

# January 2025

# Pharr-San Juan-Alamo ISD K - 5<sup>th</sup> Breakfast & Lunch Menu



## Announcements:

Choices of Low Fat or Skim Milk (flavored & unflavored) offered daily.  
Assorted 100% Juice & Fruit offered daily for Breakfast.



\*Menu is subject to change without notice due to deliveries and nation-wide shortages

REV. 3  
12/6/24

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Oranges</b> Season in Texas: September - April Did you know? Like cantaloupes, oranges won't ripen once they're picked</p>				
<p><b>6</b> <b>Staff Development Day</b></p>	<p><b>7</b> BREAKFAST POCKET(S) OR UBR(S), RAISELS(S) ARTISAN CHICKEN TENDERS(S) W/ DINNER ROLL(S) MASHED POTATOES(G), CHEESY BROCCOLI(G) CARROT COINS(G) PEACH POP(G) MIXED FRUIT CUP(S) KETCHUP</p>	<p><b>8</b> CONFETTI PANCAKES(S) OR CEREAL(S), SYRUP(S), FRESH BANANA(G) WALKING TACO(S) CHEESE SAUCE CUP(S) RANCH STYLE BEANS(G) LETTUCE &amp; TOMATO SALAD(G) CUCUMBER SLICES(G) FRESH ORANGE WEDGES(G), DICED PEARS(S) LF DRESSING/TAJIN</p>	<p><b>9</b> APPLE FRUDEL(S) OR UBR(S), DICED PEACH CUP(G) TURKEY ALFREDO PASTA W/ GARLIC BREAD STICK(S) BABY CARROTS(G), STEAMED ZUCCHINI(G) PINEAPPLE TIDBITS(S) WATERMELON CUBES(G) LF DRESSING</p>	<p><b>10</b> WARM TAMALES(S), CHOLULA SAUCE(S) OR CEREAL(S), APPLESAUCE CUP(G) HAMBURGER/CHEESEBURGER(S) TATOR TOTS(G), SIDE SALAD(G) CHERRY MIXED FRUIT(G) ASSORTED FRESH FRUIT(G) LF DRESSING/KETCHUP/ MAYO/MUSTARD</p>
<p><b>13</b> FRENCH TOAST STICKS(S), SYRUP(S) OR CEREAL(S), RAISELS(S) ORANGE CHICKEN(S) W/ STEAMED RICE(G) STEAMED BROCCOLI(G) CARROT COINS(G) MANDARIN ORANGES(S) FRESH APPLE (G)</p>	<p><b>14</b> LOW-FAT YOGURT &amp; GRAHAM CRACKERS(S) OR UBR(S), APPLESAUCE CUP(G) OVEN BAKED MEZQUITE CHICKEN(S) DINNER ROLL(S) MAC &amp; CHEESE(S) TOSSED SALAD(G), FIRE ROASTED CORN(G) PEACH POP(G), MIXED FRUIT CUP(S) LF DRESSING/ KETCHUP/MAYO</p>	<p><b>15</b> BREAKFAST MUFFIN W/ CHEESE STICK(S), OR CEREAL(S), FRESH BANANA(G) STEAK FINGERS W/ DINNER ROLL(S) MASHED POTATOES(S) BABY CARROTS(S) FRESH ORANGE WEDGES(G) DICED PEARS(S) LF DRESSING/ KETCHUP</p>	<p><b>16</b> EGGO MINI WAFFLES(S), SYRUP(S) OR UBR(S), DICED PEACH CUP(G) HOT DOG(S) SUN CHIPS(S) RANCH STYLE BEANS(G), CHEESY CAULIFLOWER(G) JUICE RUSH CUP(G) PINEAPPLE TIDBITS(S) KETCHUP/MAYO/MUSTARD</p>	<p><b>17</b> MORNING SAUSAGE ROLL(S) OR CEREAL(S), APPLESAUCE CUP(G) PEPPERONI PIZZA(S) BABY CARROTS(G) CUCUMBER SLICES(G) CHERRY MIXED FRUIT(G) ASSORTED FRESH FRUIT(G) LF DRESSING/TAJIN</p>
<p><b>20</b> BREAKFAST POCKET(S) OR CEREAL(S) RAISELS(S) CHICKEN SMACKERS W/ DINNER ROLL(S) MASHED POTATOES(G) BABY CARROTS(G) FRESH APPLE(G) MANDARIN ORANGES(S) KETCHUP/LF DRESSING</p>	<p><b>21</b> PANCAKE ON A STICK(S), SYRUP(S) OR UBR(S), APPLESAUCE CUP(G) HAMBURGER/CHEESEBURGER(S) CRINKLE CUT FRIES(S) SIDE SALAD(G) CELERY STICKS(G) FRESH ORANGE WEDGES(G) CHERRY MIXED FRUIT(G) MAYO/MUSTARD/KETCHUP/LF DRESSING</p>	<p><b>22</b> MINI CINNIS(S) OR CEREAL(S), FRESH BANANA(G) CRISPY BEEF TACOS(S) SHREDDED CHEESE(G) SOPA DE FIDEO(G) CABBAGE &amp; TOMATO SALAD W/ LEMON WEDGE(G), CHARRO BEANS(G) PEACH POP(G), DICED PEARS(S)</p>	<p><b>23</b> BREAKFAST MUFFIN W/ CHEESE STICK(S) OR UBR(S), DICED PEACH CUP(G) TURKEY &amp; CHEESE HOAGIE(S) W/ BAKED CHIPS(S) GOLDEN CORN(G), CHEESY BROCCOLI(G) PICKLE SPEARS(S) CANTALOUPE CHUNKS(G) OR PINEAPPLE TIDBITS(S) KETCHUP/MUSTARD/MAYO</p>	<p><b>24</b> WARM TAMALES(S), CHOLULA SAUCE(S) OR CEREAL(S) APPLESAUCE CUP(G) <b>CHEESY FRENCH BREAD(S) MARINARA SAUCE(G)</b> BABY CARROTS(G) CUCUMBER SLICES(G) 100% FRUIT JUICE SLUSH(G) ASSORTED FRESH FRUIT(G) LF DRESSING/TAJIN</p>
<p><b>27</b> FRENCH TOAST STICKS(S), SYRUP(S) OR CEREAL(S), RAISELS(S) ORANGE CHICKEN(S) W/ STEAMED RICE(G) STEAMED CAULIFLOWER(G) CARROT COINS(G) MANDARIN ORANGES(S) FRESH APPLE (G) LF DRESSING</p>	<p><b>28</b> LOW-FAT YOGURT &amp; GRAHAM CRACKERS(S) OR UBR(S), APPLESAUCE CUP(G) ARTISAN CHICKEN TENDERS(S) W/ DINNER ROLL(S) MASHED POTATOES(G) CHEESY BROCCOLI(G) WATERMELON CUBES(G) MIXED FRUIT CUP(S) KETCHUP</p>	<p><b>29</b> CONFETTI PANCAKES(S) OR CEREAL(S), SYRUP(S), FRESH BANANA(G) FRITO PIE(S) CHEESE SAUCE CUP(S) RANCH STYLE BEANS(G) LETTUCE &amp; TOMATO SALAD(G) PEACH POP(G), DICED PEARS(S) LF DRESSING</p>	<p><b>30</b> APPLE FRUDEL(S) OR UBR(S), DICED PEACH CUP(G) TURKEY ALFREDO PASTA W/ GARLIC BREAD STICK(S) CALIFORNIA BLEND VEGGIES(G), CRANBERRY KALE SALAD(G) FRESH ORANGE WEDGES(G) PINEAPPLE TIDBITS(S) GOLDEN ITALIAN DRESSING</p>	<p><b>31</b> MORNING SAUSAGE ROLL(S) OR CEREAL(S), APPLESAUCE CUP(G) PEPPERONI PIZZA(S) BABY CARROTS(G) CUCUMBER SLICES(G) CHERRY MIXED FRUIT(G) ASSORTED FRESH FRUIT(G) LF DRESSING/TAJIN</p>



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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