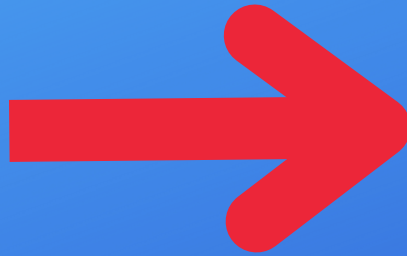


# 2025 ARMSTRONG SPRING ACTIVITY REGISTRATION

Preparing for the Spring Checklist

Armstrong Spring  
Registration  
will open online  
on Feb 10, 2025



## Academic Check

All students have to  
pass 80% of classes  
from previous semester  
and be tracking to  
graduate.



## Have a valid sports Physical on file

Physicals are good for  
three years. This is needed  
to participate in first  
practices/tryouts!

## Visit Program

websites for spring  
tryouts first practices  
links to programs can  
be found on AHS  
school website