

# JANUARY 2025

# Calais Elementary

# LUNCH



**Daily Sandwich Options:** Turkey and Cheese, Ham and Cheese, PB&J

This menu is subject to change and this establishment is an equal opportunity provider



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.



Reference: Eat Right

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



No School  
Happy New Year! **1**

Grilled Cheese and  
Tomato Soup **2**

Cheese or Pepperoni  
Pizza **3**

Chicken, Gravy, Biscuits,  
Mashed Potatoes, Peas  
and Carrots  
Vegetarian Option  
Available **6**

Cheese Quesadilla  
Corn Chowder **7**

Mac and Cheese  
Broccoli **8**

Hamburger, Cheeseburger  
or Bean Burger on a Bun  
Potato Wedges **9**

Spaghetti and Meatballs **10**

Breakfast  
Cheesy Eggs, Pancakes,  
Sausage Patty, Hash  
Brown Potatoes **13**

Beef or Bean Nachos  
Cheddar, Olives, Avocado,  
Salsa, Sour Cream and  
Corn **14**

BLT with Turkey on a  
Croissant  
Noodle Soup  
Vegetarian Option  
Available **15**

Chicken Patty on a Bun  
Sweet Potato Fries **16**

Cheese or Pepperoni  
Pizza Sticks  
Kale Chips **17**

No School **20**

No School **21**

Pasta Bar  
Marinara, Cheese Sauce or  
Pesto  
Broccoli and Garlic Toast **22**

Sloppy Joe on a Bun  
Potato Wedges  
Vegetarian Option  
Available **23**

Cheese, Sausage or Ham  
and Pineapple Pizza  
Carrot and Celery Sticks **24**

Breakfast  
Scrambled Eggs, Sausage  
Patty, French Toast Sticks,  
Hash Brown Potato **27**

Stir Fry Chicken or Tofu  
Edamame **28**

Loaded Tater Tots  
Bacon, Ham, Beans,  
Cheddar, Olives, Peppers,  
Sour Cream  
Broccoli and Breadstick **29**

Fish Sticks or Tofu Sticks  
Buttered Noodles and  
Peas **30**

Meatball Sub  
Mixed Green Salad  
Vegetarian Option  
Available **31**