

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1.	2	3	4
5	6 NO SCHOOL	7 RUNNING CLUB	8 RUNNING CLUB	9	10 RUNNING CLUB	11
12	13	14 RUNNING CLUB	15 RUNNING CLUB	16	17 RUNNING CLUB	18
19	20 MLK DAY NO SCHOOL	21 3:30-5:30 TRACK STARTS	22 3:30-5:30	23 3:30-5:30	24 3:30-5:30	25 <u>PRACTICE</u> 7:00-9:30
26	27 3:30-5:30	28 3:30-5:30	29+ 3:30-5:30	30 3:30-5:30	31 3:30-5:30	

FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						2/1 PRACTICE 7-9:30
2	3 3:30-5:30	4 3:30-5:30	5 11:30 DISMISSAL NO PRACTICE	6 3:30-5:30	7 3:30-5:30	8 PRACTICE 7-9:30 Parent Meeting 9:30 classroom outside fieldhouse
9	10 3:30-5:30	11 3:30-5:30	12 3:30-5:30 UNIFORMS	13 3:30-5:30 UNIFORMS	14 3:30-5:30	15 MEET AT LYONS 9:00 MARIST, LAKE PARK LAKE ZURICH
16	17 PRESIDENTS DAY PRACTICE 3:30-5:30	18 3:30-5:30	19 MEET AT LYONS MCAULEY, ST. IG.	20 3:30-5:30 BOYS MEET-HOME	21 3:30-5:30	22 PRACTICE TBA
23	24 3:30-5:30	25 3:30-5:30	26 3:30-5:30	27 MEET AT LYONS OPRF	28 3:30-5:30	

MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						3/1 PRACTICE 8-10:30
2	3 3:30-5:30	4 JV MEET AT LYONS OAK LAWN WILLOWBROOK	5 3:30-5:30	6 MEET NORTH CENTRAL INVITE VARSITY ONLY LIMITED	7 3:30-5:30 BOYS MEET	8 MEET YORK INVITE FS/VARSITY LIMITED
9	10 3:30-5:30 MEET DGS RELAYS VARSITY LIMITED	11 3:30-5:30	12 11:30 Dismissal Practice TBA	13 3:30-5:30	14 MEET BATAVIA DISTANCE LIMITED	15 MEET AT LYONS 9:00
16	17 3:30-5:30	18 3:30-5:30	19 3:30-5:30	20 3:30-5:30	21 WSC CHAMPIONSHIP AT YORK 5:00 V/FS LIMITED	22 PRACTICE TBA
23	24 3:30-5:30	25-Jan 3:30-5:30	26 3:30-5:30	27 3:30-5:30	28 3:30-5:30	29
30	31					
30	31 SPRING BREAK NO-PRACTICE					

APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NO PRACTICE SPRING BREAK	1 8:00-10:00 SPRING BREAK	2 8:00-10:00 SPRING BREAK	3 8:00-10:00 SPRING BREAK	4 NO PRACTICE SPRING BREAK	5
6	7 3:30-5:30	8 3:30-5:30	9 3:30-5:30	10 3:30-5:30	11 3:30-5:30	12 <u>MEET</u> DGS INVITE VAR/FS LIMITED
13	14 3:30-5:30	15 3:30-5:30	16 3:30-5:30	17 <u>MEET</u> DGN INVITE VAR LIMITED	18 <u>NO SCHOOL</u> NO PRACTICE	19 <u>MEET</u> ARGO INVITE VAR/FS LIMITED
20 EASTER	21 3:30-5:30	22 <u>MEET</u> LYONS DGS, YORK 4:30	23 3:30-5:30	24 3:30-5:30	25 3:30-5:30	26
27	28 3:30-5:30 <u>JV MEET</u> AT LYONS HC, GW SENIOR DAY	29 3:30-5:30	30 <u>MEET</u> AT DGN UNIFORM RETURN AFTER MEET	3:30-5:30	3:30-5:30	

MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 3:30-500	2 <u>MEET</u> WWS INVITE VARSITY LIMITED	3 <u>MEET</u> THORNTON INVITE VAR/FS LIMITED
4	5 3:30-500	6 3:30-500	7 3:30-500	8 3:30-9:00	9 <u>MEET</u> WSC CHAMPIONSHIPS LIMITED	10 <u>8:00-9:30</u>
11	12 3:30-500	13 3:30-500	14 3:30-500 SECTIONAL MEET TBA VARSITY	15 3:30-9:00 SECTIONAL MEET TBA	16 3:30-5:00 SECTIONAL MEET TBA VARSITY	17
18	19 3:30-500	20 3:30-500	21 3:30-500	22 <u>STATE</u> <u>TRACK MEET</u>	23 <u>STATE</u> <u>TRACK MEET</u>	24 <u>STATE</u> <u>TRACK MEET</u>
25	26 MEMORIAL DAY	27	28	29	30	