

Middle & High School Breakfast Menu

JANUARY 2025

"Refine your diet, Don't be quiet!" - Luna A.
5th Grade @ Holy Trinity

Menu is subject to change and a variety of low fat OR skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain. All items are pork free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>13</p> <p>Corn Muffin OR Honey Cheerios Cup</p> <p>Mott's Apple Juice Fresh Fruit</p>	<p>14</p> <p>Maple Mini Pancakes OR French Toast Sticks</p> <p>Strawberry Craisins Fresh Fruit</p>	<p>15</p> <p>Chocolate Chip Muffin OR Cinnamon Raisin Bagel</p>  <p>National Bagel Day</p> <p>Mixed Fruit Cup Fresh Fruit</p>	<p>16</p> <p>Cherry Vanilla Yogurt & Apple Jacks Pouch OR Mini Cinni Caramel Pull-A-Part</p> <p>Mott's Fruit Punch Fresh Fruit</p>	<p>17</p> <p>Strawberry Mini Bagel OR Confetti Mini Pancakes</p> <p>Strawberry Banana Applesauce Fresh Fruit</p>
<p>20</p>  <p>MLK DAY</p> <p>I HAVE A DREAM</p>	<p>21</p> <p>Maple Mini Pancakes OR Cherry Frudel</p> <p>Mott's Apple Juice Fresh Fruit</p>	<p>22</p> <p>Apple Cinnamon Muffin OR Maple Mini Waffles</p> <p>Mott's Apple White Grape Juice Cherry Craisins</p>  <p>National Hot Sauce Day</p>	<p>23</p> <p>Trix Mini French Toast OR Mini Cinni Caramel Pull-A-Part</p>  <p>National Pie Day</p> <p>Mott's Apple Juice Bagged Sliced Apples</p>	<p>24</p> <p>Cocoa Puffs Cup OR Blueberry Bagel</p> <p>Orange Gel Cup Fresh Fruit</p>
<p>27</p> <p>Confetti Mini Pancakes OR 262 Turkey Sausage Breakfast Pizza Bagel</p> <p>Fresh Fruit Cherry Craisins</p>	<p>28</p> <p>Orange Cranberry Muffin OR Cinnamon Raisin Bagel</p> <p>Mott's Fruit Punch Juice Fresh Fruit</p>	<p>29</p> <p>Cinnamon Toast Crunch Cup OR Cinnamon Toast Mini French Toast</p> <p>Fresh Fruit Pear Cup</p>  <p>Chinese New Year & Lunar New Year</p>	<p>30</p> <p>Strawberry Mini Bagel OR Apple Cinnamon Muffin</p> <p>Strawberry Gel Cup Fresh Fruit</p>	<p>31</p> <p>Trix Mini French Toast OR Cinnamon Mini Waffles</p> <p>Mott's Apple Juice Fresh Fruit</p>

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

