



# CITY OF NEW BRITAIN

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Health Department

[www.newbritainct.gov](http://www.newbritainct.gov)

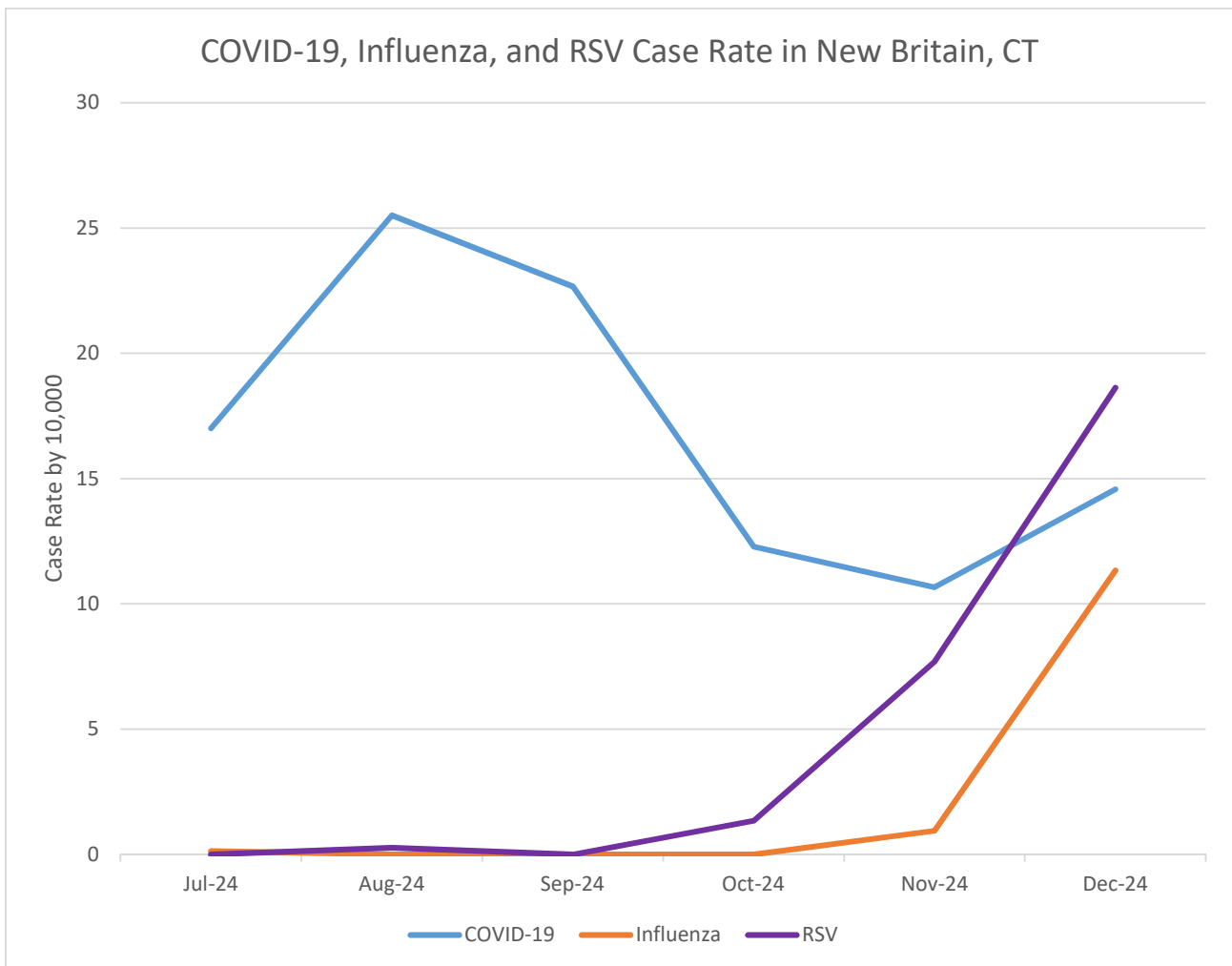
## Monthly Viral Respiratory Diseases Update

Written on 01/06/2025

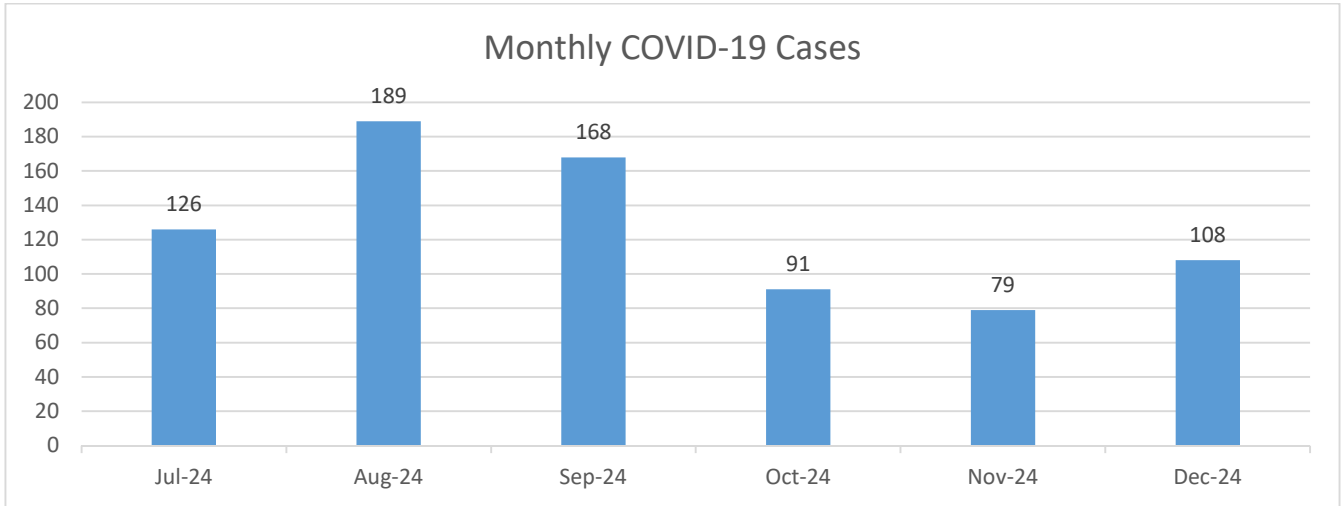
This report brings up-to-date data and information regarding viral respiratory diseases (VRDs) in New Britain, CT. VRDs included in this report are COVID-19, Influenza, and Respiratory Syncytial Virus (RSV). Data in this report was collected from the Local Health Department Portal surveillance system provided by Connecticut Department of Public Health (CT DPH).

### Case Summary: New Britain

The graph below shows the case rate by 10,000 since July 2024 for COVID-19, Influenza, and RSV in New Britain, CT.

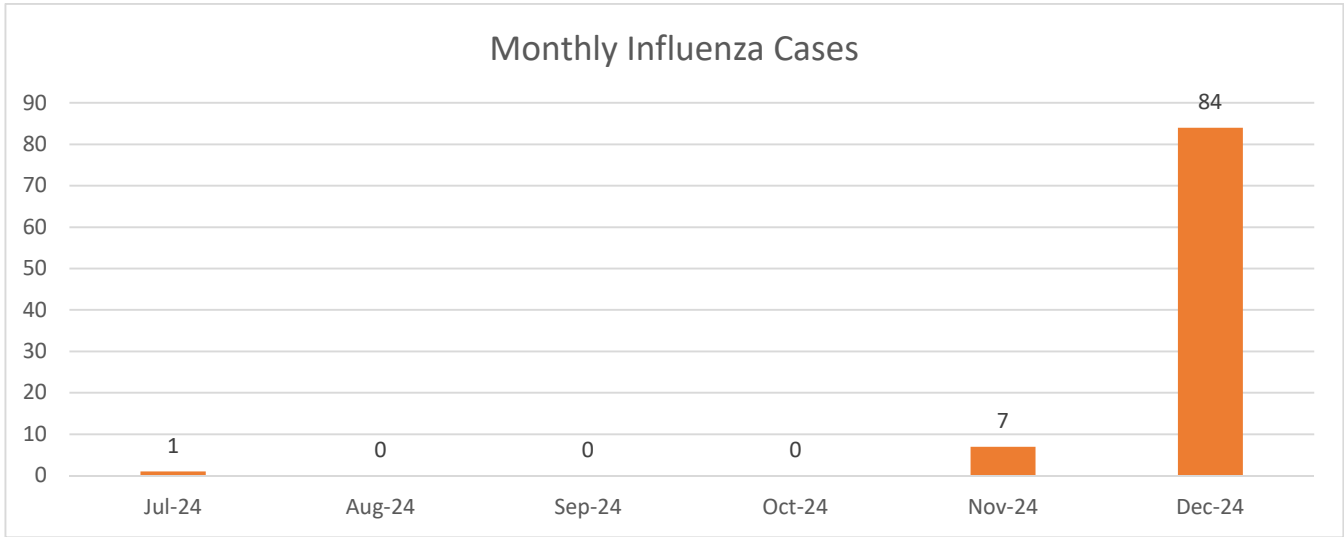


**COVID-19 (July 2024-December 2024)**



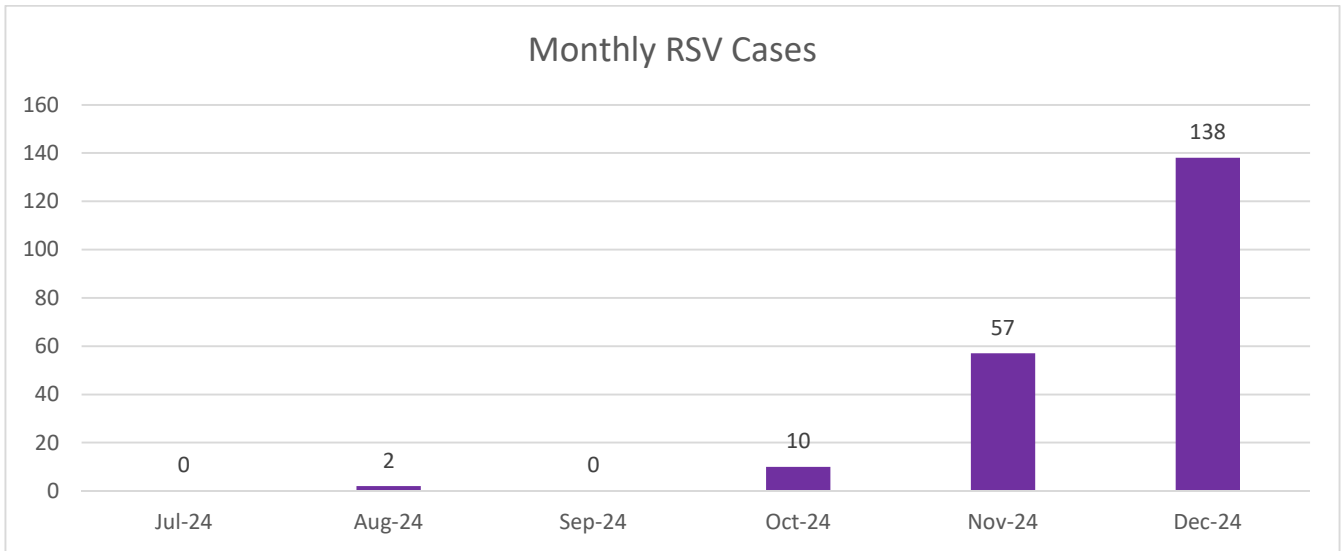
COVID-19			Case Rate per 10,000 Residents
<b>Total</b>	All Population	761	102.73
<b>Gender</b>	Male	285	38.47
	Female	476	64.25
<b>Age Group</b>	0-4	51	6.88
	5-14	30	4.05
	15-24	88	11.88
	25-34	122	16.47
	35-44	88	11.88
	45-54	93	12.55
	55-64	99	13.36
	65-74	89	12.01
	75+	101	13.63
<b>Race</b>	White NH	282	38.07
	Black NH	113	15.25
	Asian or Pacific Islander	10	1.35
	Other NH	0	0
	Unknown	356	48.06
<b>Ethnicity</b>	Hispanic or Latino	339	45.76
	Non-Hispanic or Latino	346	46.71
	Unknown	76	10.26

**Influenza (July 2024-December 2024)**



	Influenza		Case Rate per 10,000
<b>Total</b>	All Population	92	12.42
<b>Gender</b>	Male	40	5.40
	Female	52	7.02
<b>Age Group</b>	0-4	11	1.48
	5-14	12	1.62
	15-24	11	1.48
	25-34	18	2.43
	35-44	14	1.89
	45-54	9	1.21
	55-64	7	0.94
	65-74	4	0.54
	75+	6	0.81
<b>Race</b>	White NH	20	2.70
	Black NH	17	2.29
	Asian or Pacific Islander	2	0.27
	Other NH	0	0
	Unknown	53	7.15
<b>Ethnicity</b>	Hispanic or Latino	52	7.02
	Non-Hispanic or Latino	36	4.86
	Unknown	4	0.54

**RSV (July 2024-December 2024)**



	RSV		Case Rate per 10,000
<b>Total</b>	All Population	207	27.94
<b>Gender</b>	Male	96	12.96
	Female	111	14.98
<b>Age Group</b>	0-4	126	17.01
	5-14	25	3.37
	15-24	5	0.67
	25-34	10	1.35
	35-44	5	0.67
	45-54	9	1.21
	55-64	8	1.08
	65-74	13	1.75
	75+	6	0.81
<b>Race</b>	White NH	29	3.91
	Black NH	47	6.34
	Asian or Pacific Islander	5	0.67
	Other NH	0	0
	Unknown	126	17.01
<b>Ethnicity</b>	Hispanic or Latino	138	18.63
	Non-Hispanic or Latino	54	7.29
	Unknown	15	2.02

**Hospitalizations and Deaths Reported Since July 2024 in New Britain, CT**

<b>Disease</b>	<b>COVID-19</b>	<b>Influenza</b>	<b>RSV</b>
<b>Hospitalizations</b>	54	7	16
Age Range	0-99	24-90	0-77
Age Average	64.43	60.43	46.56
Age Median	70	61	57
<b>Deaths</b>	2	0	0
Age Range	86-91	0	0
Age Average	88.5	0	0
Age Median	88.5	0	0

**Connecticut - Weekly Viral Respiratory Disease Case Summary by CT DPH**

**For the week ending: 01/04/2025**

<b>Disease</b>	<b>COVID-19</b>	<b>Influenza</b>	<b>RSV</b>
Current Week	246	651	383
Previous Week	786	973	879
Season Total to Date	23,543	3,382	5,318

Source:

<https://app.powerbigov.us/view?r=eyJrIjoiOWNmYzZmZWUtNjRlRiMy00ZDc5LWE5YzMtYTZyZyVjNmE1NGU4IiwidCI6IjExOGI3Y2ZhLWEzZGQtNDhiOS1iMDI2LTMxZmY2OWJiNzY2M4YiJ9>

## Information and Resources for New Britain residents

### COVID-19 At Home Tests

#### **1. The free COVID-19 test program has resumed (September 26<sup>th</sup>, 2024)**

Ordering through the covidtests.gov program has been resumed and is currently accepting orders. This federal program provides free at-home COVID-19 tests with free shipping to every residential address and residential PO Box™ in the United States.

Source: <https://faq.usps.com/s/article/AtHome-COVID-19-Test-Kits>

#### **2. Where can I get at-home COVID-19 test?**

You may be eligible for no-cost COVID-19 test kits. Some insurance plans still cover at-home COVID-19 tests at no cost. After you submit your order, a Walgreens pharmacist will confirm your eligibility and your potential copay amounts with your insurance plan. You may also contact your insurance plan to confirm coverage of at home COVID-19 tests. If your plan does provide coverage, there may be cost-sharing and limits to the number of tests covered per person per month. Purchased test kits are non-refundable.

Source: <https://www.walgreens.com/findcare/covid19/otc>

#### **3. Before you throw out "expired" tests**

[Check to see if your COVID-19 tests' expiration dates have been extended](#). For more information on the shelf life expiration date of each test, see the [Food and Drug Administration's \(FDA\) List of Authorized At-Home OTC COVID-19 Diagnostic Tests](#).

### COVID-19 Testing

**1. The Hospital of Central Connecticut:** According to the Hartford HealthCare/GoHealth Urgent Care website, they offer same-day COVID-19 diagnostic and antibody testing at all [Hartford HealthCare GoHealth urgent care centers](#), as well as COVID-19 rapid testing at select centers.

Source: <https://hartfordhealthcare.org/health-wellness/coronavirus/covid-testing>

**2. Find COVID-19 testing locations:** Access: <https://testinglocator.cdc.gov/>, click on "Start your search", type your zip code, and click on "search", a list of available locations offering testing will be available. It is recommended to call or schedule an appointment before going to the location to confirm.

Source: Coronavirus (COVID-19) Testing: <https://www.hhs.gov/coronavirus/testing/index.html>

## Vaccines

Get ready for the fall and winter virus season. Updated flu and COVID-19 vaccines are available. Here are a few ways you can prepare:

- Talk to your doctor about vaccines recommended for you.
- Check your health insurance benefits.
- Learn about how to protect yourself and others from [flu, COVID-19 and RSV](#).

1. Access [Vaccines.gov](#) to find a location near you, then call or visit their website to make an appointment.

COVID-19, Influenza, and RSV immunizations can be found in local pharmacies, physician's offices, and community health centers.

- **Find a COVID-19 vaccine near you:** <https://www.vaccines.gov/search/>
- **Find a Flu vaccine near you:** <https://www.vaccines.gov/find-vaccines/>
- **For RSV vaccines:** talk to your healthcare provider

2. **Hartford HealthCare Neighborhood Health:** The mobile "CareVan" visit and operate daytime health clinics at specifically chosen locations every week. They offer a variety of health services including screenings, mental health counseling, medical referrals, education, and support. The Pfizer COVID-19 vaccine and several other non COVID immunizations are also available.

- **Locations & Hours:** <https://hartfordhealthcare.org/health-wellness/neighborhood-health>

Source: <https://hartfordhealthcare.org/health-wellness/neighborhood-health>

## Centers for Disease Control and Prevention (CDC) New Guidelines for Respiratory Illnesses

### 1. Preventing spread when you are sick

Taking steps to prevent the spread of respiratory viruses when you are sick is a core prevention strategy to lower risk from respiratory viruses. Core prevention strategies are important steps you can take to protect yourself and others from respiratory viruses.

### 2. When you may have a respiratory virus

Stay home and away from others (including people you live with who are not sick) if you have respiratory virus symptoms that aren't better explained by another cause. These symptoms can include fever, chills, fatigue, cough, runny nose, and headache among others.

- You can go back to your normal activities when, for at least 24 hours:
  1. Your symptoms are getting better overall, and
  2. You have not had a fever without the use of fever-reducing medications

- When returning to your normal activities, take added precaution over the next 5 days such as taking additional [steps for cleaner air](#), [hygiene](#), [masks](#), [physical distancing](#), and/or [testing when you](#) will be around other people indoors.
  - Keep in mind that you may still be able to spread the virus even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or the severity of your symptoms.
  - If you develop a fever or start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall and you have not had a fever without the use of fever-reducing medication. Then take added precaution for the next 5 days.

### **3. If you never had symptoms but tested positive for a respiratory virus**

You may be contagious. For the next 5 days, take added precautions such as taking additional steps for cleaner air, hygiene, masks, physical distancing, and/or testing when you will be around other people indoors. This is especially important to protect people with factors that increase their risk of severe illness from respiratory viruses.

Source: <https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html>

For more information on **Respiratory Guidance**, access:

<https://www.cdc.gov/respiratoryviruses/guidance/respiratory-virus-guidance.html>