

STRIDE ACADEMY

PREPARING FOR KINDERGARTEN



Is your soon-to-be kindergartner prepared for kindergarten? Below are examples of knowledge and skills that contribute to children's success in school. This list shows examples of children's development.

LANGUAGE & LITERACY SKILLS

- Likes books and being read to
- Knows that letters have sounds
- Sings and knows rhymes Shows interest in sounds and words
- Holds a book and turns pages
- Knows upper and lower case letters
- Knows words that rhyme and joins rhyming games
- Talks to kids and adults in full sentences

SMALL & LARGE MOTOR SKILLS

- Holds scissors correctly
- Cuts straight and curved lines with some skill
- Holds pencil, crayon and marker in the right way
- Writes name with only the first letter capital
- Catches and throws a ball
- Hops on one foot and gallops

STUDENT SELF-HELP SKILLS

- Eats a mix of healthy foods
- Sleeps 10-11 hours per night
- Says full name
- Uses toilet without help
- Washes and dries own hands
- Blows nose and covers sneezes and coughs
- Tells others what they need
- Puts on own shoes and coat

MATH SKILLS

- Knows numbers 0-10 in any order
- Counts to 20 or higher Knows basic shapes (circle, square, triangle, etc.)
- Names 10 colors
- Counts a group of 10 objects
- Sees and completes simple patterns (red, blue, red, blue)

SOCIAL & EMOTIONAL SKILLS

- Listens to adults and follows rules
- Keeps hands and feet to self
- Gets along with other children
- Plays with other children and solves problems with kindness
- Sits and listens for a short time
- Names feelings and controls actions
- Listens to a story without interrupting
- Stays with task even when difficult
- Tries new things