



**Spring SEMESTER BEGINS**  
**February 26, 2024**

**WALK-IN REGISTRATION**

Wednesday, February 7

5:30 PM–7:00 PM

Baldwin High School (Main Office)

# CONTINUING EDUCATION

*Spring 2024*

**FOR QUESTIONS OR MORE INFORMATION, CONTACT:**

**Nicholas LaForgia**

**Continuing Education Coordinator**

516.434.6142

[laforgiani@baldwinschools.org](mailto:laforgiani@baldwinschools.org)

[www.baldwinschools.org/continuinged](http://www.baldwinschools.org/continuinged)

# GENERAL INFORMATION

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## COURSE DATES

All classes run on **Mondays or Wednesdays**. See course listings for specific dates of each class.

### MONDAYS

February: 26  
March: 4, 11, 18, 25  
April: 8, 15  
May: 6, 13, 20

### WEDNESDAYS

February: 28  
March: 6, 13, 20  
April: 3, 10, 17  
May: 1, 8, 15  
June: 5, 12

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## LOCATION/DIRECTIONS

Most classes are held at Baldwin High School (**see course descriptions for exceptions**). Directions to all buildings are available on our website.

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## ELIGIBILITY

Resident and non-resident adults are welcome to enroll in classes. There is an **additional \$5 charge for non-residents**. High school students are only allowed to register for the ACT & SAT Prep Classes. See website for details: [www.baldwinschools.org/continuing](http://www.baldwinschools.org/continuing)

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## HOW TO REGISTER

**Complete ONE registration form for EACH course.** Fill out the registration form in the back of this course catalog. The registration form may also be photocopied or downloaded from our website: [www.baldwinschools.org/continuing](http://www.baldwinschools.org/continuing)

Registrations will be processed in the order in which they are received. Many classes have capacity limits and minimum requirements, so register early to avoid the disappointment of closed or cancelled classes. **You will be notified ONLY if your registration cannot be processed.**

**DEADLINE FOR ALL REGISTRATION FORMS FOR SPRING 2024:  
FEBRUARY 7, 2024**

### **Register In-Person:**

**Date:** Wednesday, February 7, 2024, between 5:30 PM – 7:00 PM.

**Location:** Baldwin High School Main Office

**Payment Method:** Cash/Check (payable to: BALDWIN PUBLIC SCHOOLS) accepted. WE CANNOT ACCEPT CREDIT CARDS.

**For Non-Residents:** Please add \$5 to your registration fee.

### **Register by Mail:**

Complete the registration form in this catalog and mail with check (payable to: BALDWIN PUBLIC SCHOOLS) to:

#### **Continuing Education**

Baldwin High School  
841 Ethel T. Kloberg Drive  
Baldwin, NY 11510

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## **CONFIRMATION, CANCELLATIONS, AND SHORTENED CLASSES**

Please check the catalog for class start dates and times. You will only be notified if we are unable to register you for your chosen class.

**Please Note:** Classes may not be able to meet or need to be rescheduled due to school activities or unforeseen events. An email will be sent out as soon as possible. Classes with low enrollment may be shortened rather than cancelled **with no price reduction**.

### **Refunds:**

If your class is cancelled, you'll be notified, and your money will be refunded in the form of a check. Refunds will only be given for insufficient enrollment and will not be given after the class has begun.

## **WEATHER/EMERGENCY CLOSING**

If classes need to be cancelled due to inclement weather, such closings will be posted on our website ([www.baldwinschools.org](http://www.baldwinschools.org)) and on News 12.

## **SENIORVERSIITY**

Senior citizens, who are at least 60 years of age and Baldwin residents, can obtain a Baldwin Gold Card. Courses with an asterisk (\*) next to the course title will receive a 10% discount with the Baldwin Gold Card. The card may be obtained at the Public Information Office within the District Office, 960 Hastings Street, Baldwin, NY or call 516.434.6014 for more information.

## **INSURANCE**

The Baldwin School District is not liable for accidents that may occur while participants are engaged in Continuing Education program activities.

# COURSE DESCRIPTIONS

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## **BASIC COMPUTER SKILLS\***

**INSTRUCTOR:** BRIAN SANDLER

This course will help you to develop basic computer literacy skills. Learn how to conduct effective web searches, organize your computer files, and learn the basics of Microsoft programs such as PowerPoint, Excel and Word.

**LOCATION:** BALDWIN HS RM 423

5 WEDNESDAYS, 7:15 PM-8:15 PM, BALDWIN HS RM 423

**COST:** \$50

FEB. 28, MARCH 6, 13, 20, APRIL 3

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## **ADULT VOLLEYBALL**

**INSTRUCTOR:** FRED ERSKINE

This course is designed for those who have the basic skills to play volleyball. It will focus on intermediate skills, strategies, and organized play. Games will be played on the first night; bring your sneakers. Anyone starting a fitness routine should consult with a physician first.

**LIMIT:** 42 PLAYERS

**LOCATION:** BALDWIN MS GYM

**COST:** \$100

**(INTERMEDIATE):** 10 MONDAYS 8 PM-10 PM

FEB. 26, MARCH 4, 11, 18, 25, APRIL 8, 15, MAY 6, 20, JUNE 3

**(ADVANCED):** 10 WEDNESDAYS, 8 PM-10 PM

FEB. 28 MARCH 6, 20, APRIL 3, 10, 17 MAY 1, 8 JUNE 5, 12

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## **PICKLEBALL**

**INSTRUCTOR:** TRACEY MORRIS-DOWNING

Pickleball is the fastest growing sport in the USA. It combines many elements of Table Tennis, Badminton, and Ping-Pong. It is played on a Badminton sized court and a slightly modified tennis net, with a paddle and slow-moving plastic ball with holes. Course is best for intermediate level players. Paddles are available but bringing your own is best. **\*Note:** In the event of inclement weather and gym space is needed for students, class may be cancelled at the last minute and rescheduled\*

**LIMIT:** 16 PLAYERS

**LOCATION:** BALDWIN HS BACK GYM

**COST:** \$100

**(BEGINNER):** 10 MONDAYS, 7 PM-9 PM

FEB. 26, MARCH 4, 11, 18, 25, APRIL 8, 15, MAY 6, 13, 20

**(INTERMEDIATE):** 10 WEDNESDAYS, 7 PM-9PM

FEB. 28, MARCH 6, 13, 20, APRIL 3, 10, 17, MAY 1, 8, 15

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## **PRINCIPLES OF THE ASIAN PHYSICAL ARTS**

**INSTRUCTOR:** RICHARD PATE

This class is structured around the principles of the Asian physical arts. The exercises focus on connecting the mind and body through awareness of the breath and alignment. The movements are done slowly to develop flexibility and balance so that the student gains a greater awareness of the interconnectivity of the body. First, through the practice of Standing Meditation, Wuji, we learn to let go of any excess tension, increasing our ability to relax our minds and bodies. QiGong exercises have been described as Chinese yoga. They enable the practitioner

to move energy through the body's meridian system. In addition, the class will introduce some simple Tai Chi forms.

**LOCATION:** BALDWIN HS CAFE A

MONDAYS AND WEDNESDAYS 7-8:15

FEBRUARY 26, 28, MARCH 4, 6, 18, 20, 25, APRIL 3, 8, 10, 15, 17

**COST:** \$150

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## **METHOD TEST PREP**

Method Test Prep has provided standardized test preparation to Long Island students through tutoring and classroom instruction for over 10 years. We have developed effective teaching methods and learning techniques that have helped thousands of students on Long Island and nationwide significantly raise their SAT scores. Our classes are constructed based on the individual strengths and weaknesses of the students, and will focus on the fundamental content, strategies and techniques needed to succeed on the SAT. Course materials include The Official SAT Study Guide and supplemental materials developed by Method Test Prep. In addition, students will have access to Method Test Prep's online SAT preparation program, the lessons from which will be used as supplemental instruction material. **This class is for juniors and seniors.**

**LOCATION:** BALDWIN HS RM 611

**TO REGISTER:** [www.methodtestprep.com/baldwin](http://www.methodtestprep.com/baldwin)

SESSION 1 (7-9:30) JAN. 31, FEB. 5, 7, 12, 14, 26, 28, MARCH 4

SESSION 2 (7-9) MARCH 13, 18, 20, 25, APRIL 3, 8, 10, 15, 17, MAY 1

SESSION 3 (7-9:30) MAY 6, 8, 13, 15, 20, 22, 29

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## **FAMILY AND FRIENDS ADULT CPR**

**INSTRUCTOR:** Bonnie & Stephen Karejwa

This course will cover the aspects of Adult & Child CPR, choking, stroke, the use of an AED, the signs and symptoms of a heart attack, how to access the emergency medical system and more. Materials fee: \$40, paid by each student on class night by cash or check. Questions? Contact Steve at: [LCP-COURSE@OPTONLINE.NET](mailto:LCP-COURSE@OPTONLINE.NET)

**LOCATION:** BALDWIN HS RM 617A

ONE NIGHT- MONDAY, MARCH 25, 7-9 PM

**REGISTRATION FEE:** \$20 **MATERIALS FEE:** \$40, PAID BY EACH STUDENT ON CLASS NIGHT BY CASH OR CHECK.

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## **FAMILY AND FRIENDS CHILD/INFANT CPR**

**INSTRUCTOR:** Bonnie & Stephen Karejwa

This course will cover the aspects of Infant CPR, choking, how to access the emergency medical system, prevention of injuries and much more. Materials fee: \$40, paid by each student on class night by cash or check. Questions? Contact Steve at: [LCP-COURSE@OPTONLINE.NET](mailto:LCP-COURSE@OPTONLINE.NET)

**LOCATION:** BALDWIN HS RM 617A

ONE NIGHT- WEDNESDAY APRIL 3, 7-9 PM

**REGISTRATION FEE:** \$20 **MATERIALS FEE:** \$40, PAID BY EACH STUDENT ON CLASS NIGHT BY CASH OR CHECK.

**FOR A COMPLETE COURSE LIST, VISIT THE DISTRICT WEBSITE.**

[www.baldwinschools.org/continuinged](http://www.baldwinschools.org/continuinged)

# BALDWIN PUBLIC SCHOOLS CONTINUING EDUCATION PROGRAM

## SUPERINTENDENT OF SCHOOLS

Dr. Shari L. Camhi

## BOARD OF EDUCATION

Mary Jo O'Hagan, President  
Thomas Smyth, Vice President  
Susan Cools, Trustee  
Annie Doresca, Trustee  
Pamela Green, Trustee

## CONTINUING EDUCATION COORDINATOR

Nicholas LaForgia

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## Interested in becoming an Adult Education Instructor?

Please contact Nicholas LaForgia, Continuing Education  
Coordinator, for more information:  
[laforgiani@baldwinschools.org](mailto:laforgiani@baldwinschools.org) or 516.434.6124

## VISIT/CONTACT US

**Location:** Continuing Education Office (Main Office of Baldwin High School)  
841 Ethel T. Kloberg Drive Baldwin, NY 11510

**Office Hours:** 6:30 PM to 9:30 PM (when evening classes are in session)

**Phone:** 516.434.6124

**Website:** [www.baldwinschools.org/continuinged](http://www.baldwinschools.org/continuinged)



# BALDWIN PUBLIC SCHOOLS CONTINUING EDUCATION PROGRAM REGISTRATION FORM

**PLEASE PRINT**

LAST \_\_\_\_\_ FIRST \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_

CELL PHONE \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

COURSE TITLE \_\_\_\_\_

COURSE DAY/TIME \_\_\_\_\_

( ) SENIOR CITIZEN – GOLD CARD NUMBER \_\_\_\_\_

( ) NON-RESIDENT – ADD \$5.00 TO REGISTRATION FEE CHECK #  
\_\_\_\_\_ CASH \_\_\_\_\_

*In compliance with the provisions of Title IX of the Educational Amendments of 1972 and Section 504 of the Rehabilitation Act of 1973, the Baldwin School District hereby advises students, parents, employees, and the general public that it offers employment and educational opportunities without regard to sex, race, color, national origin, or handicap. For procedures regarding grievances under Title IX, contact Dr. Michelle Gallo, District Office, (516) 434-6030.*

**INTERESTED IN TEACHING ADULTS?**

Those who are qualified by training and/or experience and who wish to teach adults are invited to submit a resume, a description of the proposed course, and references to the attention of:

Continuing Education Baldwin Public Schools  
960 Hastings Street Baldwin, New York 11510

BALDWIN UFSD IS AN EQUAL OPPORTUNITY EMPLOYER. SMOKING IS PROHIBITED BY FIRE REGULATIONS IN THE SCHOOL BUILDINGS AT ALL TIMES.

**SPRING SEMESTER BEGINS FEBRUARY 26, 2024**

Avoid disappointment, register early.

REGISTRATION ACCEPTED UP TO THE DAY OF THE FIRST CLASS. FIND MAP ON INSIDE COVER AND FORMS IN CENTERFOLD AND ON THE DISTRICT WEBSITE.  
DOWNLOAD THIS CATALOG  
AT [WWW.BALDWINSCHOOLS.ORG/CONTINUINGED](http://WWW.BALDWINSCHOOLS.ORG/CONTINUINGED)

**BALDWIN UNION FREE SCHOOL DISTRICT**

960 Hastings Street, Baldwin, NY 11510  
516.434.6000  
[www.baldwinschools.org](http://www.baldwinschools.org)



**CAR-RT SORT**

Non-Profit  
Organization  
U.S. Postage

**PAID**

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**Current Resident**