac & cheese Sweet tater tots Broccoli Pears Honeydew Assorted Milk	14 Hamburger Green Beans Garden salad Fruit Cocktail Applesauce Assorted Milk	15 BBQ chicken Whole Grain roll Roasted potato's Wax Beans Peaches/ Grapes Assorted Milk	16 Chicken tenders Squash Peas & Carrot Mandarin oranges/ Mango Assorted Milk	17 French Bread cheese pizza Cucumber slices California blend Cantaloupe Grapes Assorted Milk	Alternate: Monday PB&J Tue-Fri: Turkey Sandwich
20 OFF	21 Walking taco Rice pilaf Broccoli Peas/carrots Peaches Mango cup Assorted Milk	22 Hot Ham Cheese Sandwich Baked beans California Blend Applesauce Orange Slices Assorted Milk	23 Spaghetti Whole Grain Roll Squash blend Garden Salad Honeydew Pears Assorted Milk	24 Cheese Pizza Salad Green Beans Fruit cocktail Grapes Assorted Milk	Alternate: Monday PB&J Tue-Fri: Ham & cheese Sandwich
27**Meatless Monday** Grilled Cheese Vegetable soup Garden salad Grapes / Pears Assorted Milk	28 Cheeseburger Broccoli Sweet fries Pineapple Cuties oranges Assorted Milk	29 Chicken alfredo California blend Carrot sticks Pears / Grapes Assorted Milk	30 Fish Bites Cauliflower Peas Cantaloupe Strawberries Assorted Milk	31 Pizza bagel Cucumber slices Garden Salad Applesauce Orange slices Assorted Milk	Alternate: Monday: PB&J Tue-Fri: Turkey wrap

USDA is an equal opportunity provider and employer.

Questions, please feel free to call Kellie Strenk (810)455-4289

Condiments may include:
ketchup, mustard, light mayonnaise,
butter & light Ranch dressing

STUDENT PRICES:
Milk/Juice
Elementary Lunch
Secondary
Reduce Lunch

ADULT PRICES:
Lunch \$5.15
Milk .90

Assorted Milk included with every meal, 1% white, Chocolate & Strawberry

***Grindable will substitute mixed veggies for salad, fruit cocktail for pineapple, and peas for corn.**

**** All students are provided a free breakfast and lunch, under the CEP program**