

# January 2025

## Pharr-San Juan-Alamo ISD Pre – K Breakfast & Lunch Menu



### Announcements:

Choices of Low Fat or Skim Milk (unflavored) offered daily.  
Assorted 100% Juice OR Fruit offered daily for Breakfast.



\*Menu is subject to change without notice due to deliveries and nation-wide shortages

REV. 2  
12/6/24

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>Oranges</b></p> <p align="center">Season in Texas: September - April</p> <p align="center">Did you know?</p> <p align="center">Like cantaloupes, oranges won't ripen once they're picked</p>				
<p><b>6</b></p> <p align="center"><b>Staff Development Day</b></p>	<p><b>7</b> BREAKFAST POCKET(S) 100% FRUIT JUICE(S)</p> <p>ARTISAN CHICKEN TENDERS(S) W/ DINNER ROLL(S) MASHED POTATOES(G) PEACH POP(G) KETCHUP</p>	<p><b>8</b> CONFETTI PANCAKES(S), SYRUP(S), FRESH BANANA(G)</p> <p>WALKING TACO(S) CHEESE SAUCE CUP(S) LETTUCE &amp; TOMATO SALAD(G) FRESH ORANGE WEDGES(G) LF DRESSING</p>	<p><b>9</b> LOW-FAT YOGURT(S), CHEERIOS(G) DICED PEACH CUP(G)</p> <p>TURKEY ALFREDO PASTA W/ GARLIC BREAD STICK(S) STEAMED ZUCCHINI(G) WATERMELON CUBES(G)</p>	<p><b>10</b> WARM TAMALES(S) APPLESAUCE CUP(G)</p> <p>HAMBURGER/CHEESEBURGER(S) TATOR TOTS(G) CHERRY MIXED FRUIT(S) KETCHUP/ MAYO/MUSTARD</p>
<p><b>13</b> FRENCH TOAST STICKS(S), SYRUP(S), 100% FRUIT JUICE(S)</p> <p>ORANGE CHICKEN(S) W/ STEAMED RICE(G) STEAMED BROCCOLI(G) MANDARIN ORANGES(S)</p>	<p><b>14</b> CHEERIOS(G) APPLESAUCE CUP(G)</p> <p>OVEN BAKED MEZQUITE CHICKEN(S)(1 EA) DINNER ROLL(S) TOSSED SALAD(G) PEACH POP(G) LF DRESSING/KETCHUP</p>	<p><b>15</b> BREAKFAST MUFFIN, OR FRESH BANANA(G)</p> <p>STEAK FINGERS W/ DINNER ROLL(S) MASHED POTATOES(S) DICED PEARS(S) KETCHUP</p>	<p><b>16</b> EGGO MINI WAFFLES(S), SYRUP(S) DICED PEACH CUP(G)</p> <p>BEAN &amp; CHEESE BURRITO(S) CHEESY CAULIFLOWER(G) JUICE RUSH CUP(S) KETCHUP</p>	<p><b>17</b> LOW-FAT YOGURT(S), GRAHAM CRACKERS(S) APPLESAUCE CUP(G)</p> <p>PEPPERONI PIZZA(S) CUCUMBER SLICES(G) CHERRY MIXED FRUIT(G) LF DRESSING</p>
<p><b>20</b> BREAKFAST POCKET(S) 100% FRUIT JUICE(S)</p> <p>CHICKEN SMACKERS W/ DINNER ROLL(S)(1 EA) MASHED POTATOES(G) MANDARIN ORANGES(S) KETCHUP</p>	<p><b>21</b> CONFETTI PANCAKES(S), SYRUP(S) APPLESAUCE CUP(G)</p> <p>HAMBURGER/CHEESEBURGER(S) CRINKLE CUT FRIES(S) FRESH ORANGE WEDGES(G), MAYO/MUSTARD/KETCHUP</p>	<p><b>22</b> LOW-FAT YOGURT(S), CHEERIOS(G) FRESH BANANA(G)</p> <p>CRISPY BEEF TACOS(S) SHREDDED CHEESE(G) SOPA DE FIDEO(G) CABBAGE &amp; TOMATO SALAD W/ LEMON WEDGE(G) PEACH POP(G)</p>	<p><b>23</b> BREAKFAST MUFFIN DICED PEACH CUP(G)</p> <p>TURKEY &amp; CHEESE HOAGIE(S) GOLDEN CORN(G) CANTALOUPE CHUNKS(G) KETCHUP/MUSTARD/MAYO</p>	<p><b>24</b> WARM TAMALES(S) APPLESAUCE CUP(G)</p> <p>CHEESY FRENCH BREAD(S) CUCUMBER SLICES(G) CHERRY MIXED FRUIT(G) LF DRESSING</p>
<p><b>27</b> FRENCH TOAST STICKS(S), SYRUP(S) 100% FRUIT JUICE(S)</p> <p>ORANGE CHICKEN(S) W/ STEAMED RICE(G) STEAMED CAULIFLOWER(G) MANDARIN ORANGES(S)</p>	<p><b>28</b> LOW-FAT YOGURT(S), GRAHAM CRACKERS(S) APPLESAUCE CUP(S)</p> <p>ARTISAN CHICKEN TENDERS(S) W/ DINNER ROLL(S) MASHED POTATOES(G) WATERMELON CUBES(G) KETCHUP</p>	<p><b>29</b> CONFETTI PANCAKES(S), SYRUP(S), FRESH BANANA(G)</p> <p>FRITO PIE(S) CHEESE SAUCE CUP(S) LETTUCE &amp; TOMATO SALAD(G) PEACH POP(G)</p>	<p><b>30</b> BREAKFAST MUFFIN(S) DICED PEACH CUP(G)</p> <p>TURKEY ALFREDO PASTA W/ GARLIC BREAD STICK(S) CALIFORNIA BLEND VEGGIES(G) FRESH ORANGE WEDGES(G)</p>	<p><b>31</b> CHEERIOS(G) APPLESAUCE CUP(G)</p> <p>PEPPERONI PIZZA(S) CUCUMBER SLICES(G) CHERRY MIXED FRUIT(G) LF DRESSING</p>



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



Food and Nutrition Division  
www.SquareMeals.org

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 6/6/2024  
National School Lunch Program