TROUSDALE COUNTY HIGH SCHOOL

January 2025			Breakfast	
Monday	Tuesday	Wednesday	Thursday	Friday
Wk 1,3,5	Wk 1,3,5	Wk 1,3,5	Wk 1,3,5	Wk 1,3,5
Chicken Biscuit	Sausage/Egg Bagel	Sausage Biscuit	Muffin/Crackers	Cinnamon Roll
Wk 2,4	Wk 2,4	Wk 2,4	Wk 2,4	Wk 2,4
Breakfast Pizza	Pancake Pup	Sausage Biscuit	Muffin/Crackers	Donuts
No Personal Pan Pizza/Salad Served on Mondays!				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
No School-	Popcorn Chicken	Quesadilla	Spaghetti	BBQ Sandwich
No School-	Broccoli/Cheese	Refried Beans	CA Blend Veggies	Fries
Stockpile Day	Fries Slushie Biscuit	Salsa Cup Corn	Cheesy Diced Potatoes Garlic Knot	Mustard/Ketchup/LPTO Carrot Sticks/Ranch
13	14	15	16	17
Chicken Tenders	Corndog Pops	Taco Soup	Lasagna	Ham or Turkey Sandwich
Garlic Mashed Potatoes	Corn	Tortilla Chips	Steamed Broccoli	Chips
Green Peas	Fries	Tater Tots/Ketchup	Baked Potato	Mustard/Mayo
Steamed Carrots	Mustard/Ketchup	Salad	Breadstick	Cucumbers/Ranch
Roll	+		1	V-Blend
20 No School	21	22	23	24
I Have A Dream	Chicken Sandwich	Beefy Tacos/Cheese	Gen. Tso Chicken	Hamburger/Cheese
	Coleslaw Baked Beans	Black Bean Salsa	Fried Rice	Mustard/Ketchup/Mayo/LPTO Fries
	bakeu beans	Corn	Oriental Veggies Egg Roll	Broccoli Salad
		Tortilla Chips	Fortune Cookie	Broccon Salad
Martin Luther King, Jr. Day		Mexican Rice		
27	28	29	30	31
Beef Steak/Gravy	Chicken Leg	Chili/Crackers	Chicken Alfredo	Chicken Sandwich
Country Fried Steak	Black-Eye Peas or Lima Beans	Hotdog	Glazed Carrots	Chips
Mashed Potatoes	CA Blend Veggies	Tater Tots/Ketchup	Scalloped Potatoes	Mustard/Ketchup/Mayo/LPTO
Green Beans	Biscuit	Corn	Roll	Coleslaw
Roll				Baked Beans

A variety of milk and fruit is served with breakfast and lunch daily.