

Balsz School District 2024

Wellness Report Card



Goals met

- Enrolled all schools into the Healthy Schools Program
- Served locally-grown produce in all schools
- Conducted vegetable taste-tests in 75% of schools
- Met with all schools' student councils to gather feedback about menus
- Hold Future Chef event with participation open to all students
- Composting program in 75% of schools
- Promote nutrition education with the Fresh Fruit and Vegetable Program
-

Goals still in progress

- Conduct taste-tests in all schools
- Promote Breakfast in all schools
- Expand composting program
- Create nutrition resource page on district webpage

District Wellness Committee

- Meets quarterly to discuss and plan health and wellness goals for district
- Led by Food service director.
- Current members include district food service director, district finance director, food service employee, PE teachers, parents, community health educator

- Wellness policy assessed by wellness committee members and Assistant superintendent.

**Join our Wellness Committee!**
Contact: jgarcia@balsz.org

